

STANDARD INSTALLATION  
TOPIC EXCHANGE SERVICE



RELOCATION INFORMATION FOR

Langley AFB  
Virginia

Information Date  
July 28, 2000

Visit the SITES Web Site at  
**<http://www.dmdc.osd.mil/sites>**

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## Installation

### Installation Overview

Mission - America's First Team Setting the Standard in Air Supremacy

<b>Name:</b> LANGLEY AIR FORCE BASE
<b>City:</b> Hampton, VA 23665
<b>Phone:</b> (757)764-9990/DSN 574-9990(off base) 113 (on base)
<b>Comments:</b> History Of Langley Air Force Base  A part of Hampton, Virginia's Back River became the forefront of airpower on an early August day in 1917 when it became known as Langley Field. Langley, named in honor of American aviation pioneer Samuel Pierpont Langley, has been a staple in the Hampton Roads lifestyle for more than 75 years. Since August 7, 1917, Langley Field has been a pioneer in aviation just like its namesake. The history of Langley represents significant chapters in the evolution of the Air Force. Originally set up as the Army's Aviation Experimental Station and Proving Grounds, the people who have served at Langley are as important as the prominent parts they've played in aerospace events. Boasting both the first and second oldest fighter units in America's aviation history, present day Langley based units have been called home by such air power greats as Eddy Rickenbacker, Raul Lufberry, Douglas Campbell, and Frank Luke Jr., known as the "Arizona Balloon Buster." Langley people have seen action in Europe, Korea, Vietnam, and Saudi Arabia, and its people have flown lighter-than-air aircraft, Spads, Jennys, F-86 Sabre Jets, F-4 Phantom IIs, and F-15s.  Population Enlisted assigned.....6,217 Officers assigned.....1,740 Reserve Component.....400 Family Members.....10,000 Hampton Roads Population..1,400,000

### Must Know Items

Directions to the installation:

Langley Air Force Base is located three miles north of the city of Hampton on the Virginia Peninsula. It is separated from Norfolk by the body of water known as Hampton Roads. If you are traveling southeast

from Richmond on Interstate 64 East to Langley, take the Armistead Avenue (North) exit. If you are traveling northeast from the James River Bridge via U.S. Route 17-258, take West Mercury Boulevard to LaSalle Avenue. If traveling from Norfolk, take Interstate 64 West through the Hampton Roads Bridge Tunnel to the LaSalle Avenue exit, this will lead you directly to Langley AFB. If you are approaching Hampton traveling southeast from Yorktown on U.S. Highway 17, continue until you reach Interstate 64. Take the interstate east until you exit at Armistead Avenue (north). The major roads leading to Langley are LaSalle Avenue, Armistead Avenue and King Street. All of these streets have signs marked "Langley Air Force Base." If you possess a Department of Defense Identification Card or any DoD decal that allows access to military installations, you may enter any gate.

Reporting-In Procedures Langley Right Start Reception Center 764-5576/5589 45 Nealy Ave., Ste. 106 If you arrive at Langley during normal duty hours, 7:30am - 4:00pm Monday through Friday, you should report to the Newcomer's Reception Center, 45 Nealy Ave., Suite 106. If you arrive during non-duty hours, report to the 24 hour arrival point, Base Lodging Office, 44 Taylor Rd., 764-INNS. The next duty day, report to the Reception Center. You must be in uniform to process in to the base. Please be sure to bring copies of your orders and all hand carried records you received from your previous base. Your records will be reviewed and you will complete your formal processing and be scheduled for your Right Start appointments. From the Reception Center you will be directed to your Orderly Room. Once you sign-in, you may be authorized permissive house hunting with completed AF form 988 signed by your new commander (provided you did not already take 10 days permissive TDY prior to your PCS). If you require further information about signing-in or leave contact the Langley Reception Center at DSN 574-5576/5589 or commercial 764-5576/5589. Remember your leave does not stop in instances where you arrive in the local area, contact your supervisor or orderly room, yet fail to sign-in at the Reception Center. The following items are required for finance processing. If member took travel advance (this includes dislocation allowance, travel pay and per diem for authorized travel days) please either have receipt or pay records. Plane tickets purchased through SATO or commercially require a receipt. Government issued tickets are also required plus 5 copies of PCS orders. Receipt is required for expenses incurred over \$25.00 (i.e. taxi, lodging, tolls, travelers

checks). While enroute please annotate locations, dates of departure, and arrival times.

**TDY Inprocessing** Report directly to TDY unit. During non-duty hours report to the Billeting Office, unless you have made other billeting arrangements.

**Dormitory Living** If you are single and will be assigned to a dormitory, contact your sponsor, orderly room, or first sergeant for your room assignment when you arrive. Do not sign into lodging or you could be paying the lodging fees out of pocket.

**Retirees Activities Office** 764-7386 45 Nealy Ave., C Wing The Retirees Activities Office provides assistance to AF retirees and their dependents acting primarily as a referral agency.

#### Temporary Lodging

**Lodging Office**, Phone 764-INNS 44 Taylor Rd., Langley AFB Open 24 hours

Air Force facilities provide lodging for visiting or PCS officers, airmen, and families. Facilities include 195 VAQ, 101 VOQ with 23 DV quarters and 100 family units. Temporary lodging in the VAQ, VOQ, and TLF is limited and small at Langley, so you should make arrangements prior to your arrival and if you have a large family you may want to consider requesting two units, if available. Pets are not allowed in the Lodging units, therefore you must make kennel arrangements or stay in an off base hotel that allows pets. Base Lodging reservation requests must be accompanied by a copy of orders; reservations will be conditional until receipt of the orders. Additional information can be obtained by writing to your gaining squadron, Langley AFB, VA 23665-5528, or by calling DSN 574-4667 or 764-4667.

#### Pets

**Pet Transportation Overseas Outprocessing** 764-5071 45 Nealy Ave.

**Hotels That Accommodate Pets:** See Relocation Services/Pet Boarding

#### Virginia School System Information

Each child entering the Virginia school system must have a complete physical within the last year prior to enrollment. This requirement is mandated through Virginia Commonwealth law. You should try to get

each school age child a physical which must be documented on a VA school physical form prior to departure from your current base. The form may be obtained through your sponsor if not included in your welcome package. Although physicals can be administered at the Langley hospital, appointments are on a space available basis only.

Birth certificates from the state where the child was born are required. Certificates issued by a hospital or agencies other than the state government are not sufficient. For U.S. citizens with children born outside the United States, the Certification of Birth of U.S. Citizens Born Abroad, issued by the State Department, is sufficient. All students enrolled in public school are required to have a social security number. Public schools in each school district are free to children residing in the district. Every child who has reached his/her fifth birthday on or before 30 September of any school year and who has not passed his/her 18th birthday is required attend school.

**RIGHT START Newcomer's Briefing** - Expedite your inprocessing to Langley by attending Right Start. Informative briefings and an Information Fair give you all the information you need to get a "right start" at Langley. Spouses are highly encouraged to attend either the daytime Right Start with their sponsor or a special evening Right Start-just for spouses. Free childcare is available.

#### Mail Service

To assist you in your arrival, you may have your mail forwarded to General Delivery at our Postal Service Center (PSC). Use your name instead of the words "General Delivery" in the address; Not doing this could cause your mail to get misrouted by the United States Postal Service. The PSC is located at 49 Spruce Street. Hours of operation are 8:30am to 5pm, Monday through Friday, except for legal holidays, and on Saturday from 10am to 2pm. If you expect to reside in a dormitory, you may request an advance lockbox through your sponsor. This may be done up to 90 days before your reporting date. To make the request, your sponsor will need a copy of your orders to take to the PSC. Should your assignment be canceled, please notify the PSC Manager at DSN 574-2200. Once you arrive, you may bring change of address cards along with a copy of your orders to the Base Information Transfer Center (49 Dodd Blvd.) and we will apply postage for you. If you're using General Delivery, we can only hold your mail for 10 days once you arrive unless otherwise notified by you. If you are unable to pick up your mail for any period exceeding 10 days,

please contact the PSC so they can make other arrangements. Once you have a permanent address and have moved in, please notify us. We will forward your mail to that address for a period of not more than 12 months. If you are moving into a temporary address while awaiting permanent housing, we suggest that you continue to receive your mail through General Delivery until you are permanently situated. We will, however, send your mail to your temporary address if you prefer. Although we do not recommend it, if there is some valid reason you require a PSC lockbox, we will issue you one with the understanding that you must

surrender that lockbox upon moving into a permanent residence. In accordance with DOD 4525.6-M, you can't keep the lockbox after moving into a permanent residence serviced by the United States Postal Service without a waiver from the Installation Commander.

General Delivery - On Base: Your Rank & Name  
764-3125/3325 49 Spruce St. PCS Box 1000  
Langley AFB VA 23665-2800

Post Office - On Base: Your Rank & Name 764-  
3136 Walnut St. Langley AFB VA 23665-2800

### Must Know Items

<b>--Installation--</b>	
Site Name	Langley AFB
Last Updated	July 28, 2000
State/Territory	Virginia
County	Hampton
ZIP Code	23665
Service	USAF
Host Command	Air Combat Command
Physical Size	0
<b>--Personnel--</b>	
FSC/ACS Director	Flight Chief, Ms. Simpkins
Relocation Assistance Manager	Mr. Sokolis
Relocation Assistance Specialist	Ms. Long
<b>--Phones--</b>	
DSN Country Code	
DSN Number	574-3990
Commercial Country Code	
Commercial Area Code	757-
Commercial Number	764-3990
FAX DSN Country Code	
FAX DSN Number	574-6752
FAX Commercial Country Code	
FAX Commercial Area Code	757-
FAX Commercial Number	764-6752
<b>--Official Mailing Address--</b>	
Street Line 1	1 MSS/DPF
Street Line 2	376 CLARKE AVE., STE 110
City	Langley AFB
State/Territory	VA
ZIP Code	23665-1898
<b>--Deliverable Address--</b>	
Street Line 1	
Street Line 2	
City	
State/Territory	
ZIP Code	
E-Mail	1mss.dpfevet@langley.af.mil



### Geographically Separated or Satellite Locations

<i>Satellite</i>	<i>Command</i>	<i>Distance</i>	<i>Associated Site Name</i>
1St Spt GRP, Germany	USAFE	Flying time 10 hours	Langley AFB
Eielson AFB, AK	PACAF	Flying time 30 hours	Langley AFB
Kadena AB, Japan	PACAF	Flying time 14 hrs	Langley AFB
Kunsan AB, South Korea	PACAF	Flying time 15 hours	Langley AFB
RAF Lakenheath, UK	USAFE	Flying time 8 hours	Langley AFB
RAF Mildenhall, UK	USAFE	Flying time 8 hours	Langley AFB

### Nearby Installations (Listed Separately in SITES)

<i>State/Country</i>	<i>Site Name</i>	<i>Service</i>	<i>Distance</i>
Virginia	Fort Eustis	USA	18 miles
Virginia	Fort Monroe	USA	5 miles
Virginia	Fort Story	USA	35 miles
Virginia	NAB Little Creek	USN	15 miles
Virginia	NAS Oceana	USN	50 miles
Virginia	Naval Weapons Station Yorktown	USN	20 miles

## Regulations

### SAFETY AND SECURITY PRECAUTIONS

Child Safety - Virginia does have a child safety seat statute. Children under four years old must be strapped into a child safety seat while riding on public roads in Virginia.

Traffic - Speed limit on Langley AFB is 25 mph unless otherwise posted, and is enforced by roving police patrols equipped with radar. Seat belts are required at all times while driving on base. Parking of motor vehicles is authorized only in those areas/spaces designated for parking. If a vehicle operator (military or civilian) is stopped by Security Forces for a traffic violation or routine identification check, full cooperation with the patrol officer or gate

guard is required by producing any and all identification. Pedestrians in crosswalks have the right of way, however, they should not step into crosswalks in the path of approaching vehicles when such action would require emergency braking on the part of the vehicle operator. Pedestrians must consider surface road conditions prior to entering the crosswalk.

Vehicle Checks - Checks are conducted randomly on each shift at one of the gates. These are visual checks of your vehicle, not searches. If the vehicle operator does not allow Security Forces personnel to inspect the vehicle, entry to the base may be denied.

Drinking Laws - The laws for drinking and driving in Virginia are tough! The allowable Blood Alcohol Content (BAC) is low. You are legally considered to

be driving under the influence if your BAC is 0.08% or higher. If your driving is impaired, you can be convicted of driving under the influence with a Blood Alcohol Content lower than 0.08%. This law also applies to boating under the influence. Convictions for individuals under the age of 21 found driving with a Blood Alcohol Content of at least 0.02%, but less than 0.08%, will be punishable by a fine of up to \$500 and a six month driver's license suspension. The vehicle you are driving will be immediately impounded or immobilized for 30 days if your license has been suspended for an alcohol-related offense and you thereafter are caught driving. The court can impound the vehicle for an additional 90 days following conviction. The owner of the impounded vehicle (other than the driver) may petition the court for release of the vehicle. Anyone who knowingly permits operation of their motor vehicle by a person known to have a revoked or suspended license for an alcohol-related offense can be charged with a Class 1 misdemeanor.

**Accidents** - All motor vehicle accidents occurring on base must be reported to the Security Forces. Give phone number - 764-5091, 65 Sweeney Blvd., immediately, no matter how minor the accident may appear.

**Visitor Passes** - Visitor passes can be obtained from the Visitor Center at the LaSalle Gate or at Pass and Registration, 45 Nealy Ave., Wing C. Visitor passes must be displayed in the left corner of the front window of the vehicle to gain entry to Langley AFB. For more information call 764-7770.

**Vehicle Registration** - Vehicle registration is done by your unit orderly room and can be accomplished upon arrival. Recent quality initiatives have slightly changed our registration procedures. If the state where you have your vehicle permanently registered requires a safety inspection, you must keep the inspection current. If your state of registration does not require an inspection, then you will not need to have the vehicle inspected. Other requirements prior to registration are license, current registration, and proof of insurance. Vehicles registered in Virginia are required to have Virginia state inspection stickers.

**Criminal Offenses** - If a vehicle operator is taken into custody by the Security Forces for any criminal offense such as: drug/firearms violations, disorderly conduct, nuisance, larceny, vandalism, DWI/reckless driving, etc., an appearance before the U.S. District Court, if civilian; and a military commander, if military, may be required.

**Crime Stop** - The Security Forces have a special crime reporting phone number which can be used in the event of a crime or when a suspicious act is observed. The phone number is 764-1100 (calling from off base) or 4-1100 (calling from on base). The caller does not have to identify him/herself. For routine reporting or to request assistance, contact the Desk Sergeant at 764-5091.

**Crime Prevention** - The Security Forces Crime Prevention Unit offers the following programs to the community: Operation Identification, to engrave valuable items; Ride-Along, to actually ride with Security Forces while on patrol; Ident-A-Kid, to have your children finger-printed; and, Neighborhood Watch, citizens joining together to help prevent crime. The Crime Prevention Unit is also involved in the Drug Abuse Resistance Education (DARE) program, Right Start, Bears on Patrol, and Bicycle Patrol programs. The Crime Prevention Unit offers visits or tours for local community, youth-related organizations. To participate or for more information, call the Crime Prevention Unit at 766-1712. Bicycles should be registered with the Crime Prevention Office for those individuals residing on base and those riding bicycles to work. Helmets are required for children under the age of 14 in York county. Helmet laws are strictly enforced.

**"Off Limits" Civilian Businesses & Establishments** - The following Tidewater area businesses and establishments have been placed "OFF LIMITS" to all Armed Forces personnel by the Armed Forces Disciplinary Control Board, Southeastern Virginia and Northeastern North Carolina area: Admiralty Books, Inc., 8120 Hampton Boulevard, Norfolk, VA 23505 Shore Drive Books, 8146 Shore Drive, Norfolk, VA 23518 Club Access, 5847 Poplar Hall Drive, Norfolk, VA 23502 Armed Forces personnel are prohibited from conducting business with and entering the premises of the "off limits" establishments. Military personnel who are found to be patronizing any of the above establishments are subject to punishment under the Uniform Code of Military Justice

**Weapons Safety** - Unauthorized firearms are not allowed on Langley AFB. Personnel living in on-base quarters are required to register their weapons with their orderly rooms. Those individuals residing in dormitories must register their weapons at their orderly room and store them in the Security Forces armory, Bldg. 355. Personnel issued a concealed weapons permit by the state of Virginia are still not authorized to carry the weapon on Langley Air Force Base.

Restricted Areas - Privately owned vehicles may not enter restricted areas.

Photography - Photography on Langley Air Force Base is prohibited in most areas unless prior approval is obtained from the Public Affairs Office. For information on photography, call 764-2018.

#### Vehicle Registration (State)

I. INTRODUCTION The following provides general information about important areas of the Virginia motor vehicle law.

II. VEHICLE REGISTRATION Whether a vehicle must be registered in Virginia depends on who owns the vehicle and whether the owner is a resident or non-resident. Here are the important definitions: "Domicile" is your state of legal residence; the state you consider to be your home state, the state to which you would return if you left the Air Force today. While there is no single, conclusive test to determine domicile, the following factors are relevant: where you were born and raised; where you are registered to vote; where you hold a driver's license; where you pay personal income taxes; where you own property; and, where you have other ties such as professional licenses and membership in various organizations. The Soldiers and Sailors Civil Relief Act (SSCRA) prevents a state from creating a presumption that an active-duty military member becomes domiciled in that state simply because he/she is stationed there. The member may choose to become a domiciliary of that state, but cannot be forced to. You can retain your old domicile throughout your military career. Contrary to a popular misconception, however, the SSCRA does not give a military member the unlimited right to choose any state as a new domicile. You could not, for example, become a domiciliary of Texas if you are not stationed there. "Non-resident" means every person not domiciled in Virginia, except those who become residents, as described below. "Resident" means every person domiciled in Virginia (and physically living here) plus every other person who meets any of the following tests (Note: these tests do not apply to active duty members, but do apply to family members): (i) Works in Virginia for more than 60 days; (ii) Lives in Virginia for 6 months (except non-resident students); or (iii) Registers a car in Virginia using a Virginia address. "Non-resident student" means every non-resident who is enrolled as a full-time student and who is not gainfully employed.

III. WHERE TO REGISTER Virginia law requires all vehicles owned by Virginia residents to be registered in Virginia, with one exception. Follow these rules based on ownership of the vehicle: 1) Owned solely by any person domiciled in Virginia (regardless of military status) must register in Virginia. 2) Owned jointly and one or both owners are domiciled in Virginia (regardless of military status) must register in Virginia. 3) Owned solely by a civilian who is not domiciled in Virginia (regardless of spouse's/sponsor's domicile) must register in Virginia within 30 days of becoming a Virginia resident (see definition above). 4) Owned jointly by a military member not domiciled in Virginia and a civilian not domiciled in Virginia, follow rule 3. Treat the vehicle as if owned solely by the civilian. 5) Owned solely by a military member who is not a Virginia domiciliary must register in either Virginia or the state of domicile. Retaining a registration from a third state, for example, where you were last stationed, is not allowed.

IV. DRIVER'S LICENSES Active duty military members, their spouses, and dependent children 16 years or older, do not need a Virginia's driver's license, provided they have a valid driver's license from the state in which the vehicle is registered. Members and their family members may get a Virginia driver's license without affecting their domicile. If for any reason your driver's license is suspended, revoked, or expires, you can no longer drive in Virginia. Your status as a military member or dependent will not protect you.

V. PERSONAL PROPERTY TAXES Vehicles registered in Virginia are subject to a personal property tax. The only exception is for a vehicle registered solely in the name of an active-duty member who is not domiciled in Virginia. A vehicle registered in the names of a husband and wife, where one spouse is a civilian, is subject to taxation, regardless of either spouse's domicile. Some military members choose to avoid the tax by removing the spouse's name from the title. This is done by having the civilian spouse sign over his or her ownership interest on the original title and applying for a new title and registration at the Department of Motor Vehicles. If the vehicle has a lien against it because of a loan, you may have to get the original certificate of title from the bank. NOTE: Removing one spouse's name from the title gives sole ownership to the other spouse. This can affect the ability to transfer title if the member dies, and may impact the disposition of the vehicle in a divorce. The tax rate varies depending upon the location, but is currently about \$4.00 tax for every \$100 assessed

valuation (which may be less than market value). Thus, a vehicle assessed at \$10,000 would cost \$400 in tax this year. Sales tax (sometimes called "use tax") on vehicles imported from overseas must be paid at the time of registration. A vehicle purchased "tax free" overseas is not exempt from sales tax in the U.S.

**VI. SAFETY INSPECTIONS** Vehicles registered in Virginia must be inspected once a year at an official inspection station. If your vehicle is lawfully registered in another state, you are not subject to Virginia inspection laws, nor does Langley AFB require you to get a Virginia inspection. However, you do remain subject to your home state's inspection laws, if any.

**VII. CITY/COUNTY DECALS** City decals are required only if you fall into one of the following categories: 1) your vehicle is registered in Virginia; or 2) you live in Poquoson, regardless of the state of registration. **NOTE:** If a vehicle is registered in Virginia in the military member's name only, a decal for Hampton can be obtained from:

MPF Pass/ID Registration 45 Nealy Ave

Decals for other localities can be obtained from the appropriate Treasurer's Office. A spouse who wishes to pick up a decal for the military member must have a power of attorney and a copy of the military member's current LES. Powers of attorney can be obtained at the Langley Law Center.

**VIII. DRIVING ON BASE** No person has the right to drive, on or off base. Driving is a privilege that can be taken away if misused. The Virginia motor vehicle law applies on base. Civilians ticketed on base will have to appear in Federal Magistrate's Court. Military members ticketed will have to appear in front of their commander and may receive administrative discipline or criminal punishment. Simple things such as driving the speed limit, coming to a full stop where indicated, and not getting behind the wheel after drinking, will not only save your career, but could save your life.

**IX. OTHER SELECTED LAWS** 1) All drivers and front seat passengers must wear seat belts. 2) Any child under 4 years old must be in a child safety seat. 3) Pedestrians crossing streets have the right of way. 4) Lights are to be on from sunset to sunrise and anytime that weather conditions are such that you cannot clearly see 500 feet ahead. 5) Dark tinting of windows is illegal. 6) Radar detectors are illegal. 7) Driving 20+ m.p.h. over the speed limit or over 80

m.p.h. is reckless driving, making a court appearance mandatory. 8) Right turns on red, after stop, are permitted. 9) Wearing of radio headsets while driving is illegal, if both ears are covered. 10) Left lanes on highways are for passing only, not for regular driving.

**X. WHERE TO GO FOR MORE INFORMATION** The Department of Motor Vehicles is located at 8109 Roanoke, just off Mercury Boulevard, in Hampton. The phone number is 461-1919. If you wish to talk to an attorney about the information in this pamphlet, call the Law Center at 764-3277 for a legal assistance appointment.

**XI. INTERNATIONAL DRIVER S LICENSES AND VEHICLE TAGS** Vehicles displaying tags from other countries, or persons operating with licenses issued by other countries, are only valid 30 days after arrival in the U.S.

**XII. BICYCLING IN VIRGINIA** The laws regulating bicycling on Virginia's public highways define the rights and duties of bicyclists, as well as the motorists with whom they share the roadway. Bicyclists and motorists basically have the same rights and duties, and the laws governing traffic regulation apply equally to both. 1) Virginia law requires all children up to the age of fourteen to wear helmets when riding a bicycle. Langley AFB Safety Regulations require anyone riding a bicycle on base to wear a helmet regardless of age. 2) Bicyclists must ride with the flow of traffic on the right side of the highway, and ride as close as possible to the right edge of the roadway. 3) Bicycles may be ridden on sidewalks unless prohibited by local ordinance or traffic control devices. On sidewalks, bicyclists must always yield the right of way to pedestrians. 4) If a usable bicycle path is located next to a roadway and local ordinance requires its use, bicyclists must ride on the path, not the roadway. 5) Bicyclists must signal their intentions to stop or turn. 6) Bicyclists must stop when they are in an accident involving death, injury, or property damage. 7) Bicyclists are not permitted to wear earphones while riding a bicycle. 8) Every bicycle ridden between sunset and sunrise must have a white light on its front, with the light being visible at least 500 feet in front, and a reflector on the rear, visible 300 feet to the rear. 9) Bicyclists may register the serial numbers of their bicycles with the local police or sheriff's department.

<b>Name:</b> MPF Pass/ID Registration
<b>Address:</b> 45 Nealy Avenue
<b>City:</b> Langley AFB, VA
<b>Phone:</b> (757)764-7779/7770
<b>Comments:</b> HOURS: M-F 7:30am - 8:30am (By appointment)  For ID cards, go to Military Personnel Flight Customer Support Service Desk for an ID application. Active duty personnel can register their vehicles in their unit orderly rooms.

<b>Name:</b> Drivers License (State)
<b>POC:</b> DMV
<b>Address:</b> 12912 Jefferson Ave.
<b>City:</b> Newport News, VA
<b>Phone:</b> (757) 461-1919
<b>Comments:</b> HOURS: M-F 8:30am - 5:30pm (Except state holidays) Sa 8:30am - 12:30pm

<b>Name:</b> DMV
<b>Address:</b> 8109 Roanoke Ave.
<b>City:</b> Hampton, VA
<b>Phone:</b> (757) 461-1919
<b>Comments:</b> HOURS: M-F 8:30am - 5:30pm (Except state holidays) Sa 8:30am - 12:30pm

### Commonly Referenced Numbers

<i>Name</i>	<i>Commercial</i>	<i>DSN</i>
Air Force Aid Society (AFAS)	(757) 764-0648	574-0648
Chaplain	(757) 764-7848	574-7848
Civilian Personal Office Job Recording	(757) 764-4892	574-4892
Civilian Personnel Office	(757) 764-7721	574-7721
Command Post	(757)64-5411/5412	574-5411/5412
Crestar Bank	(757) 873-7816	
Deployment Information Hotline	(757) 764-9779	
Education Office	(757) 764-2962	574-2962
Family Advocacy	(757) 764-2427	574-2427
Family Services Loan Locker	(757) 764-0654	574-0654
Family Support Center	(757) 764-3990	574-3990
Health Promotions	(757) 764-6321	574-6321
Hospital Information Desk	(757) 764-6833	574-6833
Housing Office	(757) 764-5040	574-5040
Langley Federal Credit Union	(757) 827-7200	
Legal Office	(757) 764-3277	574-3277
Lodging	(757) 764-4667	574-4667
MPF Customer Service Desk	(757) 764-2270	574-2270
Red Cross	(757)764-2652 or (757)838-7320 (Emergency)	574-2652
Retirees Activities Office	(757) 764-7386	574-7386
Right Start/Base Intro	(757) 764-5576	574-5576
Security Forces	(757) 764-5091	574-5091
Services Squadron	(757) 764-7881	574-7881
Travel Office (Business Travel)	(757) 764-5989	574-5989
Travel Office (Leisure Travel)	(757) 764-5899	
Veterinary Clinic	(757) 764-5678	574-5678

### Major Unit Listing

<i>Unit</i>	<i>Command</i>	<i>Point of Contact</i>	<i>Commercial</i>	<i>DSN</i>	<i>Fax</i>
10th Intelligence Squadron		89 Oak Rd.	(757)764-5111(Personnel Admin)/7888 (Orderly Room)	574-5111/7888	
177 Fighter Group, Det. 1 (ACC)		823 Alert Dr.	(757)764-5626 (Info Management)	574-5626	
1st Fighter Wing		159 Sweeney Blvd., Ste. 100	(757)764-2991 (Orderly Room)	574-2991	
1st Logistics Group		230 E. Flight Line Rd., Bldg. 170	(757)764-3800 (Support Squadron)	574-3800	
1st Medical Group		45 Pine Street	(757)764-6857 (Orderly Room)	574-6857	
1st Operations Group		160 E. Flight Line Rd., Ste. 11	(757)764-3013 (Orderly Room)	574-3013	
1st Support Group		45 Nealy Ave., Ste. 206	(757)764-7995 (Command Section)	574-7995	
27th Intelligence Squadron		34 Elm St.	(757)764-3306 Superintendent)	574-4429	
30th Intelligence Squadron		89 Oak Rd.	(757)764-2320 (Orderly Room)	574-2320	
36th Intelligence Squadron		34 Elm St.	(757)764-3306 (Superintendent)	574-3306	
480th Intelligence Group AIA		34 Elm St.	(757)764-2143 (Orderly Room)	574-2143	
609th Air Intelligence Group, OLA		89 Oak Rd.	(757)764-2640	574-2640	
622nd Communications Flight		446 Weyland Rd.	(757)764-2599 (Administration)	574-2599	
71st APS		760 Durand Rd.	(757)764-4429 (Customer Assistance)	574-4429	
71st Aerial Port Squadron (AFRES)		760 Durand Rd.	(757)764-5219	574-5219	
AAFA Eastern Audit Region (AFAA/FDE)		187 Thornell Ave., Ste. 111	(757)764-7234	574-7234	
AAFA Langley Area Audit Office, Det. 512		192 Hunting Aven., Ste. 103	(757)764-7021 (Branch A & B)	574-7021	

AFOSI Field Investigations, Region 2		216 Sweeney Blvd., Ste B20	(757)764-2000 (Automated)	574-2000	
AFOSI, Det. 201		24 Elm St., Ste. 1	(757)764-7971 (Alert Duty Agent)	574-7971	
Air Combat Command Headquarters		204 Dodd Blvd.	(757)764-7795 (Orderly Room)	574-7795	
Air Force Doctrine Center - Det 1		26 Sweeney Blvd., Ste. 109	(757)764-8091	574-8091	
Air Force Liaison (NASA)		4 Lindbergh Way	(757)764-5168	764-5168	
American Red Cross		127 Dodd Blvd.	(757)764-2652	574-2652	
Civil Air Patrol		230 E. Flight Line Rd., Bldg. 750-A	(757)764-3519 (24 hr recording)	574-3519	
Defense Automated Printing Service		230 E. Flight Line Rd., Ste. 100	(757)764-4039 (Director)	574-4039	
Defense Commissary Agency (DECA)		51 Spaatz Dr.	(757)764-7604 (Officer)	574-7604	
Defense Contract Management District South		Norfolk Quality Field Office, 1331 Duran Rd.	(757)764-2348 (QA Rep.)	574-2348	
Defense Investigative Service		216 Sweeney Blvd.	(757)764-7110	574-7110	
Training Det. 201 (ATC)		230 E. Flight Line Rd., Ste. 110	(757)764-7741 (Info Management)	574-7741	
US Army Corps of Engineers (CENAO)		752 Durand Rd.	(757)764-2941 (ADC)	574-2941	
USAF Judiciary-Eastern Circuit, Northern Region		56 Willow St., Ste. 101	(757)764-5607 (ADC)	574-5607	
Virginia OSA Flight Det. (Dept. of the Army)		72 W. Flight Line Rd.	(757)764-2149	574-2149	

## Transportation

### HAMPTON ROADS TRAFFIC INFORMATION

To receive current reports on traffic conditions and planned bridge openings, call the Virginia Department of Transportation Traffic Information Hotline, accessible through the VIRGINIAN-

PILOT/LEDGER STAR'S Info-Line System. Simply dial one of these numbers and follow the directions:

Southside (757)640-5555 Ext. 7874 Peninsula  
(757)640-5555 Ext. 7874 Statewide (800)792-2800

<b>Name:</b> Norfolk International Airport
<b>Phone:</b> (757)857-3351
<b>Comments:</b> DISTANCE: 25 miles from base Norfolk International Airport - The YMCA operates an Armed Services Lounge and Information Center which is located on the 2nd level of the Main Passenger Terminal next to the escalators going down to Airline Ticket Counters (southwest corner of lobby).  Visitor Information Center (757)444-3040 Armed Services Lounge (757)444-3040 U.S. Weather Service (757)853-3013 Police (Emergency/Lost & Found)(757)857-3344  Airport Shuttle provides door-to-door service 24 hours daily to most of Southeastern Virginia. For more information and rates, call (757)857-1231. Six on-site rental car agencies, as well as taxi service are available.

<b>Name:</b> Newport News/Williamsburg International Airport
<b>Phone:</b> (757)877-0221
<b>Comments:</b> DISTANCE: 10 miles from base

<b>Name:</b> PENTRAN
<b>Address:</b> 3400 Victoria Blvd.
<b>City:</b> Hampton, VA
<b>Phone:</b> (757)723-3344
<b>Comments:</b> Local bus line connects with Hampton and Newport News. Operates 24 hours a day.

<b>Name:</b> Greyhound-Tramways Bus
<b>Address:</b> 2 W Pembroke Ave.
<b>City:</b> Hampton, VA
<b>Phone:</b> (757)722-9861

<b>Name:</b> AMTRAK
<b>Address:</b> 9304 Warwick Blvd.
<b>City:</b> Newport News, VA
<b>Phone:</b> (800)872-7245 (AMTRAK)
<b>Comments:</b> (757) 245-3589 (AMTRAK local) (402) 271-5000 (UNION PACIFIC)

<b>Name:</b> Base Taxi
<b>Phone:</b> (757)764-8294

<b>Name:</b> Yellow Cab of Hampton
<b>City:</b> Hampton, VA
<b>Phone:</b> (757)727-7777/(757)723-3377
<b>Comments:</b> Access to Installation

## Commissary and Exchange Operations

<b>Name:</b> ACC Barber Shop
<b>Address:</b> 111 Douglas St
<b>City:</b> Langley AFB, VA
<b>Phone:</b> (757)766-1294
<b>Comments:</b> HOURS: M-F 8am-5:30pm Sa 8am-1pm

<b>Name:</b> ACC Snack Bar
<b>Address:</b> 204 Dodd Blvd.
<b>City:</b> Langley AFB, VA
<b>Comments:</b> HOURS: M-F 7am-2pm

<b>Name:</b> Alterations
<b>Address:</b> 83 Hickory St
<b>City:</b> Langley AFB, VA
<b>Phone:</b> (757)766-7817
<b>Comments:</b> HOURS: M-F 9am-6pm Su 9am-5pm

<b>Name:</b> Anthony's Pizza
<b>Address:</b> 61 Spaatz
<b>City:</b> Langley AFB, VA
<b>Phone:</b> (757)766-1289/1237
<b>Comments:</b> HOURS: M-F 10:30am-7:30pm Sa 10:30am-7pm Su 11am-5pm

<b>Name:</b> Barber Shop
<b>Address:</b> 61 Spaatz
<b>City:</b> Langley AFB, VA
<b>Phone:</b> (757)766-1805
<b>Comments:</b> HOURS: M-F 9am-7pm Sa 9am-5pm Su 10:30am-5pm



<b>Name:</b> Beauty Shop
<b>Address:</b> 61 Spaatz St.
<b>City:</b> Langley AFB, VA
<b>Phone:</b> (757)766-1283
<b>Comments:</b>
HOOURS:
M-F 9am-6pm
Sa 9am-5pm
Su 10:30am-6pm

<b>Name:</b> Class Six
<b>Address:</b> 73 Cherry St
<b>City:</b> Langley AFB, VA
<b>Phone:</b> (757)766-1330
<b>Comments:</b>
HOOURS:
M 10am-6pm
T-F 10am-10pm
Sa 9am-8pm
Su 12pm-6pm

<b>Name:</b> Commissary
<b>Address:</b> 51 Spaatz Dr.
<b>City:</b> Langley AFB, VA
<b>Phone:</b> (757)766-1304/DSN 574-7604
<b>Comments:</b>
HOOURS:
SU 9am-5pm
M Closed
Tu,W,F 9am-7pm
Th 9am-8pm
Sa 9am-6pm

<b>Name:</b> Exchange Services
<b>Address:</b> 58 Willow
<b>City:</b> Langley AFB, VA
<b>Phone:</b> (757)766-1282/1313/DSN 574-7205

<b>Name:</b> Flower Shop
<b>Address:</b> 61 Spaatz
<b>City:</b> Langley AFB, VA
<b>Phone:</b> (757)766-1217
<b>Comments:</b>
HOOURS:
M-F 9am-6pm
Sa 9am-5pm
Su 10:30am-6pm

<b>Name:</b> Frank's Franks
<b>Address:</b> 61 Spaatz
<b>City:</b> Langley AFB, VA
<b>Phone:</b> (757)766-1298/1237
<b>Comments:</b>
HOOURS:
M-Sa 10:30am-5:30pm
Su 11am-5pm

<b>Name:</b> Langely Main Store
<b>Address:</b> 61 Spaatz St
<b>City:</b> Langley AFB, VA
<b>Phone:</b> (757)766-1282/0373
<b>Comments:</b>
HOOURS:
M-Sa 9am-9pm
Su 10am-6pm

<b>Name:</b> Langley Shopette
<b>Address:</b> 125 Mabry
<b>City:</b> Langley AFB, VA
<b>Phone:</b> (757)766-1249
<b>Comments:</b>
HOOURS:
M-Sa 7am-10pm
Su 9am-9pm

<b>Name:</b> Laundry/Dry Cleaners
<b>Address:</b> 83 Hickory St
<b>City:</b> Langley AFB, VA
<b>Phone:</b> (757)766-1287
<b>Comments:</b>
HOOURS:
M-F 9am-6pm
Sa 9am-5pm

<b>Name:</b> Military Clothing Sales
<b>Address:</b> 83 Hickory
<b>City:</b> Langley AFB, VA
<b>Phone:</b> (757)766-3815
<b>Comments:</b>
HOOURS:
M-F 9am-6pm
Sa 9am-3pm

<b>Name:</b> One Hour Photo
<b>Address:</b> 61 Spaatz Dr.
<b>City:</b> Langley AFB, VA
<b>Phone:</b> (757)766-1749
<b>Comments:</b>
HOOURS:
M-F 9am-6pm
Sa 9am-5pm

<b>Name:</b> Optical Shop
<b>Address:</b> 61 Spaatz
<b>City:</b> Langley AFB, VA
<b>Phone:</b> (757)766-1241
<b>Comments:</b> HOURS: M-F 9am-6pm Sa 9am-5pm

<b>Name:</b> Robin Hood Deli
<b>Address:</b> 61 Spaatz
<b>City:</b> Langley AFB, VA
<b>Phone:</b> (757)766-1298/1237
<b>Comments:</b> HOURS: M-F 10am-7pm Sa 10am-5pm Su 11am-4:30pm

<b>Name:</b> Service Station
<b>Address:</b> 63 Pine St
<b>City:</b> Langley AFB, VA
<b>Phone:</b> (757)766-1312/1286
<b>Comments:</b> HOURS (Retail/Gas): M-F 7am-8pm Sa 8am-5pm Su 9am-4pm  HOURS (Serv Dept.): M-F 7am-5pm Sa 8am-5pm Su 9am-4pm

## Local Community

### Local Community Overview

#### WELCOME TO HAMPTON ROADS

What is "Hampton Roads?" Hampton Roads, Virginia is a prime mid-atlantic region located in Southeastern Virginia and is designated as the Norfolk-Virginia Beach-Newport News. The region encompasses two areas linked by the Hampton Roads and the Virginia Peninsula. The south Hampton Roads region includes the cities of Chesapeake, Norfolk, Portsmouth, Suffolk, and Virginia Beach. These cities are often referred to as the Tidewater area. The peninsula consists of the cities of Hampton, Newport News, Poquoson, and Williamsburg and the counties of Gloucester, James City, and York. Williamsburg, James City County, and York County are often referred to as the Historic

Triangle because they played host to many important events in American history. In 1992, the Office of Budget and Management added the Isle of Wight County, Virginia and Currituck County, North Carolina to the Metropolitan Statistical Area (MSA) due to commuting patterns between the two counties and the existing MSA. The term 'Hampton Roads' is a centuries-old reference that originated when the region was a struggling British outpost nearly 400 years ago. Designated in the 17th century as the name of the largest natural harbor, where the James, Nansemond and Elizabeth Rivers pour in to the mouth of the Chesapeake Bay. Hampton Roads honors one of the founders of the Virginia Company and a great supporter of the colonization of Virginia, Henry Wriothesley, the third Earl of Southampton. Signifying the safety of a port, "roads" in nautical terminology means "a place less sheltered than a harbor where ships may ride at anchor." Since 1983, Hampton Roads has been recognized by the U.S. Office of Management and Budget as a group of communities having economic and social integration. At that time, the two areas that constitute Hampton Roads - South Hampton Roads and the Virginia Peninsula-were combined to form the Metropolitan Statistical Area (MSA). Hampton Roads has grown from just over one million residents and the nation's 34th largest market in 1983, to the country's 28th largest metro area with over 1.4 million people. Unlike many of the metropolitan areas across the country, Hampton Roads' population nucleus is not confined to one central city, but is spread among several growing cities of significant size. Therefore, Hampton Roads has come to refer, not only to its contiguous communities but, to the entire metropolitan area.

**HAMPTON** It's the hub for Hampton Roads, with more than 100 attractions within arms reach. But modern day frolickers were not the first to discover Hampton's easy accessibility. Its banks once served as a hub for New World traders and pirates. In fact, the freshly severed head of Blackbeard was stuck on a stick and left at the harbor entrance in 1718. During the Civil War, the iron-clads Merrimac and Monitor exchanged futile cannon fire over this Confederate stronghold. Hampton takes pride in being known as "America's First." It was the first point of land touched by the English colonists who continued up river to settle Jamestown. Hampton was later settled in 1610 and became America's first continuously English-speaking settlement. Many other firsts followed, such as America's first free education and training of our America's first astronauts. The city was also the site of America's first Christmas; America's first continuous Anglican church;

America's first formal trading post; America's first national seafood festival; and, the first site for the National Advisory Committee for Aeronautics, the precursor of National Aeronautics and Space Administration.

**NEWPORT NEWS** Newport News, located on the James River where it joins the Hampton Roads, became a permanent settlement in 1621, just 14 years after the first settlers came to America and landed at Jamestown Island on May 13, 1607. The city that started out as a tiny fishing village has one of the finest natural harbors in the world. Originally Newport News covered four square miles of land, but after consolidation with Warwick County in 1958, the city grew to encompass 69.2 square miles of land and 1.3 squares miles of water. Newport News, along with Norfolk and Portsmouth, constitutes the Port of Hampton Roads, which is part of the State Port Authority. The city is internationally known as home of Newport News Shipbuilding, the largest private employer in the state. The shipyard, established in 1886, can build large civilian liners and a variety of military vessels, from large nuclear powered aircraft carriers down to relatively small nuclear submarines. Newport News is also the seaboard terminus for the CSX railroad, with dock and loading facilities for coal and a variety of bulk and container cargo. Other industries include seafood processing, manufacture of automotive parts, windows for homes and offices, electronic parts, and photocopiers. Newport News is named after Captain Newport who is said to have come ashore during one of his trips up the James to visit the Jamestown colonists. The first ironclad naval engagement between the Monitor and the Merrimac took place March 9, 1862 off the shores of Newport News. The Monitor-Merrimac Memorial Bridge-Tunnel connecting Newport News with Portsmouth has been built near the site and named in honor of the historic battle.

**POQUOSON** With its odd assortment of neat new homes and old white farm houses, complete with long wooden front porches, Poquoson is a curious blend of families who have lived in the area for generations along with newcomers wanting to escape from big city living. Poquoson, pronounced pa-kosen, is actually an Indian word that means low, flat swampland. The city, with its many inlets, creeks, and streams, is believed to be one of the oldest English-speaking settlements that has kept its original name. Since the first settlers arrived in the 1630s, Poquoson has continued to attract newcomers. Many residents are seagoing fishermen, oystermen, and crabbers. However, a large influx of professionals

are rapidly moving to the city. With a steady population of 11,100, Poquoson is a community-oriented city that has something for young and old. Poquoson public schools are the pride of the city's residents. Poquoson High School sent approximately 85 percent of its 1992 graduating class on to some form of higher education.

**YORK COUNTY** York County is composed of many tiny communities, offering a melting pot of residents and activities. Dare, Seaford, Grafton, Dandy, Lackey, Yorktown, Tabb, and the Bruton District are all part of the 108 square miles that form York County. York County is one of Virginia's original shires and was founded in 1634 as Charles River County. The county and Charles River were renamed York around 1643 in honor of England's Duke of York, who later became King James II. With Revolutionary War battlefields, waterways for boating and fishing, and miles of scenic Colonial Parkway, York County lends itself to outdoor activities. A casual walk through historic Yorktown will find quaint shops, the Yorktown Monument, and antiquated homes that can be toured. One such house, the Moore House, is the site where the Articles of Confederation were drawn up. Nearby is Surrender Field where General George Washington acknowledged the surrender of British troops under General Cornwallis at the 1781 Battle of Yorktown.

**WILLIAMSBURG** Williamsburg is best known for the restored and reconstructed buildings that make up Colonial Williamsburg's Historic Area, but it is also a modern city whose residents enjoy all the latest conveniences, including parks and recreation activities, libraries, shopping centers and, in many areas, underground wiring. Colonists from Jamestown founded the city in 1633 as Middle Plantation. Its name was changed to Williamsburg in 1699 when it became Virginia's capital. The College of William and Mary, named for King William and Queen Mary of England, received its charter in 1693. After the Revolution, Williamsburg remained the political, social, and cultural center of the entire colony until the capital was moved to Richmond in 1780. Thereafter, the city became a small college town. During the Civil War, it briefly became the headquarters for both sides. In 1926, John D. Rockefeller Jr. took the first step in making the dream of the Rev. W.A.R. Goodwin become reality when he began to restore, reconstruct, and preserve what is now the historic area.

Area Demographics

Hampton

Population Est. 143,422  
 Median Family Income 34,291  
 Real Estate Tax \$1.25 per \$100  
 Pers Property Tax \$4.40 per \$100  
 Average Home Price 115,653  
 City Information (757)722-6434

#### Newport News

Population Est. 182,132  
 Median Family Income 40,525  
 Real Estate Tax \$1.20 per \$100  
 Pers Property Tax \$4.25 per \$100  
 Average Home Price 110,190  
 City Information (757)886-7880

#### Poquoson

Population Est. 11,400  
 Median Family Income 64,716  
 Real Estate Tax \$1.12 per \$100  
 Pers Property Tax \$4.50 per \$100  
 Average Home Price 150,000

City Information (757)868-3000

#### York County

Population Est. 56,600  
 Median Family Income 57,153  
 Real Estate Tax \$0.86 per \$100  
 Pers Property Tax \$4.00 per \$100  
 Average Home Price 202,458 New Construction  
 181,098 Resale  
 County Information (757)890-3300

<b>Name:</b> Daily Press Inc.
<b>Address:</b> 7505 Warwick Blvd.
<b>City:</b> Newport News, VA 23607
<b>Phone:</b> (757) 247-4600

<b>Name:</b> Denbigh Gazette, Poquoson Post, and Yorktown Crier
<b>Address:</b> P.O. Box 978
<b>City:</b> Yorktown, VA 23692
<b>Phone:</b> (757) 898-7225

### Time Zone Chart

<i>Location</i>	<i>Adjustment for GMT</i>
Pacific	-8
Mountain	-7
Central	-6
Eastern	-5
Greenwich (United Kingdom)	0
Central European (Germany)	1
East Asia (Japan)	9

### Climate

**FALL WEATHER** During this period (Sep, Oct, Nov), cool dry polar air begins to compete with the moist tropical air of summer. The "Bermuda High" begins to lose its influence as polar outbreaks become more frequent. Hurricane frequency reaches a maximum in September.

**WINTER WEATHER** During the winter season, the warm Gulf Stream is at its eastern most limit. Cold waters of the Labrador current are averted southward by the prevailing northerly winds. They replace Gulf Stream waters along the coast of Cape Hatteras, and result in depriving the area of the moderating influence of the Gulf Stream. Slow moving cold fronts tend to become stationary near the Gulf Stream during this period. The resulting convergence may

produce very strong northeasterly winds, sometimes 40 to 50 knots. Often a series of waves will form on the front east of Hatteras, causing low ceilings, intermittent rain, and strong winds to persist over the area for several days.

**SPRING WEATHER** The period of March, April, and May is characterized by fewer cold outbreaks and gradual influence of the "Bermuda High." The result is increasingly better weather conditions for the area. Sharp contrasts in the weather often occur late in the season. Pleasant warm days are interrupted by a thrust of cold polar air. Temperatures may fall 20 to 25 degrees, and strong thunderstorms occur along with passages of cold fronts. Winds are predominately from two directions, northwesterly early in the period, becoming southerly late in the season.

**SUMMER WEATHER** Frequency of thunderstorm activity reaches a maximum during the summer. Most thunderstorm activity in this area is due to frontal or squall line passage. Cloudiness is at a maximum during the day and minimum at night.

June marks the beginning of the hurricane season. However, it is not until the middle of August that the probability of hurricanes affecting the Langley area increases to significant levels.

### Climate

<i>Month</i>	<i>High</i>	<i>Low</i>	<i>Humidity</i>	<i>Precipitation</i>
January	48	32	67	3.72
February	49	32	65	3.49
March	58	39	62	4.26
April	68	48	60	2.84
May	76	57	66	3.77
June	83	65	67	3.74
July	87	70	71	4.80
August	86	70	74	4.77
September	80	64	75	4.60
October	70	53	75	3.39
November	61	43	70	2.91
December	52	35	68	3.26

### Events Calendar

<b>Name:</b> A Day on the Bay
<b>Address:</b> Fort Wool, east of the Hampton Roads Bridge Tunnel
<b>Phone:</b> (757) 727-6122
<b>Comments:</b> MONTH: September  This second of Hampton's new offerings will have boats that ferry visitors from both sides of the water for a day of history. Civil War reenactments, stage entertainment, and of course food.

<b>Name:</b> Air Combat Command Heritage of America Band Concerts
<b>Address:</b> Langley AFB
<b>City:</b> Hampton, VA
<b>Phone:</b> (757)764-2018
<b>Comments:</b> MONTH: September  The 1997 Air Combat Command Tattoo features more than 300 years of military history and includes music, pageantry, aircraft fly overs and fireworks. Come before 6:45 pm, and bring lawn chairs.

<b>Name:</b> American Music Festival
<b>Address:</b> Oceanfront
<b>City:</b> Virginia Beach, VA
<b>Phone:</b> (757)463-1940
<b>Comments:</b> MONTH: September  This new addition to the Virginia Beach summer schedule promises to be a major one. Entertainers like Blood Sweat & Tears, Little River Band, Spinner/Poco, and 40 more all over the oceanfront.

<b>Name:</b> Annual Bluegrass Festival & Bar-B-Q Rib Burn-Off
<b>Address:</b> Norfolk's Town Point Park
<b>City:</b> Norfolk, VA
<b>Phone:</b> (757)441-2345
<b>Comments:</b> MONTH: September  The ultimate all-American picnic with lots of guitar-pickin', finger-lickin' down-home fun.

<b>Name:</b> Annual Children's Festival
<b>Address:</b> Town Point Park
<b>City:</b> Norfolk, VA
<b>Phone:</b> (757)441-2345
<b>Comments:</b> MONTH:           October
Son of Harborfest. A pint-sized festival the kids can call their own. Ethnic foods, interactive exhibits, costumed characters, and lots of other great kids' stuff.

<b>Name:</b> Annual Neptune Festival
<b>City:</b> Virginia Beach, VA
<b>Phone:</b> (757)498-0215
<b>Comments:</b> MONTH:           September
Virginia Beach's end-of-season bash just gets bigger and better every year. From sailing to sand castles, bingo, to fancy balls, there's something for everyone. Traditional favorites include the air show at Oceana and the boardwalk celebration on the final weekend.

<b>Name:</b> Chesapeake Bay Maritime Festival and Classic Boat Show
<b>Address:</b> Waterside in Norfolk
<b>City:</b> Norfolk, VA
<b>Phone:</b> (757)441-2345
<b>Comments:</b> MONTH:           October
Enjoy classic boats, maritime art, boat builders and the Chesapeake Bay Schooner. The fine hand of the experts at the Mariners Museum will be evident in this one.

<b>Name:</b> Fire Prevention Week
<b>Address:</b> Fire Departments Nationwide including Langley
<b>City:</b> Hampton, VA
<b>Phone:</b> (757)764-4275
<b>Comments:</b> MONTH:           October
Provides an annual opportunity for everyone to focus on fire prevention and fire safety in the home and the work place. Allows families to focus on programs such as Exit Drills In The Home (Edith). Provides an opportunity for families and organizations to tour local fire departments and observe fire service operations.

<b>Name:</b> Hampton Bay Days
<b>Address:</b> Downtown Hampton Waterfront
<b>City:</b> Hampton, VA
<b>Phone:</b> (757)727-6122
<b>Comments:</b> MONTH:           September
Hampton's largest festival pays tribute to the Chesapeake Bay with headline entertainers, Chesapeake Bay seafood and exhibits, fireworks, children's entertainment, a juried art show, races, water-skiing shows, and water exhibitions. Free admission.

<b>Name:</b> Hampton Wine Festival
<b>Address:</b> Old Point Park Hampton
<b>City:</b> Hampton, VA
<b>Phone:</b> (757)727-6122
<b>Comments:</b> MONTH:           September
One of two new entries in Hampton's fall offering, this one will feature the people and products of 15 Virginia wineries, plus food, music, and seminars in the lovely setting of Old Point Park, 727-6122.

<b>Name:</b> Holidays in the City Lighted Boat Parade
<b>Address:</b> Waterside Norfolk
<b>City:</b> Norfolk, VA
<b>Phone:</b> (757)623-1757
<b>Comments:</b> MONTH:           November
Even if you don't own a boat, you can enjoy the parade up the Elizabeth River by the folks who do. Top the evening off at a big dockside party.

<b>Name:</b> Holidays in the City Lighted Street Parade
<b>City:</b> Norfolk, VA
<b>Phone:</b> (757)623-1757
<b>Comments:</b> MONTH:           November
Start the holiday season off right with a parade, fireworks, and the great turn-on of holiday lights.

<b>Name:</b> Holly Days Home Tours
<b>Address:</b> Trolleys depart from downtown Hampton
<b>City:</b> Hampton, VA
<b>Phone:</b> (757)727-6429
<b>Comments:</b> MONTH: December
Visit a turn-of-the-century neighborhood and take a guided tour of several homes, each beautifully decorated by teams of professional florists and designers. Holiday carolers, warm fires, or Father Christmas himself may greet you. Tickets include trolley transportation, homes tours, and refreshments at the Charles H. Taylor Arts Center.

<b>Name:</b> Holly Days Illuminated Boat Parade
<b>Address:</b> Downtown Waterfront Hampton
<b>City:</b> Hampton, VA
<b>Phone:</b> (757)727-6429
<b>Comments:</b> MONTH: December
More than 50 motorized and sail-powered vessels decked out in lights, wreaths and holiday bunting will parade down the Hampton River. Stationary displays at several downtown marinas will transform the waterfront into a kaleidoscope of color and light. Free admission.

<b>Name:</b> Norfolk Zoo
<b>City:</b> Norfolk, VA
<b>Phone:</b> (757)441-5227
<b>Comments:</b> All year long 10am-5pm daily, except Christmas, Thanksgiving, & New Year's Day.

<b>Name:</b> Poquoson Seafood Festival
<b>Address:</b> Poquoson Parks & Recreation
<b>City:</b> Poquoson, VA
<b>Phone:</b> (757)868-3580
<b>Comments:</b> MONTH: F, Sa, Su Mid September
Arts & Crafts, seafood, music and displays.

<b>Name:</b> Spirit of Hampton Roads Holly Day Parade
<b>Address:</b> Downtown Hampton
<b>City:</b> Hampton, VA
<b>Phone:</b> (757)728-3200 (Special events)
<b>Comments:</b> MONTH: December
The Virginia Peninsula's only illuminated street parade. Marching bands, more than 20 lighted floats, equestrian units, and the arrival of Santa and Mrs. Claus. Free admission.

<b>Name:</b> Stockley Gardens Fall Arts Festival
<b>City:</b> Norfolk, VA
<b>Phone:</b> (757)625-6161
<b>Comments:</b> MONTH: October
An urban street festival and art show. Benefits Hope House.

<b>Name:</b> Suffolk Peanut Festival
<b>City:</b> Suffolk, VA
<b>Phone:</b> (757)539-6751
<b>Comments:</b> MONTH: October
The goober reigns supreme at this granddaddy of Hampton Roads special events. Parades, princesses, demo derby, big-name entertainment, major midway and more. Events all over town, but the big scene is at the Suffolk Airport.

<b>Name:</b> Town Point Virginia Wine Festival
<b>Address:</b> Town Point Park
<b>City:</b> Norfolk, VA
<b>Phone:</b> (757)441-2345
<b>Comments:</b> MONTH: October
New-age sounds, 25 wineries, lots of fine wine, and fun food at the seventh offering of this popular event.

<b>Name:</b> Twelfth Night Colonial Christmas Celebration
<b>Address:</b> 3131 Virginia Beach Blvd.
<b>City:</b> Virginia Beach, VA
<b>Phone:</b> (757)431-4000
<b>Comments:</b> MONTH: January  Francis Land and family welcome visitors to this traditional celebration at their home on Virginia Beach Boulevard in the resort city. Music, dancing, costumes, and lots of fun.

<b>Name:</b> Umoja Festival
<b>Address:</b> Portsmouth's Veterans_ Riverfront Park to Portside
<b>City:</b> Portsmouth, VA
<b>Phone:</b> (757)393-8481
<b>Comments:</b> MONTH: September  A major salute to African-American culture with kids' activities, food and entertainment, including lots of jazz, reggae, gospel, and R & B.

<b>Name:</b> Urbanna Oyster Festival
<b>Address:</b> Shores of the Rappahannock River just off Rt. 17 on the Northern Neck
<b>Phone:</b> (757)758-5540
<b>Comments:</b> MONTH: November  Approaching 40 and still going strong, this event draws thousands of shellfish lovers each year to the Rappahannock River Shores.

## Cultural Attractions

<b>Name:</b> Arts Center at Williamsburg Regional Library
<b>Address:</b> 515 Scotland St.
<b>City:</b> Williamsburg, VA
<b>Phone:</b> (757)229-4198
<b>Comments:</b> Lobby art gallery graces this hall used for community group events. Offers the Chamber Music Society of Williamsburg, concerts, children's theater, and films.

<b>Name:</b> Casemate Museum
<b>Address:</b> Bldg. 20, Bernard St., Ft Monroe
<b>City:</b> Hampton, VA
<b>Phone:</b> (757)727-3391
<b>Comments:</b> The history of America's third oldest fort, the only one with a moat, is traced with exhibits emphasizing the Civil War. Confederate President Jefferson Davis was imprisoned here, and Edgar Allen Poe was stationed here. Closed: Thanksgiving, Christmas, and New Year's Day.

<b>Name:</b> Chrysler Hall
<b>Address:</b> 415 St. Paul Blvd.
<b>City:</b> Norfolk, VA
<b>Phone:</b> (757)664-6464
<b>Comments:</b> Chrysler Hall is part of the SCOPE complex. This site showcases the Virginia Symphony, Broadway plays, and solo performances.

<b>Name:</b> Charles H. Taylor Arts Center
<b>Address:</b> 4205 Victoria Blvd.
<b>City:</b> Hampton, VA
<b>Phone:</b> (757)722-ARTS (2787)
<b>Comments:</b> Art lovers will enjoy the beautiful exterior of the Charles H. Taylor Arts Center as much as its galleries, which feature both national exhibitions and regional artworks. The center, housed in a colonial-style building (1925), also serves as headquarters for the Hampton Arts Commission, which produces and presents the highly acclaimed Great Performers Series each year. Many of the concerts in the series are broadcast live to the nation on National Public Radio. No admission fee.

<b>Name:</b> Colonial National Historical Park
<b>Address:</b> Yorktown (follow the Colonial Parkway to either entrance)
<b>City:</b> Yorktown, VA
<b>Phone:</b> (757)898-3400
<b>Comments:</b> Retrace the steps of colonial settlers and American patriots at Jamestown Island and Yorktown Battlefield. Discover the sites of the first permanent English settlement at Jamestown and the last battle of the American Revolution at Yorktown connected by the beautiful Colonial Parkway. Interpretive tours available.



<b>Name:</b> Colonial Williamsburg
<b>Address:</b> 100 Visitors Center Dr.
<b>City:</b> Williamsburg, VA
<b>Phone:</b> (757)220-7645
<b>Comments:</b> A 173-acre living museum that recreates life in the 18th century. Included are 88 original houses, shops, taverns, and buildings. The capital of colonial Virginia includes the governor's mansion, capital building, and much more. One of the world's most famous attractions.

<b>Name:</b> Commonwealth Musical Stage
<b>Address:</b> Pavilion Theater
<b>City:</b> Virginia Beach, VA
<b>Phone:</b> (757)340-5446
<b>Comments:</b> The Commonwealth Musical Stage is the state's only professional theater that produces full-scale revivals of musical-theater works. Tickets may be purchased at branches of First Virginia Bank of Tidewater and the Pavilion Theater box office.

<b>Name:</b> The Generic Theater
<b>Address:</b> 912 W. 21st St.
<b>City:</b> Norfolk, VA
<b>Phone:</b> (757)441-2160
<b>Comments:</b> The Generic Theater, featuring non-traditional theater, offers unique, original works for its line-up. Performances are Th - Sa at 8pm and Su at 2pm.

<b>Name:</b> Hampton Coliseum
<b>Address:</b> 1000 Coliseum Dr. & Mercury Blvd.
<b>City:</b> Hampton, VA
<b>Phone:</b> (757)838-4203 (Ticket office)
<b>Comments:</b> Concerts, sporting events, and trade shows are showcased here. The grounds include a 14-acre lake set in a landscaped park.

<b>Name:</b> Harrison Opera House
<b>Address:</b> 160 E. Virginia Beach Blvd.
<b>City:</b> Norfolk, VA
<b>Phone:</b> (757)627-9545 (Admin. Office)
<b>Comments:</b> (757)877-2550 (Peninsula) (757)623-1223 (Southside)  This luxurious new theater seats 1,650 and serves as the home of the Virginia Opera, which presents grand opera from October through March and is nationally acclaimed for artistic excellence.

<b>Name:</b> Hurrah Players Family Theater Co.
<b>Address:</b> 935 Woodrow Ave.
<b>City:</b> Norfolk, VA
<b>Phone:</b> (757)623-7418 or 627-KIDS
<b>Comments:</b> The Hurrah Players Family Theatre Co. is a not-for-profit educational theater organization with family entertainment. Productions generally include a cast of 50 to 60 youngsters.

<b>Name:</b> Little England Chapel
<b>City:</b> Hampton, VA
<b>Phone:</b> (757)723-6803
<b>Comments:</b> HOURS: Tu-Sa 10am-4pm  No admission fee.

<b>Name:</b> Little Theatre of Norfolk
<b>Address:</b> 801 Claremont Ave
<b>City:</b> Norfolk, VA
<b>Phone:</b> (757)627-8551
<b>Comments:</b> Established in 1926, The Little Theatre of Norfolk is one of the oldest continually operating community theaters in the nation - celebrating its 68th anniversary.

<b>Name:</b> Little Theater of Portsmouth
<b>Address:</b> 1401 Elmhurst Ln.
<b>City:</b> Portsmouth, VA
<b>Phone:</b> (757)488-7866

<b>Name:</b> Little Theater of Virginia Beach
<b>City:</b> Virginia Beach, VA
<b>Phone:</b> (757)428-9233

<b>Name:</b> The McCullough Chorale
<b>Address:</b> Various locations
<b>Phone:</b> (757)627-8375

<b>Name:</b> NASA Langley Tour
<b>Address:</b> Begins at Virginia Air & Space Center 600 Settlers Landing Rd.
<b>City:</b> Hampton, VA
<b>Phone:</b> (800)296-0800/(757)727-0900
<b>Comments:</b> HOOURS:           M-Th   10am - 5pm (Summer only) F-Su   10am - 7pm M-Su   10am - 5pm (Winter only) Closed Thanksgiving & Christmas  As the birthplace of NASA, the NASA Langley Research Center is home to five National Historic Landmarks. The tour includes a close-up look at several of NASA's wind tunnels, which can operate at speeds up to 17,500 mph, and a visit to the gigantic scaffold-works from which space capsules were once dropped to simulate lunar landings. Admission charged and children under 12 must be accompanied by an adult.

<b>Name:</b> Norfolk SCOPE
<b>Address:</b> 201 E Brambleton Ave.
<b>City:</b> Norfolk, VA
<b>Phone:</b> (757)664-6464 ( Admin. Office)
<b>Comments:</b> (757)441-2161 (Tickets/Info) (757)872-8100 (Peninsula Ticketmaster)  Site of ice shows, the circus, concerts, Old Dominion basketball, and Admirals hockey games, as well as trade shows and conventions.

<b>Name:</b> The Norfolk State University Players
<b>Address:</b> Norfolk State University
<b>City:</b> Norfolk, VA
<b>Phone:</b> (757)683-8341

<b>Name:</b> Ogden Hall
<b>Address:</b> Hampton University Campus Frissel Ave.
<b>City:</b> Hampton, VA
<b>Phone:</b> (757)727-5359/5213 (Rentals)

<b>Name:</b> Old Dominion University Ballet
<b>Address:</b> Fine Performing Arts 49th & Elkhorn
<b>City:</b> Norfolk, VA
<b>Phone:</b> (757)683-4486

<b>Name:</b> Pavilion Convention Center
<b>Address:</b> Virginia Beach Pavilion 1000 19th, St.
<b>City:</b> Virginia Beach, VA
<b>Phone:</b> (757)437-4774 (Ticket Info)
<b>Comments:</b> (757)428-8000 (Info/Box Office) (757)422-6661 (Catering Info)  Consumer and trade exhibitions, conferences, and banquets are held here as well as a variety of dance, choral, and drama productions. The theater is home of the Commonwealth Musical Stage Company.

<b>Name:</b> Peninsula Community Theater
<b>Address:</b> Main St.
<b>City:</b> Newport News, VA
<b>Phone:</b> (757)595-5728

<b>Name:</b> Peninsula Fine Arts Center
<b>Address:</b> 101 Museum Dr.
<b>City:</b> Newport News, VA
<b>Phone:</b> (757)596-8175
<b>Comments:</b> Offers changing monthly exhibits, and is affiliated with the Virginia Museum. Exhibits range from national traveling exhibitions to the works of regional artists. There are also numerous workshops and special events. Adult and child art classes available. Free Admission. Memberships available.

<b>Name:</b> College of William and Mary
<b>Address:</b> Jamestown & Richmond Rds.
<b>City:</b> Williamsburg, VA
<b>Phone:</b> (757)221-2655 (Ticket Office)
<b>Comments:</b> (757)221-2674 (W & M Theater) (757)221-3276 (Concert Series)

<b>Name:</b> Regent University's College of the Performing Arts
<b>City:</b> Virginia Beach, VA
<b>Phone:</b> (757)579-4223

<b>Name:</b> St. John's Church
<b>Address:</b> 100 West Queens Way
<b>City:</b> Hampton, VA
<b>Phone:</b> (757)722-2567
<b>Comments:</b> HOOURS:           M-F   9am - 3pm Sa    9am - Noon  No admission fee.

<b>Name:</b> Tidewater Performing Arts Society
<b>City:</b> Norfolk, VA
<b>Phone:</b> (757)627-2314
<b>Comments:</b> A non-profit arts presenting organization which brings eclectic, challenging, artistic entertainment to Hampton Roads.

<b>Name:</b> The Virginia Repertory Theatre Company
<b>Address:</b> Call for locations and information on 1997/1998 season
<b>Phone:</b> (757)623-7529

<b>Name:</b> Virginia Stage Company
<b>Address:</b> Wells Theatre, 108 E. Tazewell St.
<b>City:</b> Norfolk, VA
<b>Phone:</b> (757)627-1234/6988 (Admission)
<b>Comments:</b> National Historic Landmark theater seating 677. Original productions by top theater artists are shown each season beginning in early fall and ending in late spring.

<b>Name:</b> Virginia Symphony Pops at the Pavilion Theater
<b>Address:</b> 550 E Main St.
<b>City:</b> Norfolk, VA
<b>Phone:</b> (757)623-2310/(757)671-8100 (Ticketmaster)
<b>Comments:</b> The Virginia Symphony is continuing the tradition of excellence, entering its 76th season. The orchestra presents classical masterworks, star-studded pops, dance, Mozart, and more classics along with the Peanut Butter and Jam family concerts.

<b>Name:</b> Virginia Wesleyan College
<b>Address:</b> 1584 Wesleyan Dr.
<b>City:</b> Norfolk, VA
<b>Phone:</b> (757)455-3200
<b>Comments:</b> Virginia Wesleyan College offers a full season of lectures, recitals and theater presentations.

<b>Name:</b> Virginia Zoological Park
<b>Address:</b> 3500 Granby St.
<b>City:</b> Norfolk, VA
<b>Phone:</b> (757)441-2706
<b>Comments:</b> Covers more than 55 wooded acres along the Lafayette River. Simulated natural environments provide homes for more than 350 animals, ranging from a rare white rhino to gentle domestic sheep.

<b>Name:</b> War Memorial Museum of Virginia
<b>Address:</b> 9285 Warwick Blvd.
<b>City:</b> Newport News, VA
<b>Phone:</b> (757)247-8523
<b>Comments:</b> A tribute to the veterans of America's wars, the museum contains over 60,000 items of war memorabilia which trace the history of our conflicts.

<b>Name:</b> Watermen's Museum & Gift Shop
<b>Address:</b> 309 Water St.
<b>City:</b> Yorktown, VA
<b>Phone:</b> (757)888-2623
<b>Comments:</b> HOURS: Tu-Sa 10am - 4pm Su 1am - 4pm  The story of fishing, oystering, and other occupations on the Lower Chesapeake Bay, pre-history to today. Workboat models, photos, tools, artifacts, and much more. The gift shop includes works of art by local artists.

<b>Name:</b> Willett Hall Broadway
<b>Address:</b> Willett Dr., off Rt. 17
<b>City:</b> Portsmouth, VA
<b>Phone:</b> (757)757-4774 (Admission and Box Office)

## Recreation Opportunities

<b>Name:</b> Water Country USA
<b>Address:</b> Exit 242B off I-64 at East of Rt. 199
<b>City:</b> Williamsburg, VA
<b>Phone:</b> (757)229-1500
<b>Comments:</b> SEASON: May - Sep
The newest Anheuser-Busch theme park, Water Country USA, is the largest water theme park in Virginia. More than 30 attractions, pools and play areas tempt even the most sedate visitors. From a gentle jaunt on the Rambling River to a speedy plunge down the 415-foot Jet Stream, the park offers entertainment for the whole family. Water Country USA is open daily through Labor Day.

<b>Name:</b> Westmoreland State Park
<b>Address:</b> 5 miles northwest of Montrose
<b>Comments:</b> An Olympic-sized swimming pool and adjacent bathhouse, launching ramp for power boats, visitor center, campgrounds, house-keeping cabins and a restaurant are available.

<b>Name:</b> William and Mary Hall
<b>Address:</b> Jamestown and Richmond Rd.
<b>City:</b> Williamsburg, VA
<b>Phone:</b> (757)221-3340
<b>Comments:</b> A variety of events are offered in this 11,500-seat facility including revival shows, pop concerts, gymnastics, indoor track meets, and tennis matches.

<b>Name:</b> York River State Park
<b>Address:</b> State Rt. 606
<b>Phone:</b> (757)566-3036
<b>Comments:</b> Activities and a visitor center focusing on the history and preservation of the York River and its marshes. Main activities include hiking, boating, fishing and picnicking. From Interstate 64, take the Croaker exit. Go north on State Rt. 607 for 1 mile, then right on State Rt. 606 to the park entrance.

<b>Name:</b> Buckroe Beach Pier
<b>Address:</b> 330 South Resort Blvd.
<b>City:</b> Hampton, VA
<b>Phone:</b> (757)851-9146
<b>Comments:</b> Takes you 900 feet out into the Chesapeake Bay. Snack bar, bait, tackle rental, and sales.

<b>Name:</b> Grandview Fishing Pier
<b>Address:</b> State Park Dr.
<b>City:</b> Hampton, VA
<b>Comments:</b> Offers a bait and tackle shop and snack bar. Located on State Park Dr. off Beach Rd.

<b>Name:</b> James River Fishing Pier
<b>City:</b> Newport News, VA
<b>Phone:</b> (757)247-0364
<b>Comments:</b> Reaches over 3,000 feet into the James River. Located off Mercury Blvd. toward the James River Bridge.

<b>Name:</b> Air Power Park
<b>Address:</b> 413 West Mercury Blvd.
<b>City:</b> Hampton, VA
<b>Phone:</b> (757)727-1163
<b>Comments:</b> HOURS: Daily 9am - 4:30pm

<b>Name:</b> Anderson Park
<b>Address:</b> Info Building, 13560 Jefferson Ave.
<b>City:</b> Newport News, VA
<b>Phone:</b> (757)886-7912
<b>Comments:</b> Visit the overlook and see where the Monitor and Merrimac iron-clads fought their historic battle.

<b>Name:</b> Back Creek Park
<b>Address:</b> Goodwin Neck Rd.
<b>City:</b> York County, VA
<b>Phone:</b> (757)890-3850
<b>Comments:</b> Besides community activities, the park has volleyball, lighted tennis courts, picnicking, a playground, and boat launch with access to the York and James Rivers and the Goodwin Islands.

<b>Name:</b> Belle Isle State Park
<b>Address:</b> Lancaster County
<b>Comments:</b> Located on the historic Rappahannock River, Belle Isle is open for limited use while under development. The park features picnicking, hiking, guided canoe trips. Take Route 3 to Route 354 and then Route 683 near Litwalton to the park entrance.

<b>Name:</b> Big Bethel Recreation Area
<b>Address:</b> Adjacent Bethel Housing Area
<b>City:</b> Hampton, VA
<b>Phone:</b> (757)766-3017
<b>Comments:</b> The park, located adjacent to the Bethel Housing area, provides a great environment for squadron and family picnics. Services and activities include volleyball, softball, horseshoes, badminton, tennis, aluminum boats, papple boats, fishing equipment, bait and snacks, a nature trail and boat launching. Barbecue grills, picnic benches, tables, covered pavilions, playground equipment and beverages are also available. Come out and enjoy it.

<b>Name:</b> Busch Gardens
<b>Address:</b> Off I-64 at Williamsburg
<b>City:</b> Williamsburg, VA
<b>Phone:</b> (757)253-3350
<b>Comments:</b> SEASON: Mar - Oct  The 360-acre family entertainment theme park features thrilling rides, entertainment, shopping and restaurants in nine authentic European hamlets and is located three miles east of historic Williamsburg. It's exciting and entertaining. Brave state-of-the-art roller coasters, catch a show, sample mouth watering delicacies. Make friends with a legend at Land of the Dragons, a fabulous, new children's play area.

<b>Name:</b> Bluebird Gap Farm
<b>Address:</b> 60 Pine Chapel Rd.
<b>City:</b> Hampton, VA
<b>Phone:</b> (757)727-6347
<b>Comments:</b> Sixty acres of hands-on fun for children of all ages. It's a combination park and zoo in the form of a family farm. No admission.

<b>Name:</b> Buckroe Beach and Park
<b>Address:</b> End of Pembroke Ave.
<b>City:</b> Hampton, VA
<b>Phone:</b> (757)727-6347/6739 (Hotline)
<b>Comments:</b> For gentle surf, clean sand, and excellent fishing, Hampton's Buckroe Beach is the perfect location. Bordering the Chesapeake Bay, Buckroe offers wide beaches and seasonal lifeguards. A new pavilion hosts big band concerts on Sunday nights and other events during the summer. The park also features outdoor movies and has picnic facilities.

<b>Name:</b> Caledon Natural Area
<b>Address:</b> King George County
<b>Comments:</b> Summer home to one of the largest concentrations of American bald eagles on the East Coast. To protect the eagles, access to the forests and marshes is restricted. Limited tours of the eagle area are offered seasonally. A visitor center and picnic area with restrooms is available. From U.S. 301, take Route 206 west 4 miles to the intersection of Route 218, then go west about 1 mile.

<b>Name:</b> Carousel Park
<b>Address:</b> Settlers Landing
<b>City:</b> Hampton, VA
<b>Phone:</b> (757)727-6381
<b>Comments:</b> Call for hours of operation.

<b>Name:</b> False Cape State Park
<b>Address:</b> 5 miles south of Sandbridge
<b>Comments:</b> A huge migratory bird population and a variety of wildlife, plants, and trees make the park an outstanding outdoor classroom. Wash Woods Environmental Education Center is available for overnight groups. Hiking, biking, and primitive camping are among the activities offered. The park is accessible only by foot, bicycle, or boat.

<b>Name:</b> First Landing/Seashore State Park and Natural Area
<b>Address:</b> U.S. 60 at Cape Henry
<b>City:</b> Virginia Beach, VA
<b>Comments:</b> Site of the first landing before the establishment of the Jamestown settlement. The park offers recreational activities, habitat viewing, 19 miles of hiking trails, and a visitor center. House keeping cabins, campsites, picnic areas, boat ramps, and a bicycle trail are available.

<b>Name:</b> Gosnold's Hope Park
<b>Address:</b> 901 Little Back River Rd.
<b>City:</b> Hampton, VA
<b>Phone:</b> (757)850-5116
<b>Comments:</b> HOURS: Daily 7am - Sunset  Includes fitness and biking trails, sports fields, a playground, picnicking, and boating. Tent and motor home camping available with showers.

<b>Name:</b> Grandview Nature Park
<b>Address:</b> Beach Rd.
<b>City:</b> Hampton, VA
<b>Phone:</b> (757)727-6347
<b>Comments:</b> Miles of beach, sand dunes, and views of Chesapeake Bay. Hike, bird-watch, or just relax. No facilities.

<b>Name:</b> Harbor Park
<b>Address:</b> Park Ave.
<b>City:</b> Norfolk, VA
<b>Phone:</b> (757)622-2222 (Information)
<b>Comments:</b> HOURS: M-F 10am - 5pm  The home team, the Norfolk Tides, is the top farm team for the New York Mets. The Tides can be seen playing at Harbor Park; a new 12,000-seat ballpark on the beautiful Elizabeth River.

<b>Name:</b> Huntington Park
<b>City:</b> Newport News, VA
<b>Phone:</b> (757)886-7912
<b>Comments:</b> Tennis courts, lighted sports field, a playground, fishing and boat ramp on the James River please the active types, while the rose garden and War Memorial Museum offer quiet spots to relax.

<b>Name:</b> King Lincoln Park
<b>City:</b> Newport News, VA
<b>Phone:</b> (757)886-7912
<b>Comments:</b> Enjoy outdoor volleyball courts, a stage, a playground, basketball courts, a small fishing pier, and a fascinating view of maritime traffic.

<b>Name:</b> Kiptopeke State Park
<b>Address:</b> Eastern Shore
<b>Comments:</b> Recreational access to the Chesapeake Bay, opportunities to view a habitat for migratory birds, rare animal species, and a coastal dune environment is available. Full service and tent camp sites, boat ramp, picnic areas, hiking trails and a guarded swimming area is offered. Travel 3 miles north of the Chesapeake Bay Bridge Tunnel on U.S. Route 13, then west on State Route 704 to the park entrance.

<b>Name:</b> Mill Point Park
<b>Address:</b> 100 Eaton St.
<b>City:</b> Hampton, VA
<b>Phone:</b> (757)727-6347
<b>Comments:</b> Grab a snack at the concession stand, then take in the river view while enjoying a concert in the amphitheater.

<b>Name:</b> Miss Hampton II/Fort Wool Naval Base Cruise
<b>Address:</b> Settlers Landing
<b>City:</b> Hampton, VA
<b>Comments:</b> HOURS: 29 May-6 Sep 10am and 2pm 7 Sep-31 Oct 10am

<b>Name:</b> Municipal Park
<b>Address:</b> Municipal Dr.
<b>City:</b> Poquoson, VA
<b>Phone:</b> (757)868-3580
<b>Comments:</b> Kids love the playground, swimming pool, picnicking, and following the nature trail down to the stream. Boat tours. Closes at dusk.

<b>Name:</b> Newport News Park
<b>Address:</b> Fort Eustis Blvd. & Jefferson Ave.
<b>City:</b> Newport News, VA
<b>Phone:</b> (757)886-7912
<b>Comments:</b> 8,065-acre park boasts fishing, biking, boating, canoeing, picnicking, hiking trails, campsites, and golf courses. Offers seasonal festivals for family fun.

<b>Name:</b> Todd Stadium
<b>Address:</b> 12465 Warwick Blvd.
<b>City:</b> Newport News, VA
<b>Comments:</b> Peninsula Poseidons, the local professional minor league football team, play in the class AAA Mason-Dixon Football League. The pride of the peninsula brings together former high school, college and pro players in a battle royal with teams from four other states and Washington, DC at this 8,000-seat stadium.

## Military Related and Civic Organizations

<b>Name:</b> Air Force Sergeants' Association
<b>Phone:</b> (757)764-4149
<b>Comments:</b> A non-profit organization that lobbies Congress and the President to enact laws beneficial to both active duty and retired military members along with providing scholarships, transition assistance, and a variety of other services. Chapter 358 of AFSA is a non-profit association representing the professional and personal interests of more than 170,000 active duty and retired enlisted members of the Air Force, Air National Guard, and Air Force Reserve.

<b>Name:</b> Jaycees of Hampton Roads
<b>Address:</b> Newmarket Shopping Center
<b>City:</b> Newport News, VA
<b>Phone:</b> (757)591-0149

<b>Name:</b> Military Affairs Council
<b>Address:</b> 6 Manhattan Square, Ste. 100
<b>City:</b> Hampton, VA
<b>Phone:</b> (757)766-2000

<b>Name:</b> Noncommissioned Officers Association
<b>Address:</b> 13144 - C Jefferson Ave
<b>City:</b> Newport News, VA
<b>Phone:</b> (757) 872-6262
<b>Comments:</b> The Noncommissioned Officers Association is a federally chartered, nonprofit organization that works for all enlisted ranks. The NCOA brings you a strong voice in Washington; consumer discounts, career transition services, and much more.

<b>Name:</b> Peninsula Social & Civic Club
<b>Address:</b> 3311 Shell Rd.
<b>City:</b> Hampton, VA
<b>Phone:</b> (757)722-0910

<b>Name:</b> United Services Organization (USO)
<b>Address:</b> Coliseum Mall, near entrance "A" (Main information center and admin offices)
<b>City:</b> Hampton, VA
<b>Phone:</b> (757) 827-1063 (Coliseum Mall)
<b>Comments:</b> (757) 988-0017 (Newport News-Williamsburg Airport) (757) 928-0801 (Huntington Hall) (757) 878-2415 (Ft. Eustis) (757) 440-0939 (Southside/Air Mobility) (757) 440-2916 (USO-gram(E-mail))  USO offers free services to all active duty members and their family members. Services provided include: information and referral, recreation and entertainment, and family programs, including emergency transportation. USO's main information center and administrative offices are located at the Coliseum Mall near entrance "A".

## Shopping

There is a variety of shopping available in the local area to include several malls and outlets.

## State and Community Social Service Agencies

<b>Name:</b> York-Poquoson Social Services
<b>Address:</b> 301 Goodwin Neck Rd.
<b>City:</b> Yorktown, VA
<b>Phone:</b> (757)890-3930/1-(800)552-7096 (Hotline)
<b>Comments:</b> HOURS: M-F 8am-4pm (Protective Services)  Financial Assistance, Counseling/Prevention Services, Child Protective Service, Complaints. Family Life Curriculum program with schools, and Day Care for eligible families - contact person is Services Intake Supervisor - Phone number is 727-1875.

<b>Name:</b> Hampton Department of Social Services
<b>Address:</b> 1320 LaSalle Ave.
<b>City:</b> Hampton, VA
<b>Phone:</b> (757)727-1821
<b>Comments:</b> Financial Assistance, Counseling/Prevention Services, Child Protective Service, Complaints, and other services to include food pantry, some clothing, referral to emergency shelter, rent and/or utility assistance (as funding is available), commodity distribution.

<b>Name:</b> Newport News Department of Social Services
<b>Address:</b> 6060 Jefferson Ave.
<b>City:</b> Newport News, VA
<b>Phone:</b> (757)247-2400
<b>Comments:</b> Financial Assistance, Counseling/Prevention Services, Child Protective Service, Complaints, and other services including: Community Resource Program for Social Services clients; that include an emergency food closet, formula, bus tickets, clothing and special needs items. Also, day care services for children are available for families meeting income guidelines. Referrals are made to other community organizations to assist with special needs. Contact person is hotline worker. Phone number is 247-8578.

<b>Name:</b> City of Williamsburg Social Service Department
<b>Address:</b> 401 Lafayette St.
<b>City:</b> Williamsburg, VA
<b>Phone:</b> (757)220-6161
<b>Comments:</b> Financial Assistance Counseling/Prevention Services.

<b>Name:</b> Women, Infant, Children (WIC) - Hampton Health Dept.
<b>Address:</b> 1320 LaSalle Ave. & 3130 Victoria Blvd.
<b>City:</b> Hampton, VA
<b>Phone:</b> (757)727-1140
<b>Comments:</b> HOURS: M-F 8am-4:30pm

<b>Name:</b> Newport News Health Dept.
<b>Address:</b> 416 J Clyde Morris Blvd.
<b>City:</b> Newport News, VA
<b>Phone:</b> (757)594-7438
<b>Comments:</b> HOURS: M-F 8:30am-4:30pm

<b>Name:</b> Fort Eustis Branch-On Post
<b>Address:</b> 11th Street, Bldg. 1522
<b>City:</b> Ft. Eustis, VA
<b>Phone:</b> (757)888-2571

<b>Name:</b> Williamsburg Health Department
<b>Address:</b> 5249 Old Town Rd.
<b>City:</b> Williamsburg, VA
<b>Phone:</b> (757)565-6895
<b>Comments:</b> HOURS: M Closed T,Th,F 8am-5pm W 8am-3pm

### Non-Profit Social Service Agencies

<b>Name:</b> AMC Cancer Research Center
<b>Address:</b> 121 Armstrong Dr.
<b>City:</b> Hampton, VA
<b>Phone:</b> (757)722-3676

<b>Name:</b> Association for Retarded Citizens of Peninsula
<b>Address:</b> 51 Battle Rd.
<b>City:</b> Hampton, VA
<b>Phone:</b> (757)826-6461

### Religious Activities

<b>Name:</b> Langely Air Force Base Chapel
<b>Address:</b> 181 Dodd Blvd.
<b>City:</b> Hampton, VA
<b>Phone:</b> (757)764-7847
<b>Comments:</b> Catholic Services Sa 5-5:45pm - Reconciliation Sa 6pm - Mass Su 10am & 12:30pm - Mass  Protestant Services Su 8:45am-11:15am  Jewish Service Jewish Study Group & Luncheon Chapel Annex Th 11:30am

<b>Name:</b> Langley Air Force Base Bayview Chapel
<b>Address:</b> LTA Area
<b>City:</b> Hampton, VA
<b>Phone:</b> (757)764-2419
<b>Comments:</b> Orthodox Service Su 9am Gospel Service Su 11am



<b>Name:</b> Bethel Chapel
<b>Address:</b> Bethel Manor Housing Area
<b>City:</b> York, VA
<b>Phone:</b> (757)865-1858
<b>Comments:</b> Catholic Services: Sa 4-4:45pm (Reconciliation) Sa 5pm (Mass) Su 8:45am & Noon (Mass)  Protestant Services: Su 10:30am

## Community Transportation

See INSTALLATION - TRANSPORTATION

## Education

### Education Overview

Public schools in each school district are free to children residing in the district. Every child who has reached his/her birthday on or before 30 September of any school year and who has not passed his/her 18th birthday is required to attend school.

<b>Name:</b> Bethel Manor Housing School Zoning
<b>Phone:</b> (757) 867-7438/7439
<b>Comments:</b> Elementary Schools: Bethel Manor Elementary School 867-7439 Tabb Elementary School 898-0372 Mt. Vernon Elementary School 898-0480  Middle Schools: Grafton Middle School 898-0525 Tabb Middle School 898-0320  High Schools: Tabb High School 867-7400 Grafton High School 898-0530

<b>Name:</b> Hampton City Public School District
<b>Address:</b> 144 Research Dr
<b>City:</b> Hampton, VA 23666
<b>Phone:</b> (757) 896-8100 (Administration)
<b>WWW Link:</b> <a href="http://www.sbo.hampton.k12.va.us">http://www.sbo.hampton.k12.va.us</a>
<b>Comments:</b> HOURS: 8:00am-11:00am AM Kindergarten 11:35am-2:35pm PM Kindergarten  Special Education: (757) 896-8220 Personnel Office: (757) 896-8140 Adult Education: (757) 727-1327  SAT Averages High School Verbal Math Bethel '97/'98 459 443 Hampton '97/'98 446 434 Kecoughtan '97/'98 497 474 Phoebus '97/'98 473 452 State '97/'98 507 499 National '97/'98 505 512  Graduation Requirements Must complete required 21 credit hours.  Special Programs JROTC, Robotics, Magnet School and programs.  Gifted Programs: (757) 896-8178  Project Leap for grades K-2. Gain Program for grades 3-5. Gifted offerings and advanced placement courses for grades 6-12. Outstanding 10th and 11th graders may apply to attend the Governor's School for Academics and the Arts, which is a summer residential program for the visual and performing arts, humanities, mathematics or science and technology.  HAMPTON CITY PUBLIC SCHOOLS 2000-2001 School Calendar  21-24 Aug New Teacher Orientation 28 Aug All Teachers Report 01 Sept 6th & 9th gr. New Student Orientation 04 Sept Labor Day (Schools & Offices Closed) 05 Sept All Students Report 05 Oct Progress Reports 06 Nov End of First Grading Period (45 days) 07 Nov Teacher Workday (Schools Closed) 16 Nov Report Cards 23-24 Nov Thanksgiving Break (Schools &

Offices Closed)	
12 Dec	Progress Reports
15 Dec	Last Day Before Winter Break
18 Dec-01 Jan	Winter Break (Schools Closed)
02 Jan	Schools Reopen Following Winter Break
15 Jan	Lee/Jackson/King Day (Schools & Offices Closed)
29 Jan	End of Second Grading Period (45 days)
30 Jan	Teacher Workday (Schools Closed)
31 Jan	Second Semester Begins
08 Feb	Report Cards
02 Mar	Progress Reports
03 Apr	End Of Third Grading Period (45 days)
04 Apr	Teacher Workday (Schools Closed)
12 Apr	Report Cards
16-20 Apr	Spring Break (Schools Closed)
14 May	Progress Reports
28 May	Memorial Day (Schools & Offices Closed)
15 Jun	End of Fourth Grading Period (46 days) Last Day for Students
16 Jun	Teacher Workday
19 Jun	Report Cards Mailed
Hampton City Schools 200-2001 Year Round School Calendar	
25 Jul	All Teachers Report
31 Jul	All Students Report
04 Sep	Labor Day (Schools & Offices Closed)
05 Sep	Progress Reports
04 Oct	End of First Grading Period (47 days)
05-06 Oct	Teacher Workdays (Schools Closed)
09-20 Oct	Intercession Days (Schools Closed)
24 Oct	Report Cards
07 Nov	Teacher Workday (Schools Closed)
23-24 Nov	Thanksgiving Break (Schools & Offices Closed)
28 Nov	Progress Reports
15 Dec	Last Day Before Winter Break
18 Dec-1 Jan	Winter Break (Schools Closed)
02 Jan	Schools Reopen Following Winter Break
15 Jan	Lee/Jackson/King Day
18 Jan	End of Second Grading Period (49 days)
19 Jan	Teacher Workday (Schools Closed)
22-26 Jan	Intercession Days (Schools Closed)
29 Jan	Second Semester Begins
30 Jan	Report Cards
27 Feb	Progress Reports

28 Mar	End of Third Grading Period (43 days)
29-30 Mar	Teacher Workdays (Schools Closed)
02-13 Apr	Intercession Days (Schools Closed)
16-20 Apr	Spring Break (Schools Closed)
24 Apr	Report Cards
22 May	Progress Reports
28 May	Memorial Day (Schools & Offices Closed)
20 Jun	End of Fourth Grading Period (42 days) Last Day for Students
21 Jun	Teacher Workday

<b>Name:</b> Newport News City Public School District		
<b>Address:</b> 12465 Warwick Blvd.		
<b>City:</b> Newport News,, VA 23606		
<b>Phone:</b> (757)591-4500 (Administration)		
<b>WWW Link:</b> <a href="http://www.sbo.nn.k12.va.us">http://www.sbo.nn.k12.va.us</a>		
<b>Comments:</b>		
Special Education	591-4613	
Adult Education	591-4730	
<p><b>HOURS:</b> 7:35am-9:05am Start times for Elementary Schools  2:10pm-3:40pm End times for Elementary Schools  8:25am-2:55pm Middle Schools  7:30am-2:00pm High Schools  2:10pm-3:15pm Optional 7th period</p>		
<b>SAT Averages</b>		
High School	Verbal	Math
Denbigh '97/'98	472	461
Heritage '97/'98	431	422
Menchville '97/'98	498	483
Point Option '97/'98	471	424
Warwick '97/'98	489	469
Woodside '97/'98	483	459
State '97/'98	507	499
National '97/'98	505	512
<p><b>Graduation Requirements</b>  Must complete 21 credit hours for regular study; advanced programs require 23 credit hours.</p>		
<p><b>Special Programs</b>  All schools-comprehensive and magnet programs and specialty academics-are built around the same core curriculum in all disciplines and met all Standards of Learning. In addition to offering additional study in specific areas, magnet programs provide a solid foundation in all subjects. This means, for example, that students in a Math, Science and Technology elementary magnet, like all elementary students, also study reading, language arts, social studies, the arts, and physical education.</p>		
<p>Newport News Schools  2000-2001 School Calendar</p>		
<p>21-25 Aug New Teachers Report  28-31 Aug All Teachers Report (staff development/teacher workdays  01 Sep Teacher Workday  04 Sep Labor Day (Offices closed)  05 Sep All Students Report  13 Oct Conference Day (Pupils dismissed 1/2 Day)*</p>		

07 Nov	Teacher Workday (Pupils do not report)
22 Nov	Thanksgiving Holiday begins at the end of the workday (Schools dismiss early)
23-24 Nov	Schools and offices closed
27 Nov	Schools reopen
21-29 Dec	Winter Holidays
22-29 Dec	Office Holidays
01 Jan	New Year's Day (Schools and offices closed)
03 Jan	Schools and offices reopen
15 Jan	Martin Luther King Day (Schools and offices closed)
26 Jan	Teacher workday (Pupils do not report)
29 Jan	Second Semester begins
16 Feb	Staff development day (Pupils dismissed 1/2 day)
19 Feb	President's Day (Schools and offices closed)
09 Mar	Conference Day (Pupils dismissed 1/2 day)*
30 Mar	Teacher Workday (Pupils do not report)
13 Apr	Spring holiday begins at end of workday
16-20 Apr	Spring Holiday
16-17 Apr	Office Holiday
23 Apr	Schools reopen
28 May	Memorial Day (Schools and offices closed)
12-14 Jun	Schools dismiss early
14 Jun	Last Student day
15 Jun	Teacher workday

\*- All schools need to schedule at least one evening conference period, preferably in the fall.

If make-up days are necessary, they will be made up at the Superintendent's direction, by using available teacher days, Saturdays, holidays, and/or Spring Break days. If neither of the two emergency days scheduled in the 2000-2001 calendar are used, May 25, 2000, and June 14, 2001, would be student holidays. If there is only one emergency day remaining in the calendar, June 14, 2001, would be the student holiday for that one emergency day.

**Marking Periods**

**Interims**

Period	Ends	Reports Issued
1	October 4	October 9
2	December 13	December 18
3	February 28	March 5
4	May 9	May 14

**9 Weeks Reports**

Period	Ends	Reports Issued
1	November 6	November 20
2	January 25	February 6
3	March 29	April 10
4	June 14	(mailed out)

<b>Name:</b> Poquoson City Public School District
<b>POC:</b> Administration
<b>Address:</b> 500 City Hall Ave., P.O. Drawer 2068
<b>City:</b> Poquoson, VA 23662
<b>Phone:</b> 757-868-3055
<b>Comments:</b> Special Education 868-3050 Hours Primary 9:00am - 3:10pm Elementary 8:25am - 2:40pm Middle 7:55am - 2:21pm High School 7:25am - 1:55pm 7:10am - 2:05pm-Optional 7th periods hrs  SAT Averages High School Verbal Math Poquoson '97/'98 540 543 State '97/'98 507 499 National '97/'98 505 512  Graduation Requirements Must complete 22 credit hours for standard diploma; advanced diploma requires 24 credit hours.  Poquoson City Public Schools 1999-2000 School Calendar  19 Aug New Teachers Report 26 Aug All teachers report 06 Sep Labor Day Holiday (Schools closed) 07 Sep Students Report 08 Oct 1/2 day for students/Homecoming 29 Oct PPS & PES Parent Conference - 1/2 day 04 Nov End of first grading period 05 Nov PPS & PES Parent Conference - 1/2 day 24 Nov 1/2 day for students 25-26 Nov Thanksgiving Holiday 17 Dec Schools close at end of day for holiday 03 Jan Schools Reopen 17 Jan Lee/Jackson/King Day Schools Closed 25,26,27 Jan High School Exams 27 Jan End of first Semester 28 Jan Teacher work day 21 Feb Presidents Day Schools Closed 17 Mar Staff Development Day 07 Apr 1/2 day for students end of third grading period 24-28 Apr Spring Vacation Schools closed 29 May Memorial Day holiday Schools Closed 13,14,15 Jun High School Exams 15 Jun Last day of school PMS, PHS (90 days) 16 Jun Last day of school PPS, PES (91 days) 17 Jun Graduation  One snow day built into the calendar.

Interim Reports: 6 October, 8 December, 1 March,  
10 May  
Report Cards: 12 November, 4 February, 14 April,  
23 June

<b>Name:</b> Williamsburg-James City County Public School District		
<b>POC:</b> Administration		
<b>Address:</b> P.O. Box 8783		
<b>City:</b> Williamsburg, VA 23187--8783		
<b>Phone:</b> 757-253-6777		
<b>Comments:</b> Special Education 229-9252		
Hours Elementary School 9:10am - 3:40pm Middle School 7:40am - 2:40pm High School 7:40am - 2:40pm		
SAT Averages		
High School	Class of '97	Class of '98
Lafayette	1,022	1,029
State		1,006
National		1,017
Graduation Requirements Must complete required 21 credit hours for regular study, advance program requires 23 credit hours.		
Williamsburg-James City County Schools 1999-2000 School Calendar		
30 Aug-03 Sep Teacher Workdays		
07 Sep School Year Begins (Early release K-5)		
01 Oct Secondary interim reports		
04 Oct Secondary Teacher Workday - Student Holiday		
02 Nov K-12 Teacher Workday (Student Holiday)		
05 Nov End of First Grading Period		
08 Nov K-12 Teacher Workday (Student Holiday)		
09 Nov Elementary Parent Conferences (Student Holiday K-5)		
Grades 6-12 regular schedule		
10 Nov Elementary Parent Conferences (Early release K-5)		
24 Nov Thanksgiving Break Begins Midday		
25-26 Nov Thanksgiving Break		
10 Dec Secondary Interim reports (K-5 Regular schedule,		
6-12 Early release)		
22 Dec Winter Break Begins at Midday		
23 Dec-		
03 Jan Christmas Break		
04 Jan Schools Reopen		
17 Jan Lee, Jackson, King Holiday		
26-27 Jan Midyear Assessments/Teacher Workday		
K-5 dismiss at 11:00/6-8 dismiss at 12:00/		
9-12 dismiss at 12:00		
28Jan Elementary/Parent Conferences-Student		

Holiday
31 Jan Secondary Teacher Workday-9-12 Student Holiday
21 Feb Presidents' Day Holiday
03 Mar Secondary Interim Reports-K-5 Regular schedule
Grades 6-12 - Early Release
07 Apr Teacher Workday (No School For Students)
24-28 Apr Spring Break
12 May Secondary Interim Reports-K-5 Regular schedule
Grades 6-12 - Early Release
29 May Memorial Day
13 Jun Elementary Teacher Workday (No school K-5)
15-16 Jun Secondary Exams K-5 Regular schedule
Grades 6-12 dismissed at 12:00 June 15-16
16 Jun Last day of School-K-5 dismiss at 11:00, 6-12 dismiss at 12:00
Make-up Days: January 28th, February 26th, and Saturdays as designated by the Superintendent.
Early Release Days: On Early Release Days, high school students are dismissed at 10:45 a.m.

<b>Name:</b> York County Public School District		
<b>POC:</b> Administration		
<b>Address:</b> 302 Dare Rd.		
<b>City:</b> Yorktown, VA 23692		
<b>Phone:</b> (757)898-0300		
<b>WWW Link:</b> <a href="http://www.myschoolonline.com">http://www.myschoolonline.com</a>		
<b>Comments:</b>		
Public Information 898-0391		
Special Education 898-0308		
Personnel Office 898-0392		
Adult Education 898-0329		
Elementary School		
8:30am - 3:05pm Bethel Manor, Grafton-Bethel, Tabb, Coventry, Magruder, Mt. Vernon, Dare		
9:00am - 3:20pm Yorktown, Seaford, Wall Mill		
8:30am - 2:50pm Magruder		
Middle School		
8:10am - 2:21pm Queens Lake, Tabb, York, Grafton		
8:10am - 2:31pm Yorktown		
High School		
7:20am - 1:41pm Bruton, Tabb, York, Grafton		
SAT Averages		
82% of the graduating seniors took the SAT with the following scores:		
High School	Class of '97	Class of '98
Bruton	1,025	999
Grafton	New school	1,049
Tabb	1,062	1,016
York	1,043	1,012
State		1,006
National		1,017
Graduation Requirements		
Must complete required 21 credit hours for regular study, advance program requires 23 credit hours.		
Special Programs		
Naval JROTC; Extended (Gifted Program); School of the Arts; Honors Program; Pre-International Baccalaureate; Alternative School.		
York County Schools		
2000-2001 School Calendar		
04 Sep	Labor Day Holiday	
05 Sep	All Students Report	
06 Oct	1/2 Day for students - 1/2 Day Student assessment	

06 Nov	First Quarter Ends
07 Nov	Election Day (Student Holiday) - 1/2 Day Site-Based
	Professional development, 1/2 Day
	Student assessment
08 Nov	Second Quarter Begins
13 Nov	Veterans Day (Student Holiday)
	Elementary-Parent Conference
	Secondary-Site-Based Professional Development
22 Nov	1/2 Day Instruction, 1/2 Day Early Dismissal
23-24 Nov	Thanksgiving Holiday
27 Nov	Schools Reopen
08 Dec	1/2 Day Instruction, 1/2 Day Student Assessment
21 Dec	Last Day Before Winter Holiday
	1/2 Day Instruction, 1/2 Day Early Dismissal
02 Jan	Student Holiday-Teachers and Office Staff report
03 Jan	Students Report
15 Jan	King Day Holiday
23-25 Jan	High Schools-Exams (Grades K-12 Exam Early Dismissal Days)
26 Jan	Student Assessment Day (Student Holiday)
	Second Quarter Ends
29 Jan	Third Quarter Begins
19 Feb	Presidents Day Holiday
02 Mar	1/2 Day Instruction, 1/2 Day Student Assessment
30 Mar	1/2 Day Instruction, 1/2 Day Student Assessment
02 Apr	Fourth Quarter Begins
16-20 Apr	Spring Break
04 May	1/2 Day Instruction
	1/2 Day Assessment
23 Apr	Offices and Schools Reopen
28 May	Memorial Day
12-14 Jun	High/Middle Schools follow exam schedule;
	Elementary Schools dismissed early
14 Jun	Last Student Day
15 Jun	Teacher Workday
	Graduation
In the event of unanticipated school closings, identified holidays and teacher workdays may become student days.	

## Public and DODDS Schools

Each child entering the Virginia school system must have a complete physical within the last year prior to enrollment. This requirement is mandated through Virginia Commonwealth law. You should try to get each school age child a physical prior to departure from your current base. Although physicals can be administered at the Langley hospital, appointments are on a space available basis only.

The minimum requirements for immunizations are:

4 DPT - first dose after first birthday, fourth dose after fourth birthday

3 OPV - first dose after first birthday, third dose after fourth birthday

2 MMR - first dose after first birthday, second dose after fourth birthday (Minimum of one month separation between these two doses)

1 Rubella after 365 days of life

1 Mumps after 365 days of life

Tuberculin Skin Test as directed by physician

Birth certificates from the state where the child was born are required. Certificates issued by a hospital or agencies other than the state government are not sufficient. For U.S. citizens with children born outside the United States, the Certification of Birth of U.S. Citizen's born abroad, issued by the State Department, is sufficient. All students enrolled in public school are required to have a social security number.

Home Schooling - Contact the local school district for information.

Base School Zoning

Main Base

Elementary

Burbank Elementary School 825-4642

Middle School

Lindsay Middle School 825-4560

High School

Hampton High School 825-4430

Bethel Manor

Elementary

Tabb Elementary School	898-0372
Mt. Vernon Elementary School	898-0480
Bethel Manor Elementary	867-7439

#### Middle School

Grafton Middle School	898-0525
Tabb Middle School	898-0320

#### High School

Tabb High School	867-7400
Grafton High School	898-0530

Refer to Education Overview.

### Private Schools

The Peninsula has numerous private schools at every level of schooling. Many are religiously affiliated. A recommended first step is to call the school for information about grades, curriculum, tuition and schedules. The following is a list of some of the larger private institutions.

There are waiting lists at many schools, particularly for first grade classes. Most schools require admissions tests. Tuitions vary widely and increase with the grade level at most institutions. Preschoolers can pay as much as \$2,000 for five-day week program. High school costs can range from \$3,000-\$5,000 a year. In addition to basic fees, students pay for books and transportation. Not all private schools are accredited.

#### Hampton

Bethel Christian School, K-12	826-7710/7711
Calvary Covenant School, K-6	262-0062
Emanuel Lutheran School, Pre-5	723-8782
Gloria Dei Lutheran School, Pre-5	851-6292/838-2355
Hampton Christian High School	838-7427
St. Mary Star of the Sea, Pre-8	723-6358

#### Newport News

Denbigh Baptist Church, K-12	249-2654
Denbigh Christian Academy, Pre-4	874-4851
Denbigh Christian Academy, 5-6	874-8661
Orcutt Baptist School, Pre-7	249-2323
Hampton Roads Academy, 6-12	249-0303
Our Lady Mt. Carmel School, K-7	596-2754

Peninsula Christian School, Pre-2	838-6950
Peninsula Christian School, K-12	244-2117/357-3707
Peninsula Catholic High School, 8-12	596-7247
Parkview Christian Academy, K-3	826-4074
St. Andrew's Episcopal, K-5	596-6261
Trinity Lutheran School, Pre-8	245-2576
Warwick River Christian School, Pre-5	877-2941

#### Williamsburg-James City County

Walsingham Academy Lower School, Pre-7	229-2642
Walsingham Academy Upper School, 8-12	229-6026
Williamsburg Christian Academy, K-12	220-1978

For further information about accreditation contact:

Virginia Department of Education  
 Monroe Bldg. 101 N. 14th St.  
 Richmond VA 23219  
 (757) 225-2020

### Colleges and Universities

**OVERVIEW** Robotics, medicine, oceanography and business programs attract some Hampton Roads students, while others prefer to concentrate on law, education, art or music. Whether students are recent high school graduates, professionals seeking advanced degrees or seniors developing a second career, the many colleges of Hampton Roads can accommodate a wide range of personal goals. The area's long educational tradition began in 1963 with the founding of the College of William and Mary and continues to expand in depth and scope on Campuses throughout the region.

#### RESIDENCY REQUIREMENTS FOR IN-STATE

**TUITION** The 1995 Virginia general assembly's budget does not include funding for tuition discounts at state colleges and universities for dependents of active duty personnel. As a result, dependents who are not bona fide legal residents of Virginia will be charged the full out-of-state tuition rate at state colleges and universities as of 1 July 1994. A Virginia resident is one who has been domiciled in and is and has been an actual bona fide resident of Virginia for a period of at least one year. Normally, the intent of domicile is evidenced through the filing and payment of state income tax, voter registration, automobile registration, driver's license and the like. Specific requirements can be obtained from college admissions offices. Non-working spouses and dependent children may qualify as in-state students if the military sponsor has established legal domicile in



Virginia for at least a year. Working spouses may become Virginia residents by satisfying domicile requirements, including the payment of Virginia income tax on at least \$8700. This qualification also entitles children for in-state status if the working non-military parent claims them as dependents for tax purposes. Personnel using payment such as G.I. Bill benefits will pay out-of-state charges unless they are Virginia residents. The one-year waiting period to establish residency may be waived for active duty members who choose to pay Virginia income tax. To initiate payment of Virginia income tax, members should contact the disbursing office maintaining their pay record and complete a DD 2058 in duplicate. For additional information of obtaining a waiver, contact the school's admissions office.

Advanced Technology Institute 490-1241  
5700 Southern Blvd.,  
Virginia Beach, VA 23462

Christopher Newport University 594-7015  
1 University Place  
Newport News, VA 23606-2998  
1-800-333-4268  
Langley AFB Education Center 764-3662

Christopher Newport University is a dynamic university offering more than fifty undergraduate and graduate programs to 5,000 students in the liberal arts, business, science and technology. Located in the heart of Newport News, CNU's beautiful 110-acre campus attracts students from throughout Virginia and beyond. CNU's stellar performing and fine arts program will soon be located in the new Center for the Arts. The Center, designed by the world renowned architectural firm Pei Cobb Freed & Partners, will attract famous artists and performers from around the world. Specialties Undergraduate degrees within the College of Liberal Arts and the College of Business, Science and Technology. Graduate degrees in applied physics, computer science, environmental science, nursing, applied psychology and teaching.

College of William and Mary 221-3999/4000  
P.O. Box 8795  
Williamsburg VA 23187-8795  
Admissions 221-4223

The second oldest college in the nation, William and Mary continues to be recognized as one of the best in the country. The Marshall-Wythe School of Law, founded in 1779, was America's first law school. The School of Marine Science/Virginia Institute of Marine Science and the School of Education offer

undergraduate through doctoral degrees. A growing emphasis has been placed on undergraduate programs in international studies, public policy, American studies and applied science. The public institution has an enrollment of 7,700 of which 2,000 are graduate students.

Specialties Strong undergraduate education in the arts and sciences, with graduate schools in business, education, law and marine science.

Bryant and Stratton 499-7900  
1120 W. Mercury Blvd.  
Hampton, VA 23666  
Virginia Beach 838-2122

Offerings include medical and legal assistant programs and computer and business courses.

Computer Dynamics Institute  
5361 Virginia Beach Blvd.,  
Virginia Beach, VA 23462

Eastern Virginia Medical School 446-5600  
721 Fairfax Ave.  
Norfolk, VA 23507

Established in 1973, admission to the school is extremely competitive, with 7,000 applications received annually for 100 slots. The medical school is associated with 30 area health facilities, providing extensive clinical experience. The public/private institution has an enrollment of 400 medical students and 300 graduate medical students. Specialties Ph.D. in Clinical Psychology and Biological Science, master's in art therapy, and certificate in surgical assistance. The Medical School is governed by the Medical College of Hampton Roads.

ECPI College of Technology 838-9191  
1919 Commerce Dr., Ste. 200  
Hampton, VA 23666

Embry-Riddle Aeronautical University 764-2662  
P.O. Box 65477  
Langley AFB, VA 23665  
Fort Eustis Office 887-0980

Embry-Riddle Aeronautical University offers Master of Aeronautical Science and Master of Business Administration in Aviation. We also offer Associate and Bachelors of Science degrees in Business Administration, Management of Technical Operations and Professional Aeronautics.

Florida Institute of Technology 887-2488

P.O. Box 4323  
Ft. Eustis, VA 23604-0323  
email: fteche@pinn.net

Tuesday and Thursday's From 8:00 a.m. - 11:00 a.m.  
at:

Langley AFB, VA 764-4658  
Fort Monroe, VA 728-5742  
Norfolk, VA 440-9005

Florida Tech is a top-rated National University which has taught evening business courses in the Hampton Roads Virginia area since 1976. Locally, Florida Tech offers ten different masters degree programs. Each course is one evening per week, and programs are open to all qualified members of the military and the general public. Faculty have doctorates in their subject areas, and extensive professional experience in the topics they teach. Specialties Masters degree options include a Professional MBA, MS/Systems Management, MS/Systems Management with a concentration in Information Systems, MS/Management with five possible concentrations in Health Care, Human Resources, Acquisition and Contract Management, Logistics or Transportation, and a specialized MS/Acquisition and Contract Management degree.

George Washington University 838-8100  
Hampton Roads Center One Enterprise Pkwy.  
Hampton, VA 23666

The George Washington University, located in Washington, DC., has two satellite campuses located in Hampton. The Hampton Roads Center offers graduate programs in curriculum and instruction, elementary/secondary administration and supervision, administration and policy, higher education administration and human resource development. The NASA Langley Research Center offers graduate engineering courses in aeronautics, astronautics, fluid mechanics, thermal sciences, and structural engineering, structural dynamics. Geared to working adults, classes are held evenings and weekends on the Peninsula and Southside. Specialties Master's program in human resource development, higher education, elementary/secondary administration and supervision, curriculum and instruction, engineering administration and aerospace engineering.

Hampton University 727-5000  
E. Queen St.  
Hampton, VA 23668

Located on a picturesque waterfront campus, the private liberal arts institution offers bachelors degrees in 47 fields and masters degrees in 19 fields, including the MBA along with one doctorate program. Enrollment is 5,700. The new five-story, 125,000-square-foot library has a capacity for more than 600,000 books. The University Museum houses one of the country's largest collections of African-American art.

Specialties Forty-seven disciplines with an emphasis in science, engineering, business (including MBA), humanities, teacher education, architecture, nursing, and Ph.D. in physics.

Johnson & Wales University at Norfolk 853-3508  
2428 Alameda Ave., Ste. 316  
Norfolk, VA 23513  
Admissions (800) 277-2433  
Student services (800) 598-3633

Specialties Culinary arts education, two-year associate program and one-year certificate program are offered on day schedules and weekend/evening schedules. Non-credit, hands-on recreational cooking classes are offered in the evenings. Approved for VA benefits and military tuition assistance programs.

New Horizons Regional Education Center 766-1101  
520 Butler Farm Rd.  
Hampton, VA 23666

Norfolk State University 683-8396  
2401 Corprew Ave  
Norfolk, VA 23504

One of the fastest-growing educational institutions in the state, the university's nine schools offer 14 master, 43 bachelor and four associate degrees. The unique Dozoretz National Institute for Minorities in Applied Sciences focuses on education in basic and applied sciences, including health-related professions. Enrollment is 8,600. Specialties Historically, the academic emphasis at NSU has been on the liberal arts. The academic focus now also includes the sciences, high technology disciplines, research and offers 70 undergraduate degree programs and 14 graduate programs with an emphasis on social work, business, science, and nursing.

Old Dominion University 683-3637  
102 Rollins Hall  
Norfolk, VA 23529.

One of Virginia's leading Ph.D. research institutions, Old Dominion emphasizes a global perspective, community outreach and distance education. It has one of the top five coastal physical oceanography programs in the country and is a leader in nuclear physics through a cooperative program with the Thomas Jefferson National Accelerator Facility. In addition to the extensive Norfolk campus, Old Dominion has centers in Hampton, Virginia Beach, and Portsmouth. Specialties Over 65 bachelor's programs, 60 master's programs, 2 certificates of study, and 27 doctorate programs with an emphasis on international affairs, health occupations, physical therapy, business, urban studies, fine and performing arts, engineering and technology and science.

Paul D. Camp Community College 569-6700  
P.O. Box 737  
Franklin, VA 23851

Associate degrees, career studies certificates, college preparatory courses and occupational/technical training, arts, sciences and business. Also offers adult education/literacy programs.

Rappahannock Community College  
North Campus, Warsaw, Richmond County,  
CampusGlenns, Gloucester

Associate degrees and certificates, college preparatory courses and occupational and technical training. RCC also offers adult education programs.

Regent University 226-4127  
1000 Regent University Dr.  
Virginia Beach, VA 23464-9800

Regent University is a Christian Graduate School with programs in business, organizational leadership, education, counseling, divinity, government, law, and communication. The M.A., M.Ed., Ed.S., MBA, M.Div., D.Min., Ph.D., and J.D. degrees are offered, as well as Distance Education in business, and some areas of divinity and communication. The Master Teacher Program and the Ministries and Human Services Program allow qualified students to earn their M.A.'s in just 10 months.

St. Leo College 766-1812  
450 Weyland Rd  
P.O. Box 65629

Saint Leo College is a Catholic, coeducational liberal arts college offering associate, bachelor and master degrees. The home campus is located north of Tampa, Florida. The college extends its degree

programs to the working adult, including members of the United States military community in Virginia, South Carolina, Georgia, Texas and Florida. The college is committed to providing educational services on military installations and at other places and times unique to adult learners. Specialties The Tidewater Center, which includes offices of Langley Air Force Base, Fort Eustis, and Naval Amphibious Base, offers programs leading to the Associate of Arts, Bachelor of Arts and science degree. Courses are held during the day, evenings and weekends in an accelerated nine-week format. Students may major in Business Administration, Computer Information Systems, Criminology, Human Resource Administration, Public Administration, Psychology, Religion, and Sociology. Specializations in Accounting, Computer Information Systems, Health Services, Management, Technology Management, and Marketing are part of the Business Administration degree.

Thomas Nelson Community College 825-2700  
99 Thomas Nelson Dr.  
P.O. Box 9407  
Hampton

College preparatory courses, associates degrees, career studies certificates and occupational and technical training. Also offers continuing education courses for adults and various children's programs.

Tidewater Community College  
7000 College Dr.  
Norfolk 822-1111  
Chesapeake 822-5100  
Virginia Beach 822-7100  
Portsmouth 822-2122

Multi-campus public college offering 109 programs, including business, health sciences and vocational-technical areas. The recently opened Norfolk/Thomas Mass Jr. Campus also offers evening classes. Specialties College preparatory courses and occupational and technical training.

Tidewater Tech 340-2121  
2697 Dean Dr., Ste. 100  
Virginia Beach

Troy State University  
P.O. Box 15218 Bldg. CEP 87 Room 207  
Norfolk Naval Base  
Norfolk 451-8202  
Fort Eustis 878-2083  
Fort Monroe 728-5742  
Langley AFB 764-4658

Troy State University (TSU) is a global provider of graduate education that has responded to the needs of active duty service members, Department of Defense personnel, their family members and other interested students around the world. The Troy State University System provides five graduate programs throughout the Tidewater area: Master of Business Administration, Master of Science in Human Resource Management, Master of Science in Management, Master of Science in Foundations of Education and Master of Public Administration with concentrations in Public Management, Public Personnel Management, Justice Administration, Education, Health Care Administration, and Management Information Systems. TSU Site Offices are located at Langley AFB Education Center, Forts Eustis and Monroe, and on naval Bases in Norfolk and Virginia Beach. Classes are held in the evenings, one night a week or on three weekends, to accommodate the busy life style of the adult student. TSU offers five ten week terms per year allowing for completion of graduate course requirements in one year. Professional Military Education (PME) credits are also accepted as transfer credit for applicable course work.

University of Virginia 982-3200  
P.O. Box 9017  
Charlottesville, VA 22906

The University of Virginia, founded in 1819 by Thomas Jefferson, is consistently rated among the best institutions in the country. Its 11,500 undergraduate and 6,500 graduate students work with faculty members who are committed teachers and outstanding scholars. Undergraduate courses of study include architecture, commerce, engineering, education, nursing, and the arts and sciences. Graduate and professional students work in these fields and in law, medicine, and business.

Virginia Commonwealth University (VCU) 828-1222  
821 W. Franklin St.  
Box 2526  
Richmond, VA 23284

Virginia Technical Graduate Center (540) 231-6267  
Virginia Polytechnic Institute and State University)  
104 Burruss Hall  
Blacksburg, VA 24061-0202

Virginia Tech Grad Center 552-1880  
Hampton Roads Graduate Center  
Pembroke Four  
Virginia Beach , VA 23462

Virginia Wesleyan College 455-3263  
1584 Wesleyan Dr.  
Norfolk, VA 23502-5599  
Adult Studies 455-3214  
M-Th 9:00am-8:00pm  
Friday 9:00am-4:00pm

Three majors with classes in evenings and on weekends. No out-of-state tuition. Approved for military tuition assistance program. Teacher certification program for already degreed individuals. Email asp@vwc.edu.

Day Program 455-3208  
M-F 8:30am-4:30pm

A broad liberal arts curriculum with undergraduate degree programs in 35 areas. No out-of-state tuition. Small, conveniently located campus near I-64. Email admissions@wc.edu.

Day Program 455-3208 M-F 8:30am-4:30pm A broad liberal arts curriculum with undergraduate degree programs in 35 areas. No out-of-state tuition. Small, conveniently located campus near I-64. Email admissions@wwc.edu.

## **Adult or Continuing Education**

Refer to Colleges and Universities.

## **Employment**

### **Employment Overview**

#### **EMPLOYMENT OVERVIEW**

Good Prospects - Medical facilities, sales Fair Prospects - Colleges, Universities Poor Prospects - Mid-management positions

EMPLOYMENT RESOURCES Virginia  
Employment Commission (VEC) 727-4884 1320  
LaSalle Ave Hampton

VEC-Grafton FT. Eustis 878-0906 Army  
Community Service Ft. Eustis Orientation program  
everyday beginning at 8:30am.

Family Support Center 764-0644 376 Clarke Ave., Ste. 110 Langley AFB Visit our Resource Center and ask about our employment seminars.

Family Member Employment Assistance Program (FMEAP) 878-0920/3638 Army Community Service, Ft Eustis

## **Federal Civilian Employment for Spouses**

See Government Employment Section.

## **Permanent Employment Resources**

JOBLINE LISTINGS Canon Virginia, Inc 881-6020 Christian Broadcast Network (CBN) 579-3850 CBN Application Requests (800) 888-7894 City of Hampton - Human Resources 727-6406 City of Newport News - Personnel Office 247-8456 City of Norfolk 627-8768 City of Williamsburg - Personnel Dept 253-6736 Colonial Williamsburg 220-7129 Continuous Electron Beam Accelerator Facility 249-7359 C&P (800) 582-8072 Bell Atlantic (800) 564-0999 Daily Press 247-7890 Eastern State Hospital 253-5280 First Hospital Corporation 459-5115 Langley AFB Civilian Personnel Office 764-4892 Mary Immaculate Hospital 886-6800 Maryview Medical Center - Human Resources 398-2240 Norfolk Naval Base - Civ Personnel Office 444-7541 Norfolk Naval Base Alternate number 444-8709 Old Dominion University Dial-A-Job 683-3463 Peninsula Civilian Personnel Spt Activity PCPSA 873-3152 PCPSA-Non-Appropriated Funds 878-2906 PRC - National Listing (703) 556-2300 Recruiting New Teachers - Info only (800) 458-3224 Riverside Regional Medical Center 594-3028 US Government Employment Info Service 441-3355

**MAJOR BUSINESSES** Top 10 Local Private Employers

**NEWPORT NEWS SHIPBUILDING** Despite a continuing decline in workers, the big shipbuilder leads the area with 20,750 on the payroll.

**SENTARA HEALTH SYSTEM** Owns health-care facilities, from hospitals to fitness centers to emergency stations. It employ 9,500.

**FARM FRESH** Has 5,950 folks stacking the grocery shelves and operating the cash registers.

**RIVERSIDE HEALTH SYSTEM** This Peninsula company has 5,000 employees.

**ANHEUSER-BUSCH** Brews beer and oversees Busch Gardens, the popular theme park, both near Williamsburg. The two operations keep 4,025 on the payroll.

**SMITHFIELD FOODS** Keeps 3,560 people, a slight increase over last year, busy making hot dogs and lunch meat and curing hams. It has plants in four Hampton Roads localities.

**FOOD LION** Is the second-largest supermarket chain in Hampton Roads. It employs 3,100, the same as last year.

**COLONIAL WILLIAMSBURG** Is a non-profit foundation that has a payroll of 3,000.

**LILLIAN VERNON** Has 3,000 people filling the mail orders.

**VIRGINIA POWER** The electrical utility, has 2,855 employees.

<b>Name:</b> Virginia Employment Commission (VEC)
<b>Address:</b> 1320 LaSalle Ave.
<b>City:</b> Hampton
<b>Phone:</b> (757) 727-4884
<b>Comments:</b> Hours M-F 8:15am-4:30pm

## **Temporary Employment Resources**

Hampton

**Olsten Health Services** 827-0329  
2115 Executive Dr.  
Specializing in office services, accounting services, legal support, production/assembly/distribution, office automation.

**ProTemps** 827-5155  
1919 Commerce Dr., Ste.  
120 Areas of employment include word processing, secretarial, data entry, accounting, light industrial, landscaping, drivers, warehousing.

**Select Staffing Services** 827-7890  
22 Enterprise Pkwy., Ste. 100  
Specializing in office support, word processors, receptionists, accounting and data entry.

Newport News

**Caliper** 595-2317  
813 Diligence Dr.

Technical, professional, clerical and Mechanical as needed. Turnkey, marine and heavy industrial. Also Drafters, designers, engineers, millwrights, welders, riggers, ironworkers, outside machinists, pipefitters, shipfitters, technicians, industrial mechanics, blasters, inside machinists, general labor.

Contract Technical Resources Corp. (CTR) 873-6723  
1843-C Canon Blvd.  
Contract, direct, temporary and permanent employment. Specializing in engineers, designers, skilled craftsmen, drafters, technicians systems analysts and programmers.

Kelly Temporary Services 873-8739  
813 Diligence Dr., Ste. 121-D  
Specializing in office support, marketing, light industrial, or technical support work.

Lee Staffing Resources 873-0792 703  
Thimble Shoals Blvd., Ste. B-1  
Specializing in clerical, industrial, professional and technical.

Manpower Temporary Service 873-2260  
11832 Rock Landing Dr., Ste. 204  
Specializing in word processing, data entry, secretaries, clerical, assembly, packaging, and more.

Olsten Staffing Services 881-9760  
12350 Jefferson Ave., Ste. 100  
Specializing in offices services, accounting services, legal support, production/assembly/distribution, office automation.

Reliance Staffing Services 873-6644  
751 E. Thimble Shoals Blvd.  
Specializing in office support/bookkeepers, word processing/data entry, engineers/designers, technicians/mechanics, warehouse/truck drivers, forklift operators/laborers, electronic and mechanical assembly, janitorial, lawn care.

Sentara Personnel Services 466-0446  
8 Kroger Executive Center, Ste. 211  
Serving the medical community.

Staffing Advantage 873-6603  
739 Thimble Shoals Blvd., Ste. 1011-A  
Specializing in placement of professional and support staff.

## Non-Paid or Volunteer Opportunities

WHAT'S IN IT FOR ME? The Volunteer Resource Program was designed to enhance volunteerism while rewarding those individuals who volunteer 25 hours or more during any given month. Current incentives include volunteer parking permits at the Base Exchange, Commissary, Hospital and Golf Course and early Commissary shopping coupon. Free child care is also available for volunteers up to 30 hours per month, per family. Contact the Volunteer Coordinator at the Family Support Center for more details

### Langley AFB Volunteer Opportunities

Airman's Attic	(757) 764-1363
American Red Cross	(757) 764-2652
Bethel Manor Mayors	(757) 865-9041
Bethel Manor Elementary PTA	(757) 766-3192
Boy Scouts	(757) 764-5058
Chapel	(757) 764-2652
Education Services	(757) 764-7179
Family Support Center	(757) 764-3990
Family Services Loan Locker	(757) 764-0655
Girl Scouts	(757) 595-9802
Hospital	(757) 764-6384
Housing Management Office	(757) 764-5048
Officer's Wives Club	(757) 766-2110
Retiree Activities Office	(757) 764-7386
Services Squadron	(757) 764-2918
Skylarks	(757) 766-9418
Thrift Shop	(757) 764-8198

## Chambers of Commerce

Peninsula Chamber of Commerce (757)766-2000 6  
Manhattan Square, Ste. 100 Hampton, VA 23666

Hampton Roads Chamber of Commerce (757)622-  
2312 420 Bank Ste. Norfolk, VA 23510

Williamsburg Chamber of Commerce (757)229-  
6511 201 Penniman Rd P.O. Box 3620  
Williamsburg, VA 23185

## Private Sector Employment

<b>Name:</b> ABB Power T & D Company
<b>Address:</b> 2520 58th St.
<b>City:</b> Hampton
<b>Phone:</b> (757) 838-8080
<b>Comments:</b> Hours M-F 8am-5pm Manufacture transformers.

<b>Name:</b> Anheuser-Busch
<b>Address:</b> 5251-26 John Tyler Hwy.
<b>City:</b> Williamsburg
<b>Phone:</b> (757) 253-4820
<b>Comments:</b> Hours M-F 8am-5pm Brewery, theme park and resort.

<b>Name:</b> Busch Gardens
<b>Address:</b> 1 Busch Garden Blvd.
<b>City:</b> Williamsburg
<b>Phone:</b> (757) 253-3020
<b>Comments:</b> Hours M-Sa 9am-4pm Runs a theme park

<b>Name:</b> Canon Virginia
<b>Address:</b> 12000 Canon Blvd.
<b>City:</b> Newport News
<b>Phone:</b> (757) 881-6020
<b>Comments:</b> Hours M-F 8am-4:45pm Manufacturer of photocopying machines and laser printers

<b>Name:</b> Colonial Williamsburg Foundation
<b>Address:</b> P.O. Box 1776
<b>City:</b> Williamsburg
<b>Phone:</b> (757) 220-7000
<b>Comments:</b> Hours M-F 8:30am-4:30pm Outdoor living history museum

<b>Name:</b> Gambro Healthcare
<b>Address:</b> 5000 Chestnut Ave.
<b>City:</b> Newport News
<b>Phone:</b> (757) 247-0105
<b>Comments:</b> Manufacture dialysis products

<b>Name:</b> Hampton University
<b>Address:</b> Armstrong Slater Bldg., Rm. 110
<b>City:</b> Hampton
<b>Phone:</b> (757) 727-5250
<b>Comments:</b> Hours M-F 8am-5pm Education institute

<b>Name:</b> HOWMET
<b>Address:</b> 1 Howmet Dr
<b>City:</b> Hampton
<b>Phone:</b> (757) 838-4680
<b>Comments:</b> Hours M-F 7:30-4:30pm Produces castings for aircraft engines and large airfoil components for industrial gas turbines.

<b>Name:</b> NationsBank
<b>Address:</b> 3 Commercial Pl. (1st Floor)
<b>City:</b> Norfolk
<b>Phone:</b> (757) 441-4451
<b>Comments:</b> Hours: T & TH 9:00-3:30pm Banking

<b>Name:</b> Newport News Inc.
<b>Address:</b> 5000 City Line Rd.
<b>City:</b> Hampton
<b>Phone:</b> (757) 827-7010
<b>Comments:</b> Hours M-F 8am-5pm Mail order catalog for apparel. Brands include Avon Fashions and James River Traders.

<b>Name:</b> Newport News Shipbuilding
<b>Address:</b> 4101 Washington Ave.
<b>City:</b> Newport News
<b>Phone:</b> (757) 380-2000
<b>Comments:</b> Hours M-F 7:30am-3:30pm Shipbuilding and repair

<b>Name:</b> Norshipco
<b>Address:</b> P.O. Box 2100
<b>City:</b> Norfolk
<b>Phone:</b> (757) 494-2964
<b>Comments:</b> Hours M-F 7:30am-11am Ship repair

<b>Name:</b> Old Dominion University
<b>Address:</b> 1510 W. 48th St.
<b>City:</b> Norfolk
<b>Phone:</b> (757) 683-3042
<b>Comments:</b> Hours M-F 12pm-5pm Educational services

<b>Name:</b> OPTON INCORPORATED
<b>Address:</b> 251 Enterprise Dr.
<b>City:</b> Newport News, VA
<b>Phone:</b> (757)888-0700
<b>Comments:</b> Manufacture precision glass. Note: Hiring done through Lee Temps. Telephone (757)873-0792 PSS (757)220-9249

<b>Name:</b> Riverside Health System
<b>Address:</b> 500 J. Clyde Morris Blvd.
<b>City:</b> Newport News, VA
<b>Phone:</b> (757)594-2025
<b>Comments:</b> Hours: M-F 8am-4:30pm Health Care

<b>Name:</b> Sentara Health System
<b>Address:</b> 6015 Poplar Hall
<b>City:</b> Norfolk
<b>Comments:</b> Main Peninsula Facility Sentara Hampton General 3120 Victoria Blvd., Hampton Telephone (757) 455-7500 (800) 736-8372 (757) 455-7559 (Southside Jobline) (757) 727-7668 (Peninsula Jobline) Hours M-F 8:00am-5:00pm  NOTE : Local jobline numbers are given out via the telephone.

<b>Name:</b> Siemens Automotive Group
<b>Address:</b> 615 Bland Blvd.
<b>City:</b> Newport News
<b>Phone:</b> (757) 875-7000
<b>Comments:</b> Hours M-F 7:30am-4:30pm Fuel injection plant

<b>Name:</b> Shorewood Packaging Inc.
<b>Address:</b> 815 Chapman Way
<b>City:</b> Newport News
<b>Phone:</b> (757) 989-1604/Lobby (757) 877-1234
<b>Comments:</b> Office Hours M-F 8am-5pm Manufacture folding cartons NOTE : Hiring done through onsite Defender Temp Services. Telephone (757) 989-1638

<b>Name:</b> Virginia Power
<b>Address:</b> Pembroke Ave. & G St.
<b>City:</b> Hampton
<b>Comments:</b> Electric Utility NOTE : For employment information contact the Virginia Employment Commission. Hiring done through VEC. Telephone (757) 727-4884

<b>Name:</b> Williamsburg Pottery
<b>Address:</b> Rt. 60 W.
<b>City:</b> Lightfoot
<b>Phone:</b> (757) 564-3326
<b>Comments:</b> Hours M-F 9am-4:30pm Import Warehouse and Outlet Center

## Government Employment

Army Air Force Exchange Service - Newport News.  
888-2800 231 Enterprise Dr Dan Daniel Distribution Center Army Air Force Exchange Service - Ft. Eustis. 887-3643 Jackson Ave Applications accepted Tuesdays and Thursdays 9am - 11am and 1:30pm - 3:30pm.

Army Air Force Exchange Service - Langley AFB 766-1264 58 Willow St. Pick up application form and complete at home. Applications accepted Tuesday and Thursday 9am - 11am & 1pm - 3pm. It is mandatory that you provide an original copy of your social security card and current name. For ex-military original or certified copy of DD Form 214, copy 4. Interviews will be conducted at time application is presented.

Army Air Force Exchange Service - Yorktown Naval Weapons Station 887-0690 Lebanon Church Rd.

Civilian Personnel Office - Langley 764-7721 45 Nealy Ave., Ste. 225 Recording 764-4892

Human Resources Office (Navy) 444-7541 HRO, Code 20, 487 East C St., Norfolk Formerly the Civilian Personnel Office. All area HRO offices are satellites of the Norfolk office; they are to serve the government personnel already employed at those facilities.

Human Resources Office Yorktown Naval Weapons Station 887-4921 Yorktown

Non-Appropriated Funds (NAF) - Ft. Eustis 878-3708 Lee Blvd



Non-Appropriated Funds (NAF) - Langley 764-2992  
52 Willow St., Rm. 210

Non-Appropriated Funds (NAF) - Yorktown 887-  
4233 Naval weapons Station Office of Personnel  
Management Norfolk 441-3355 200 Granby St.

Peninsula Civilian Personnel Support Activity  
(PCPSA) Newport News 873-3160 11824 Fishing  
Point Dr., Ste. C PCPSA is the External Recruiting  
Office for Ft. Eustis, Ft. Monroe, Ft. Story, and Ft.  
Lee.

### **Professional or Occupational Licensing**

State Licensing Dept. of Commerce Enforcement  
Division (804)367-8500/8569 Commonwealth of  
Virginia 3600 West Broad St. Richmond, VA  
23230-4917 The Department of Commerce issues  
licenses and is responsible for disciplining most of  
the businesses and occupations that the Virginia  
General Assembly has determined should be  
regulated in order for the public safety, health, and  
welfare to be protected. Regulated businesses and  
occupations regulated by the department include:  
Accountant (CPA) Interior Designers Architects  
Landscape Architects Asbestos Related Occupations  
Landscape Architects Auctioneers Land Surveyors  
Barbers Opticians Branch Pilots Polygraph  
Examiners Boxers Private Security Services Child  
Care Providers Real Estate Agents, Appraisers  
Contractors and Brokers Cosmetologists Soil  
Scientists Employment Counselors and Agencies  
Sports Agents Engineers Waste Management  
Geologists Water and Wastewater Works Operators  
Harbor Pilots Wrestlers Hearing Aid Dealers and  
Fitters

Child Care Dept. of Social Services  
8007 Discovery Dr. Richmond, VA 23219

Commission Merchant Office of Weights &  
Measures Virginia  
Dept. of Agriculture & Consumer Services  
P.O. Box 1163, Rm. 402  
Richmond, VA 23209

Cosmetology  
Cosmetology Board Dept. of Commerce (804) 367-  
8509  
3600 West Broad St.  
Richmond, VA 23230

Dental Licensure and Certification

Virginia Board of Dentistry Dept. of Health  
Professions  
1601 Rolling Hills Dr.  
Richmond, VA 23229-5005  
The Board of Dentistry handles licensure and  
certification for Dental Hygienist and Dentists.

Drivers License (Local)  
Dept. of Motor Vehicles 461-1919  
8109 Roanoke Ave.  
Hampton, VA 23605

Education Certification Dept. of Education (804)  
225-2020  
Teacher Certification  
701 E. Franklin St., 1408  
Richmond, VA 23219  
The Department of Education handles the  
certification process for: Public School  
Administrators, School Guidance Counselors, School  
Social Workers, Teachers.

Embalmer/Funeral Director (Mortician)  
Virginia Board of Funeral Directors and Embalmers  
1601 Rolling Hills Dr.  
Richmond, VA 23229-5005

Emergency Medical Technician  
Division of Emergency Medical Services Virginia  
State Dept. of Health  
1538 E. Parham Rd.  
Richmond, VA 23228

Home Business  
Hampton Commissioner of the Revenue 727-6695  
100 Old Hampton Lane  
Hampton, VA

Newport News Commissioner of the Revenue 247-  
8651  
2400 Washington Ave.  
Newport News, VA

Insurance Agent  
State Corporation Commission Bureau of Insurance  
Box 1157  
Richmond, VA 23209  
The license processing fee is \$15

Journeyman Dept. of Housing and Community  
Development  
5 North Fourth St.  
Richmond, VA 23219

Lawyer  
Virginia Board of Bar Examiners

9th & Main St.  
Richmond, VA 23219  
The application fee is \$200.

Librarian Human  
Resource Manager The Virginia State Library &  
Archives  
11th St. at Capital Square  
Richmond, VA 23219-3491

Medical Field  
Licensing Board of Medicine Division of Licensure  
& Certification (804) 662-9908  
6606 W. Broad St., 4th Floor  
Richmond, VA 23230  
This Department does the licensing and certification  
for: Acupuncturists Chiropractors Correctional  
Health Assistants Counselors (Licensed Professional)  
Occupational Therapy Personnel Optometrists  
Pharmacists Physical Therapy Personnel Physicians  
and Physicians Assistants Podiatrist Respiratory  
Therapist Speech Pathological and Audiologists

Nursing Licensure  
Board of Medicine/Division of Licensure &  
Certification Virginia Dept. of Health (804) 662-  
9908  
6606 W. Broad St., 4th Floor  
Richmond, VA 23230  
This department does the licensing and certification  
for Licensed Practical Nurse (LPN), Nurse  
Practitioners, Certified Nurses Aid (CNA), and  
Register Nurses (RN).

Practical/Registered Nurse  
Dept. for Health Professions Board of Nurses  
(804)662-9900/9909 6606 W. Broad St.  
Richmond, VA 23230-1717

Pesticide Applicator  
Office of Pesticide Management & Certification  
Licensing & Registration Section Virginia Dept. of  
Agriculture & Consumer Services (804) 786-3798  
P.O. Box 1163  
Richmond, VA 23218

Psychologist and School Psychologists  
Board of Psychology Dept. of Health Professions  
1601 Rolling Hills Dr.  
Richmond, VA 23229-5005

Real Estate  
Dept. of Commerce Real Estate Board (804) 367-  
8552  
3600 West Broad St.  
Richmond, VA 23230

Social Work  
Dept. of Health Professions (804) 662-9914  
Health Regulatory Board  
6606 W. Broad St., 4th floor  
Richmond, VA 23230-1717

Substance Abuse Counselor  
Virginia Board of Professional Counselors  
1601 Rolling Hills Dr.  
Richmond, VA 23229-5005  
The application fee is \$50. The examination fee is  
\$100. This certificate is renewable annually for a fee  
of \$50.

Teacher Certification  
Dept. of Education (804) 225-2022  
P.O. Box 2120  
Richmond, VA 23218-2120

Veterinarian, Veterinary Assistants and Veterinarian  
Technicians  
Virginia Board of Veterinary Medicine Dept. of  
Health Professions  
1601 Rolling Hills Dr.  
Richmond, VA 23229-5005  
Please check for the veterinary examination fee and  
the annual renewal fee.

Weigh Master & Weights and Measures Services  
Technician  
Office of Weights and Measures  
Commissioner of Agriculture Consumer Services  
P.O. Box 1163, Rm. 402  
Richmond, VA 23209

## Networking Opportunities

<b>Name:</b> Family Support Center Career Focus Program
<b>POC:</b> Ms. Hardy
<b>Address:</b> 376 Clarke Ave. Suite 110
<b>City:</b> Langley AFB, VA 23665
<b>Phone:</b> 757-764-3990
<b>FAX:</b> 757-764-6752
<b>Comments:</b> The Career Focus Program provides many resources for finding employment. Call or come by the Family Support Center for more details.

## Medical And Dental

### Medical and Dental Overview

For more information on this subject:

United Concordia  
<http://www.ucci.com>

**TRICARE:** Welcome to the 1st Medical Group and TRICARE. Langley AFB is part of Health Services Region 2 (Mid-Atlantic Region). The 1st Medical Group is a 35 bed medical facility, which provides a broad range of services to include: outpatient, inpatient, surgical, emergency, and obstetrical care. TRICARE was implemented in the Mid-Atlantic Region in May of 1998. The goals of TRICARE are to improve access, secure quality healthcare benefits, preserve choice, and contain costs. TRICARE Service Centers (TSCs) offer military medical appointments, civilian network referrals, benefits information, and claims assistance. There are two TSCs in the Langley/Hampton area. The 1st Medical Group (on-base) TSC is located in building 266 (main hospital complex) and is open Monday-Friday, 0700-1700 hours. The Hampton, VA (off-base) TSC is located at 514 Butler Farm Road, Hampton, VA, 23666 and is open Monday-Friday, 0800-1800 hours. TRICARE Prime Enrollment information is available by calling toll-free 1-800-931-9501, 24 hours a day. TRICARE Prime Primary Care Managers (PCMs) are available at the 1st Medical Group and surrounding military treatment facilities. There is also a substantial civilian PCM network available, which includes pediatrics and internal medicine. Many local civilian providers participate in the TRICARE Extra program and a listing of participating providers is available at either of the TSCs.

**Dental:** The 1st Dental Squadron provides comprehensive dental care to primarily active duty members only. Space available care for non-active duty beneficiaries is very limited. Dependent dental care is provided through the TRICARE Family Member Dental Plan (if enrolled). The Family Member Dental Plan is managed by United Concordia Companies, Inc. Information regarding local participating dentists can be obtained by calling 1-800-866-8499 or via the United Concordia website.

<b>Name:</b> DENTAL SERVICES
<b>City:</b> Hampton, VA
<b>Phone:</b> (757) 764-7611
<b>Comments:</b> 1st Medical Group Dental Clinic Central Appointments: (757) 764-7611  TRICARE Family Member Dental Plan (FMDP) Questions: 1-800-866-8499 Enrollment: (757) 764-2270 or enroll at Customer Service - Military Personnel Flight (MPF)

<b>Name:</b> LANGLEY PHARMACY SERVICES
<b>Address:</b> Main Pharmacy Line
<b>City:</b> Hampton, VA 23665
<b>Phone:</b> (757) 764-3784
<b>Comments:</b> Main Pharmacy Line: (757) 764-3784 BX Satellite Pharmacy (Refills) (757) 764-6419  The main hospital pharmacy is open Monday - Friday, 0730-1830 hours and Saturday from 0800-1400 hours.  The BX satellite pharmacy (refills) is open Tuesday - Friday, 1000-1730 hours and Saturday from 100-1400 hours.

<b>Name:</b> Medical Services
<b>City:</b> Hampton, VA
<b>Comments:</b> Appointments and TRICARE: 1-800-931-9501 (Main TRICARE Line)  Langley Family Practice Clinics?PCMs: Langley Red/Blue Teams: (757) 764-6865 Flight Medicine: (757) 764-6895 Bethel Clinic: (757) 764-3356

### Medical Services/Directory - on Installation

On-base medical services include: Audiology, Dermatology, Emergency Medicine, Family Practice, Flight Medicine, Gynecology, Health and Wellness, Internal Medicine, Mental Health, Obstetrics (inpatient as well as outpatient), Ophthalmology, Optometry, Orthopedics, Pediatrics, Radiology (with CT), and Urology.

Weekend and extended hours clinics (by appointment only) are available for acute conditions.

Sick call is available for active duty members Monday - Friday, 0630-0730 hours.

Emergency Services are available 7 days a week, 24-hours a day.

NOTE: Services not available at Langley are available at other military facilities (normally Portsmouth Naval Medical Center) or through civilian facilities.

### Medical Services/Directory - on Installation

<i>Clinic</i>	<i>POC</i>	<i>Number</i>
Appointments		1-800-931-9501
Ask-A-Nurse		1-800-213-5453
Emergency Services		(757) 764-6800
Family Advocacy		(757) 764-2427
Family Practice		(757) 764-6865
Health and Wellness Center		(757) 764-6321
Patient Advocate		(757) 764-1249
Pharmacy		(757) 764-3784
TRICARE Patient Representative		(757) 764-8221
TRICARE Service Center		(1-800-931-9501
Women's Health (OB/GYN)		(757) 764-6992

### Health Benefits Advisor, Wellness, and CHAMPUS/TRICARE Programs

TRICARE, Health Benefits, and Wellness Programs

TRICARE and Health Benefits: TRICARE Prime enrollment is made available for TRICARE eligible families. Patients who choose to enroll in Prime will have their own primary care manager (PCM) to handle all of their general medical needs and authorize specialty care with specific providers. Enrollment of active duty personnel assigned to Langley AFB into one of four 1st medical Group PCM teams is automatic. Dependents wishing to enroll in TRICARE Prime will be with either military or civilian PCMs. Military PCMs available in the Langley area are: 1st Medical Group, Langley AFB (Hampton VA), McDonald Army Hospital, Ft. Eustis Army Base (Newport News VA), Fort Monroe Clinic, Fort Monroe Army Base (Hampton VA). In addition to military PCMs, there over 40 civilian PCMs in the local area available to non-active duty enrollees. Enrollment or transfer of enrollment (portability) should take place as soon as possible upon arrival. Enrollment forms are available at the TRICARE Service Center or by calling 1-800-931-9501. All newcomers receive a TRICARE benefits briefing at base Right Start. Beneficiary Service Representatives are available at the TRICARE Service Center for one-on-one benefits counseling. If you choose not to enroll family members in TRICARE Prime, appointments in each of the local military hospitals are on a space available basis, which is normally very limited. Civilian healthcare

for non-enrollees is available through use of TRICARE Standard and Extra. For a complete list of TRICARE Standard and Extra providers, stop by the TRICARE Service Center.

<b>Name:</b> Ft. Eustis McDonald Army Community Hospital
<b>City:</b> Ft. Eustis, VA
<b>Phone:</b> (757) 677-6000

<b>Name:</b> HEALTH PROMOTION PROGRAM
<b>Address:</b> 58 Willow St.
<b>Phone:</b> (757) 764-6321
<p><b>Comments:</b> Hours M-F 7:30am - 4:30pm</p> <p>The Health Promotion Program coordinates awareness, education, and intervention activities in seven key areas: tobacco cessation, stress management, healthy nutrition, physical fitness, drug/alcohol abuse prevention, cancer/heart disease prevention, and self-care. Brochures are available for you and your worksite in all seven areas. Call to enroll in the following programs:</p> <p>Tobacco Cessation 764-6480 (A six week behavior modification class)  Stress Management 764-6840 (A four week course)  Stress Management 764-6840 (Briefings at the worksite)  Cycle Ergometry 764-6871  Health Assessments 764-6321 (For individuals or groups)  Weight Management 764-6789 (Individual appointments)  Counseling</p> <p>Health assessments include microfit (body fat, strength, stretch, and aerobic level).  Health Risk Appraisal (HRA), cholesterol and blood pressure screening.  Videos are available for a two week checkout on the following topics: Stress Management Series, Healthy Lifestyles Series, Cholesterol Lowering and Healthy Nutrition Videos, along with many other topics.</p> <p>Education and evaluation opportunities in HIV/AIDS awareness, weight reduction, cycle Ergometry, hypertension reduction, and health risk appraisal screening are available.</p>

At the Right Start Information Fair or during regular hours you can pick up a brochure or handout, find out how to sign up for a class and discover what you can do to improve your health, vitality, and well being. Wellness videos on a variety of topics are available for check-out.

The Wellness Center offers blood pressure screening and cholesterol health risk to groups to include blood pressure screening, and cholesterol health risk appraisal (HRA). A Microfit which includes a total fitness assessment of body fat, strength, stretch, and aerobic levels is available. You may elect to do part or all of this assessment. Please call for an appointment.

<b>Name:</b> Portsmouth Naval Hospital
<b>Address:</b> City Hall in downtown Portsmouth
<b>City:</b> Portsmouth, VA
<b>Phone:</b> (757) 677-6000

<b>Name:</b> TRICARE SERVICE CENTER
<b>POC:</b> 1st Medical Group
<b>Address:</b> Langley AFB, Spaatz Dr.
<b>City:</b> Hampton, VA
<b>Phone:</b> (757) 764-8230
<b>Comments:</b> Walk-in service available.

## Community Hospitals

See Medical Services/Directory

## Dental Services/Directory - on Installation

<i>Clinic</i>	<i>POC</i>	<i>Number</i>
Central Appointments		(757) 764-7611
Endodontics		(757) 764-7124
Periodontics		(757) 764-7125

## Family Member Dental Plan

Family Member Dental Plan (FMDP) Questions  
764-7611 Enrollment 764-2270 Enroll at Customer  
Service Desk-Military Personnel Flight

<b>Name:</b> FAMILY MEMBER DENTAL PLAN (FMDP)
<b>City:</b> Hampton, VA 23665
<b>Phone:</b> (757) 764-7611 (questions)
<b>Comments:</b> Enroll at Customer Service Desk-Military Personnel Flight (757) 764-2270 (enrollment)

<b>Name:</b> TRICARE Family Member Dental Plan (TFMDP) Customer Service
<b>POC:</b> United Concordia Com
<b>Address:</b> PO Box 898218
<b>City:</b> Camp Hill, PA 17089--8238
<b>Phone:</b> 1-800-866-8499
<b>WWW Link:</b> <a href="http://www.ucd.com">http://www.ucd.com</a>
<b>Comments:</b> For more information about the TFMDP, contact your Health Benefits Advisor. Customer Service can also help sponsors, family members, installation staff and dental providers with specifics about the TFMDP.

## Housing

### Housing Overview

The housing staff welcomes you to Langley AFB Housing Management Office. Our office maintains a computer listing of available rentals, and a list of property for sale that is listed by private owners and realtors. Our on-base waiting list is available for your information, if you have applied for on-base housing. Housing Relocation assistance is also available. Office hours are 9am - 3pm. Please call us for additional information. Procedure for Advanced Housing Application - Once a military member submits their housing application at their losing housing office, the gaining housing office will notify the member of estimated waiting times for their

appropriate category. Procedure for obtaining on-base housing upon arrival: Check into Base Housing Office upon arrival at new duty station. A housing assistant will brief you on present waiting time. Members being assigned government quarters on base will receive 30 days notice prior to the move-in date, if possible, however, due to short notice PCS orders, this may not always be the case.

### Housing Allowances

1998 BHA Rate Tables

Top line with dependent rate

Bottom line without dependent rate

E-1	E-2	E-3	E-4	E-5
\$494.00	\$494.00	\$497.00	\$532.00	\$609.00
\$428.00	\$428.00	\$428.00	\$428.00	\$441.00

E-6	E-7	E-8	E-9
\$697.00	\$739.00	\$770.00	\$905.00
\$486.00	\$530.00	\$624.00	\$692.00

O-1	O-2	O-3	O-4	O-5
\$641.00	\$696.00	\$830.00	\$989.00	\$1076.00
\$699.06	\$848.44	\$882.35	\$1094.46	\$1115.49

O-6	O-7+
\$1101.00	\$1115.49
\$922.00	\$922.00

Lodging Office 764-4667 66 Nealy Ave. open 24-hrs a day Temporary Living Quarters are available on and off base. Approximate costs are:

Off base motel room \$20 - 65 per day VOQ \$10 per day VAQ \$10 per day TLF \$15.50 - \$24.

### Housing Allowances

Housing allowance information is available from the Per Diem, Travel and Transportation Allowance Committee's Web Site:	
Rates and Allowances Home Page	<a href="http://www.dtic.mil/perdiem/rateinfo.html">http://www.dtic.mil/perdiem/rateinfo.html</a>
Basic Allowance for Housing	<a href="http://www.dtic.mil/perdiem/bah.html">http://www.dtic.mil/perdiem/bah.html</a>
Overseas Housing Allowance	<a href="http://www.dtic.mil/perdiem/allooha.html">http://www.dtic.mil/perdiem/allooha.html</a>

### Government Housing

NUMBER OF UNITS BY GRADE

General Officers	12	Senior Officer (O-6)	54
Field Grade	104	Company Grade	214
Enlisted		1,222	

ENLISTED HOUSING Category Bedrooms Units  
 Senior NCO 2 2 Senior NCO 3 325 Senior NCO  
 4 163 Senior NCO 5 6 Junior NCO 1 9 Junior  
 NCO 2 153 Junior NCO 3 410 Junior NCO 4 150  
 Junior NCO 5 4

OFFICER HOUSING Category Bedrooms Units  
 Sr Ranking Off 3 54 Sr Ranking Off 4 12 Field  
 Grade Off 3 79 Field Grade Off 4 24 Company  
 Gr Off 2 12 Company Gr Off 3 156 Company Gr  
 Off 4 46

<b>Name:</b> LODGING OFFICE
<b>Address:</b> 66 Nealy Ave.
<b>City:</b> Hampton, VA
<b>Phone:</b> (757) 764-4667
<b>Comments:</b> Hours 24-hrs a day  Temporary Living Quarters are available on and off base.  Off base motel room cost. \$20-65 per day (approximate) VOQ \$10 per day VAQ \$10 per day TLF \$15.50-\$24

<b>Name:</b> ENVIRONMENTAL MANAGEMENT FLIGHT
<b>Address:</b> 209 Thornell Ave.
<b>Phone:</b> (757) 764-7193
<b>Comments:</b> The Curbside Recycling Program is managed by the Langley Pollution Prevention Office. Langley participates in one of the most extensive recycling programs in Hampton Roads. The Virginia Peninsula Public Service Authority provides Langley with the convenience of curbside recycling. Residents are provided a green bin. Recycled items are glass, #1 and #2 plastic containers, and newspaper. Collection is each Monday and containers should be out by 0700. Large drop off containers are located at Bayview Towers for paper and corrugated cardboard. Note: no single layer boxes or food contaminated boxes are acceptable. Please do not put plastic bags in drop off containers.

## Community Housing

Type Of Housing Single-Family Detached 66.4%  
 Semi-Detached (Townhouse, etc.) 29.7% Apartment  
 (Owned or Rented) 28.9% Mobile Home 3.1%  
 Other (e.g. Private Vessel) 0.8%

Apartment Rental Information The Peninsula  
 Housing & Builders 595-1600 760 McGuire Pl.  
 Newport News

Average Rental Rates 1BR \$466 2BR \$555 3BR  
 \$772 4BR \$906

Leases All leases should have a military clause.  
 Virginia does have a statutory military clause which  
 has some strict notice requirements. You are  
 therefore strongly encouraged to make sure that your  
 lease has such a clause. Housing can provide sample  
 clauses and will review your lease prior to your  
 signing it.

Virginia Peninsula Association of Realtors 599-5222  
 764 McGuire Pl. Newport News

Average Home: \$116,972 (based on Multiple Listing  
 Service) Real Estate Tax Rate Hampton \$1.25 per  
 \$100 assessed Newport News \$1.20 per \$100  
 assessed Poquoson \$1.12 per \$100 assessed York  
 County \$0.86 per \$100 assessed

Housing Relocation: Contact the housing office prior  
 to your arrival to obtain information on community  
 and government housing.

<b>Name:</b> APARTMENT RENTAL INFORMATION
<b>POC:</b> The Peninsula Housing & Builders
<b>Address:</b> 760 McGuire Pl.
<b>City:</b> Newport News
<b>Phone:</b> (757) 595-1600
<b>Comments:</b> HOUSING APARTMENT HOMES RENTAL 1BR \$466 2BR \$555 3BR \$772 4BR \$906

<b>Name:</b> Virginia Peninsula Association of Realtors
<b>Address:</b> 764 McGuire Pl
<b>City:</b> Newport News
<b>Phone:</b> (757) 599-5222
<b>Comments:</b> Average Home: \$116,972 (based on Multiple Listing Service)  Real Estate Tax Rate: Hampton \$1.25 per \$100 assessed Newport News \$1.20 per \$100 assessed Poquoson \$1.12 per \$100 assessed York County \$0.86 per \$100 assessed

## Utilities

<b>Name:</b> WATER/SEWAGE/GARBAGE PICKUP
<b>POC:</b> Newport New Waterworks, Hampton Roads Sanitation
<b>Address:</b> P.O. Box 979
<b>City:</b> Newport News, VA 23607
<b>Phone:</b> (757) 247-8421 (water) (757) 245-5754 (sewage)
<b>Comments:</b> (1) Hook-up Fee \$25  Sewage (separate bill) \$16 (one time handling charge on initial bill)  Garbage pickup reflects on water bill; if resident needs garbage can, contact public works in city in which you reside. If garbage pickup is not serviced by city, consult the yellow pages under "Rubbish & Garbage Removal". Some areas offer credit for recycling.

<b>Name:</b> ELECTRIC
<b>POC:</b> Virginia Power
<b>Address:</b> P.O. Box 9001, Pembroke & G St.
<b>City:</b> Hampton, VA 23670
<b>Phone:</b> (757) 858-4685
<b>Comments:</b> Hook-up Fee \$15  1/2 gas \$ 90 for lights only  Deposits can be paid in 3 installments. Refundable in one year with interest (3.4%) if no payment notices.  <b>MILITARY DEPOSIT WAIVER</b> If member of Langley Federal Credit Union (FCU), Navy FCU, Naval Weapons Station FCU, Guardian FCU, Ft Monroe and Ft Eustis FCUs, Atlantic Fleet FCU, Amphibious Base FCU, the credit union can ensure that your deposit fee is waived. Obtain paperwork from credit union. Virginia Power recommends you look for an ENERGY SAVER HOME (ESH). This home offers the highest level of comfort, energy savings and resale value. For more information on ESH (for sale or rental) locations call the Energy Efficiency Department at 1(800) 772-4338. The Energy Efficiency Department can also help you protect your investment with a Night Watch installation. Ask Energy Efficiency for details. For service connections or questions, call Residential Billing Inquiries at 928-6610. For Energy Lights Out, call 928-6600. Virginia Power, your energy partner, welcomes you to the Peninsula and looks forward to hearing from you soon.

<b>Name:</b> TELEPHONE
<b>POC:</b> Bell Atlantic
<b>Phone:</b> (757) 954-6222
<b>Comments:</b> Hook-up Fee \$38.50  <b>MILITARY DEPOSIT WAIVER</b> If member of some area military credit unions, security deposit varies depending upon past record.



<b>Name:</b> NATURAL GAS
<b>POC:</b> Virginia Natural Gas
<b>Address:</b> P.O. Box 6200, 750 Diligence Dr.
<b>City:</b> Newport News, VA 23606
<b>Phone:</b> (757) 873-1322
<b>Comments:</b> Hook-up Fee \$15.75  DEPOSIT WAIVERS If service is off, resident must be home so gas person can light pilot light; depending on how long gas has been off, may require inspection. Concerning deposit, if no previous gas service in Virginia, proof from another utility company of timely payments for twelve months will suffice to cancel deposit or obtain letter from local credit union as explained in Virginia Power utility.

<b>Name:</b> WARNER CABLE TV of HAMPTON
<b>Address:</b> 1323 W. Pembroke Ave.
<b>City:</b> Hampton, VA 23661
<b>Phone:</b> (757) 497-2011
<b>Comments:</b> Hook-up Fee \$34 pre-wired or \$48 unwired

<b>Name:</b> COX CABLE
<b>Address:</b> 417 Old York Hampton Hwy.
<b>City:</b> Yorktown, VA 23692
<b>Phone:</b> (757) 898-7140
<b>Comments:</b> Hook-up Fee \$28.60 unwired or \$17.88 pre-wired \$20.95 for premium channel \$.28 for ea. add'l hookup.

<b>Name:</b> NEWPORT NEWS CABLEVISION
<b>Address:</b> 179 Louise Dr.
<b>City:</b> Newport News, VA 23601--1298
<b>Phone:</b> (757) 497-2011
<b>Comments:</b> Hookup Fee \$ 9.90 + tax basic service \$12.87 + tax expanded service

## Relocation Services

### Relocation Services Overview

<b>Name:</b> Relocation Assistance Program
<b>Address:</b> 376 Bayview Towers, Suite 110
<b>City:</b> Langley AFB, VA 23665
<b>Phone:</b> 757-764-3990
<b>FAX:</b> 757-764-6752
<b>Comments:</b> Moving presents challenges and stress on the entire family. The Air Force provides a package of benefits and allowances for relocating personnel and their families, from housing to spouse employment assistance. In order to coordinate the base wide efforts to support incoming personnel, there is a Relocation Assistance Coordinating Committee (RACC). The Langley AFB RACC membership includes representatives from all agencies who provide services for relocating individuals and families. This group is mandated to coordinate, monitor and evaluate Langley's Relocation Assistance Program to ensure the program is accessible, effective, and responsible to the needs of Air Force personnel and their families.

### Relocation Assistance

For more information on this subject:  
<http://www.famnet.com>

Our goal is to tailor services to meet your relocation needs, while providing current information, and quality service.

Hand Carry Important Papers - Passports, Marriage, Divorce, and Birth Certificates, and Deeds, School and Immunization records, Pet Shot records, Power of Attorney, Tax Records, Personnel Records Car Titles, Securities.

### Moving Checklist

Request a sponsor from Langley AFB. This person will send you information and assist you prior to and after you arrive. Many important details can be handled via phone, mail, or email before you arrive. Visit your Family Support Center and request information about Langley AFB. Notify your landlord or Housing Office of your new assignment. Request on-base housing 30 days prior to your arrival through your Housing Management Office.

## SPONSORSHIP

Every newly arriving person should have a sponsor. If you have not been assigned a sponsor, contact your squadron, organization, or the Relocation Office at (757)764-3990. Sponsors provide you with a Welcome Package to familiarize you with Langley and the surrounding area, and give you information about housing, schools, and employment. LAFB Welcome Packages are also available at the Family Support Center, located in Bayview Towers, if you do not receive one prior to your move.

## GENERAL INFORMATION

Please stop by our booth at Right Start, during inprocessing. The Family Support Center has many programs and services to offer single active duty, families, and civilians. We would also like to invite you to stop by the Relocation Assistance Office at the Family Support Center to get maps and additional information on jobs, schools, and the local area. We look forward to seeing you!

**Volunteer Opportunities:** Orientation and training are provided.

**Family Services Loan Locker:** Many household items are available for checkout to help make your move easier while in transition.

**Home Buying/Selling Seminars:** These 3-hour evening seminars bring guest speakers from our community to discuss the real estate market, credit prequalification, mortgages, legal transactions, and home inspections. To contact us at the Family Support Center: Phone: 757-765-3990 (DSN 574)  
Fax: 757-764-6752 Email  
Address: 1mss.dpfevet@langley.af.mil (Subject: Relocation)

## In Transit Emergencies

**EMERGENCY:** 911  
**RED CROSS:** (757) 838-7320  
**LANGLEY AFB COMMAND POST:** (757) 574-5411/DSN 574-5411  
**VIRGINIA STATE POLICE ASSISTANCE**  
Appomattox: (800) 552-0962  
Chesapeake: (800) 582-8350  
Culpeper: (800) 572-2260  
Fairfax: (800) 572-4510  
Richmond: (800) 552-9965  
Salem: (800) 542-5959  
Wytheville: (800) 542-8716

Emergency TDD: (800) 553-3144

## Financial Preparedness

### PERSONAL FINANCIAL MANAGEMENT

Location Family Support Center

376 Clarke Ave., Ste 110

Telephone (757) 764-0649

Personal Financial Management Program offers information, education, and personal financial counseling to help individuals maintain financial stability and reach their financial goals.

<b>Name:</b> Crestar Bank
<b>Address:</b> Langley AFB
<b>City:</b> Hampton, VA
<b>Phone:</b> (757) 873-7816
<b>Comments:</b> Hours M-Th 9am-5:30pm F 9am-6pm  Full Service Bank to meet all financial needs. Located on Langley Air Force Base between the base commissary and the base theater. Teller Machines (ATMs) and Self-Service Banking Machines are located at Branch. PC Banking and Telephone Bill Payer Services are also available.

<b>Name:</b> FINANCE OFFICE (MILITARY PAY)
<b>Address:</b> 45 Nealy Ave
<b>City:</b> (757) 764-3333
<b>Comments:</b> Hours M,Tu,Th,F 8am-4pm W 8:30am-4pm  Travel Voucher Payments The Air Combat Command policy for travel voucher payments is now in affect and PCS payments will be paid in the following manner: 1. Electronic Funds Transfer (EFT), payment made by "EFT" may be sent to separate checking or saving accounts by completing a SF 1199A. 2. For individuals without an address, payment will be held in the cashier's cage.  DEPENDENT TRAVEL VOUCHER If dependents plan to travel after your arrival, you must complete another travel voucher upon their arrival. A copy of your travel voucher must accompany the claim.  ADVANCE PAY You may request advance pay within 60 days from your sign-in date at your new duty station (180 days in unusual circumstances). DD Form 2560 and two copies of your PCS orders are required. The standard allowance is one month base pay less deductions with a repayment period of 12 months. Maximum allowance is three times that amount with the possible extended repayment from 13-24 months.  TEMPORARY LODGING EXPENSE (TLE) Not authorized for first or last PCS moves. Authorized reimbursement for up to 10 days.  GENERAL INFORMATION There are lots of companies wanting to give military members "a great deal." But it may be a great deal for them and not for you. Here are a few guidelines to help you decide whether or not to sign a contract. 1. You should be able to take a copy of the contract with you to review before you sign it. If a salesperson won't let you do this or tries to talk you out of it, beware! 2. Prices on products and services sold under contract do not generally change overnight. If you can get something today you can usually get it tomorrow. Watch out for high pressure sales pitches to get you to sign up at a certain price right now. 3. So called "free gifts" are rarely free. You usually wind up paying for them in the price of the

contract. The bottom line is, don't rush into anything. A contract is a legally binding document. You should carefully review all the terms and conditions before signing. Have a legal assistance attorney look at it for you before you sign. If you allow a high pressure sales pitch to take you in, you may regret it later. Remember, if it sounds too good to be true, it probably is.

Another item newcomers into the area need to be aware of is that there are no usury laws in the state of Virginia which means there is no cap on the interest rates business can charge you on credit or purchases.

<b>Name:</b> LANGLEY FEDERAL CREDIT UNION
<b>Address:</b> Building 157, Sweeney Blvd. Langley AFB
<b>City:</b> Hampton, VA
<b>Comments:</b> Toll Free Phones: Main 1-800-826-7490 CHIPS 1-800-233-2819 Phone Loans 1-800-588-EASY Local Phones: Info Line (757)827-LFCU Phone Loans (757)827-EASY CHIPS (757)827-9434 Mortgages (757)825-7108  Hours: Branch M-F 9am-4:30pm Drive-Thru M-F 8:30am-6pm  Langley Federal Credit Union (LFCU) provides service as a not-for-profit financial cooperative, owned and controlled by its membership. To become a member of LFCU you simply deposit \$5.00 in your share account.

## Exceptional Family Member Program (EFMP)

Exceptional Family Member Program (EFMP)

Aerospace Medicine 764-2427

The Exceptional Family Member Program (EFMP) is for active duty members who have family members with exceptional medical or educational needs. Langley is in the middle of a community with a large military population, rich in resources suited to address the exceptional needs of many military family members. An exceptional medical need usually means that regular care by a medical specialist is required. An exceptional educational

need usually means that a child is in a special education program and has an Individualized Educational Plan (IEP). The purpose of the program is to help insure availability of required services - locally and in the projected assignment location. To achieve this purpose, a Family Member Relocation Clearance (FMRC) is needed. A FMRC process begins when the active duty member, upon notification of a permanent change of station, notifies their orderly room to process an AF Form 1466. If the active duty member has a school aged dependant, an AF Form 1466A must be completed. A FMRC is required prior to departure for any overseas assignment. For families enrolled in the EFMP, a DRC is required for all permanent changes of station, CONUS as well as overseas. Enrollment in the EFMP is mandatory when an exceptional need exists. The EFMP is located at the Family Advocacy Office in the Aerospace Medicine building, room 122.

### Household Goods In-Bound Shipments

Langley Consolidated Personal Property Shipping Office (CPPSO) 764-2044 45 Nealy Ave., Ste. 207

For emergency services after duty hours contact vehicle operations at 764-TAXI. Personal property shipments are handled by the Consolidated Personal Property Shipping Office (CPPSO). The CPPSO is a multi service shipping office serving Langley AFB, Ft. Monroe, Ft. Eustis, Naval Weapons Station Yorktown, Newport News Shipyard, and Camp Peary. Information about Pets (Procedures, restrictions, and tips on how to prepare and what to expect) can be obtained from the Transportation Management Office. Call them early for an appointment. Information is also available for military and civilian personnel authorized to ship POVs at government expense. It is based on

entitlements from Joint Federal Travel Regulations (JFTR), Volume I, for military members and Joint Travel Regulations (JTR), Volume II, for civilian employees. Information generally found in Department of Defense (DOD) 4500.34R, Personal Property Traffic Management Regulation (PPTMR).

### Household Goods Out-Bound Shipments

See Household goods in-bound shipment.

### Household Goods Claims

<b>Name:</b> Langley Claims Office
<b>Address:</b> 45 Nealy Ave, Suite 227 (B ld 15)
<b>City:</b> Langley AFB, VA 23665
<b>Phone:</b> (757) 764-7938/7939
<b>Comments:</b> Hours M-F 7:30am - 4:30pm  For household goods damaged during a PCS move, you must notify our office of any additional damages (i.e., those NOT noted on the DD Form 1840 during delivery) within 70 days of delivery. These new damages are annotated on the DD Form 1840/R (pink form). If you fail to do so, you will forfeit the monies that could have been collected from the carrier. We accept your DD Form 1840/R any time during our hours of operation. We will also accept the DD Form 1840/R during our claims briefings on Tuesdays (3pm) or Thursdays (9am). The claims briefings are held in building 15, C wing, room 227. Claims forms and instructions are distributed during this briefing. All claims must be filed not later than 2 years from the date of delivery of your shipment.

### Household Goods Weight Allowances

<i><b>Grade</b></i>	<i><b>Allowance w/Dependents</b></i>	<i><b>Allowance wo/Dependents</b></i>
E1	5,000	1,500
E2	5,000	1,500
E3	5,000	2,000
E4	under 2 yrs 7,000      over 2 yrs 8,000	under 2 yrs 3,500      over 2 yrs 7,000
E5	9,000	7,000
E6	11,000	8,000
E7	12,500	10,500
E8	13,500	11,500
E9	14,500	12,000
W-1	12,000	10,000
W-2	13,500	11,000
W-3	14,500	13,000
W-4	17,000	14,000
O-1	12,000	10,000
O-2	13,500	12,500
O-3	14,500	13,000
O-4	17,000	14,000
O-5	17,500	16,000
O-6+	18,000	18,000

## POV In-Bound Shipments

<b>Name:</b> Vehicle Processing Center (VPC)
<b>POC:</b> Kathy Scott
<b>Address:</b> 3015 Airline Boulevard
<b>City:</b> Portsmouth, VA
<b>Phone:</b> 1-800-810-7480
<b>FAX:</b> (757) 465-3970
<b>WWW Link:</b> <a href="http://www.whereismypov.com">http://www.whereismypov.com</a>
<b>Comments:</b> Open Monday through Friday except Federal holidays, 8:00 am-5:00 pm. Processing may take up to one hour, so members should arrive NLT 3:30pm for turn-in and NLT 4pm when picking up a POV.  To check the status of your Privately Owned Vehicle, you will need your order number (located in the "stow location" block on your DD Form 788) and your last name, then go to the web site.  <b>DIRECTIONS:</b>  From the Airport: Airport exit on to Azalea Garden Road. Azalea Garden Road to 64 East. Route 64 East to 264 Norfolk-Portsmouth. 264 through downtown tunnel. Take the first Greenwood drive exit, the fourth exit past the tunnel. Greenwood drive to Airline Blvd (Hwy 58). Take the second light right on Airline Blvd. VPC approximately 1 mile on right.  From the Peninsula: Take 64 East to 664, go through the Monitor Merimac Tunnel, make a left at the Victory Blvd exit and another left onto Airline Blvd (Hwy 58). VPC will be on the right hand side of the road, look for a Nissan sign, which will be the entrance to the VPC.

Arrow Inn 865-0300 #7 Semple Farm Rd.  
Boarding/Kennels Boarding costs: \$6 - \$10. Pets must have up-to-date shot records.

Kiln Creek Animal Care 886-1300 1405 Kiln Creek,  
York County

Magruder-Tabb Animal Clinic 865-6510 3440  
Hampton Hwy., Yorktown

Mercury Animal Hospital Inc. 826-4951 2500 W.  
Mercury Blvd., Hampton

## Pet Licensing

POC: Base Veterinary Office All Hampton Roads  
area cities require dog licenses.

## Pet Quarantines

Pet Quarantine Requirements: No pet quarantine in  
Virginia

## POV Out-Bound Shipments

Vehicle Processing Center - Same as in-bound.

## POV Claims

Claims Office - Same as HHG claims.

## Pet Boarding/Kennels

Pet Transportation Overseas Outprocessing 764-  
5071 45 Nealy Ave.

Hotels That Accommodate Pets LaQuinta Inn 827-  
8680 2138 W. Mercury Blvd., Hampton

## Veterinary Services

<b>Name:</b> Langley Veterinary Clinic
<b>Address:</b> 37 Magnolia St.
<b>City:</b> Hampton, VA
<b>Phone:</b> (757) 764-5678/4076
<b>Comments:</b> Hours M-F 8am-Noon & 1:30pm-4pm Appointments M- F 8am-Noon  Veterinary services are available to active duty, retired military personnel and their families on an outpatient basis. Services include immunization, heartworm and fecal exams, health certificates and the diagnoses and treatment of diseases which are a threat to the health of the military community and their pets. A full line of flea, tick and heartworm control products are available for purchase. In compliance with Army/Air Force directives, the veterinary clinic does not provide emergency treatment, surgery, x-rays, boarding or treatment for non-zoonotic diseases. In case of an emergency, you should seek civilian veterinary care, after-hours you can contact the Veterinary Hospitals listed above. Service members living in base housing should register their pets by bringing proof of vaccination and any medical information to the Langley Vet Clinic within 15 days after arriving. Eastern Virginia has an abundance of parasites to pester your animals. All dogs should be given heartworm preventative year round and should be tested for heartworm disease annually. Stool exams for intestinal parasites are recommended at least yearly. Fleas are a real problem in this area and should be suspected when pets begin scratching or chewing on themselves.  NOTE: For their safety, NO CHILDREN UNDER TEN YEARS will be allowed in the facility ON CLINIC DAYS. Because the Hampton Roads area is experiencing a rabies epidemic, all pets must remain current with rabies vaccinations.

## Pet Transportation

<b>Name:</b> Site Agency Outprocessing
<b>Address:</b> 45 Nealy Ave.,
<b>City:</b> Langley AFB, VA
<b>Phone:</b> (757) 764-5071
<b>Comments:</b> Hours M-F 7:30am-4:30pm

## PCS Reporting Procedures

### PERMANENT CHANGE OF STATION (PCS) ARRIVAL INFORMATION

Langley Reception Center Location 45 Nealy Ave., Ste. 106 Telephone (757) 764-5576/5589 Hours M-F 7:30am-4pm

If you arrive at Langley during normal duty hours, 7:30am-4:00pm Monday through Friday, you should report to the Newcomer's Reception Center, 45 Nealy Ave., Suite 106. If you arrive during non-duty hours, report to the 24 hour arrival point, Base Lodging Office, 66 Nealey Ave., (757) 764-INNS. The next duty day, report to the Reception Center. Please be sure to bring copies of your orders and all hand-carried records you received from your previous base. Your records will be reviewed and you will complete your formal inprocessing and be scheduled for your Right Start appointments. From the reception center you will be directed to your orderly room. Once you sign-in, you may be authorized permissive house hunting with completed AF form 988 signed by your new commander (provided you did not already take 10 days permissive TDY prior to your PCS). If you require further information about signing-in or leave contact the Langley Reception Center at DSN 574-5576/5589 or commercial (757) 764-5576/5589. Remember your leave does not stop in instances where you arrive in the local area, contact your supervisor or orderly room, yet fail to sign-in at the Reception Center. The following items are required for finance processing. If member took travel advance (this includes dislocation allowance, travel pay and per diem for authorized travel days) please either have receipt or pay records. Plane tickets purchased through SATO or commercially require a receipt. Government issued tickets are also required plus 5 copies of PCS orders. Receipt is required for expenses incurred over \$25.00 (i.e. taxi, lodging, tolls, travelers checks). While enroute please annotate locations, dates of departure and arrival times on very back page of this booklet.

### TDY OR TAD IN PROCESSING

Report directly to TDY unit. During non-duty hours report to the Billeting Office, Bldg 75, unless you have made other billeting arrangements.

## Separation Procedures

OUT PROCESSING INFORMATION POC  
Outbound Assignments Location 45 Nealy Ave., Ste. 226 Telephone (757) 764-7047 Hours M,T,Th,F 7:30am-3:30pm W 8:30am-3:30pm

VISA-PASSPORT PROCESSING POC Outbound  
Assignments Location 45 Nealy Ave., Ste. 226  
Telephone (757) 764-7047/7048 Hours M,T,Th,F  
7:30am-3:30pm W 8:30am-3:30pm

## Billeting

See Installation: Must Know

## Unaccompanied PCS

N/A

## Support Services

### Family Centers

<b>Name:</b> Family Support Center
<b>POC:</b> Ms. Simpkins, Flight Chief or CMSgt Williams, Superintendent
<b>Address:</b> 1 MSS/DPF, 376 Clarke Ave., Ste. 110, Langley AFB
<b>City:</b> Hampton, VA 23665--1898
<b>Phone:</b> (757) 764-3990
<b>FAX:</b> (757) 764-6752
<p><b>Comments:</b>  After duty hours, contact 1 Fighter Wing Command Post at  757) 764-5411 or DSN 574-5411 for financial emergencies.</p> <p>Serving singles, couples, and families  Our different programs include:</p> <p>Information and Referral Program  Information &amp; Referral provides telephone and in-person assessments to help you determine your needs and the right resource. You may be referred to a Family Support Center program or to another organization either on or off base. We maintain an extensive list of available services with phone numbers, addresses, and information on services provided. If you are unsure of where to turn, call us and we will point you in the right direction.</p> <p>Family Services Loan Locker  The loan locker is available to newly arrived, TDY, or PCS'ing personnel. Our Family Services (FS) volunteers maintain a well-stocked loan locker with items such as kitchen utensils, sleeping mats, baby cribs, car seats, tables, chairs and more, all free of charge.</p> <p>Readiness  TDYs, remotes, and deployments are synonymous with life in the military. Call us for information about Family Support Center programs to help you increase individual and family readiness for these separations.</p> <p>Financial Services  The Personal Financial Management Program (PFMP) provides financial education, information, and one-on-one counseling.  Our goals are to help you maximize your purchasing power, improve your standard of living, reduce stress and anxiety during financial crisis, and increase personal productivity. The free services</p>



include a personal financial evaluation, budgeting information, credit management, debt liquidation, investment information, insurance information, and workshops/seminars.

#### Employment Services

The Career Focus Program assists active duty military members, retirees, DOD personnel and their eligible family members to prepare for the job search by offering proactive career planning, job search skills development, and networks for employment opportunities. Several automated job listings are available in the Family Support Center Library, as well as information and job listings for federal, state, city, and private employment opportunities. An orientation to the Resource Library is the first step in seeking employment in the area. Employment workshops are offered covering topics such as resume writing, interviewing techniques, self assessment and other topics appropriate for job seekers. Job fairs are an integral part of the employment program. Several are held each year in the local area.

#### Langley Volunteer Opportunities

Volunteer opportunities are available throughout the installation. Free child care is available

#### Relocation Services

The Family Support Center has information about Langley AFB and the local area available for newly arriving members. Our services include individual counseling with a personalized needs assessment, information on local schools, the "Previous Base Information Program," Smooth Move Seminars, and Buying and Selling a Home Seminar.

#### Transition Services

The Transition Assistance Program (TAP) offers personnel an Individual Transition Plan which will ease reentry into civilian life. Consider beginning your transition process at least one year prior to your retirement or separation. Weekly briefings are provided on transition benefits, and the FSC Resource Library.

There is a monthly 2 1/2 day seminar which addresses issues surrounding job search skills. Each seminar begins on Monday at 1300 with the Veterans Administration Benefits Briefing. Job search related topics are covered the following 2 days from 0800 to 1600.

#### Air Force Aid Society - AFAS

Financial assistance is available either in the form of a loan or a grant for rent/mortgage, food, utilities, car repairs, funeral expenses, emergency

travel, special medical and dental needs, etc.

AFAS also supports the following major assistance programs:

General Henry Arnold Education Grant Program

Vocational/Technical Loan Program

Child Care for family member volunteers at Langley

Respite Care (Special needs family)

Give Parents a Break Program

Nursing Moms Program

Bundles for Babies

Car Care Because We Care

Child Care for PCS Program

## Information and Referral

Refer to Family Centers.

## Financial Assistance Programs

<b>Name:</b> American Red Cross - Langley AFB
<b>Address:</b> 127 Dodd Blvd., Langley AFB
<b>City:</b> Hampton, VA
<b>Phone:</b> (757) 764-2652
<b>FAX:</b> (757) 764-2583

<b>Name:</b> American Red Cross - Newport News
<b>Address:</b> 4915 W. Mercury Blvd
<b>City:</b> Newport News, VA 23605
<b>Phone:</b> (757) 838-7320
<b>FAX:</b> (757) 838-7091

<b>Name:</b> American Red Cross - Newport News
<b>Address:</b> 4915 W. Mercury Blvd.
<b>City:</b> Newport News, VA 23605
<b>Phone:</b> (757) 838-7320
<b>FAX:</b> (757) 838-7091

<b>Name:</b> American Red Cross - Williamsburg
<b>Address:</b> 1317 Jamestown Rd., Ste. 105
<b>City:</b> Williamsburg, VA 23185
<b>Phone:</b> (757) 253-0228
<b>FAX:</b> (757) 253-2396

<b>Name:</b> American Red Cross - York Poquoson Chapter
<b>Address:</b> 6912 George Washington Hwy.
<b>City:</b> Yorktown, VA 23692
<b>Phone:</b> (757) 898-3090
<b>FAX:</b> (757) 898-3996

## Emergency Assistance

Refer to Air Force Aid or Financial Assistance Programs.

<b>Name:</b> Army Community Service - Fort Eustis
<b>Address:</b> Lee Blvd., Bldg. 601
<b>City:</b> Hampton, VA
<b>Phone:</b> (757) 878-0910/3638

<b>Name:</b> Army Community Service - Fort Monroe
<b>Address:</b> T-195 Pratt St.
<b>City:</b> Hampton, VA
<b>Phone:</b> (757) 727-3878

<b>Name:</b> Avalon, A Center for Women and Children
<b>City:</b> Williamsburg, VA
<b>Phone:</b> (757) 258-5051 (24 hrs)

<b>Name:</b> Contact Peninsula
<b>Address:</b> 6901 Huntington Ave
<b>City:</b> Newport News, VA
<b>Phone:</b> (757) 244-0594/(757) 245-0041 (hotline)

<b>Name:</b> Crisis Center Inc.
<b>City:</b> Portsmouth, VA
<b>Phone:</b> (757) 399-6393
<b>Comments:</b> Suicide prevention and crisis intervention hotline. Emergency referrals. Provide educational suicide prevention programs and telephone checks for disabled and elderly who live alone. Uses trained volunteers.

<b>Name:</b> National Runaway Switchboard
<b>Address:</b> 3080 North Lincoln Ave.
<b>City:</b> Chicago, IL
<b>Phone:</b> (800) 621-4000/TDD Line (800) 621 0394

<b>Name:</b> Navy Family Services Center - Yorktown
<b>POC:</b> Naval Weapons Station
<b>Address:</b> K Bldg. 799, Code F Powder Ln.
<b>City:</b> Yorktown, VA

<b>Name:</b> Peninsula Rescue Mission
<b>Address:</b> 3700 Huntington Ave.
<b>City:</b> Newport News, VA
<b>Phone:</b> (757) 380-6909/6910

<b>Name:</b> Salvation Army Family Shelter
<b>Address:</b> 4703 Huntington Ave.
<b>City:</b> Newport News, VA
<b>Phone:</b> (757) 247-6898

<b>Name:</b> Virginia Peninsula Council on Domestic Violence
<b>Address:</b> 240 Chapel St.
<b>City:</b> Hampton, VA
<b>Phone:</b> (757) 722-2261/ Crisis (757) 723-7774

## Family Advocacy

<b>Name:</b> Family Advocacy Program
<b>Address:</b> Aero Space Medicine Bldg.
<b>City:</b> Langley AFB, VA 23556
<b>Phone:</b> (757) 764-2427

### Comments:

Hours M-F 7:30am-4:30pm

The Family Advocacy Program consists of four different programs

1. The Family Maltreatment Program is designed to identify, assess and track families experiencing child and spouse abuse.
2. The Outreach Program provides educational and support services to the base population. Informational services and briefings are offered.
3. The New Parent Support Program provides nurses who offer home visits to families with infants and toddlers up to age three.
4. The Exceptional Family Member Program provides information and referrals to families with special needs children or adults. The Respite Care Program provides funds for a caregiver to assist families who need a temporary "break" from an ill or disabled family member. The program can also address families experiencing a "crisis" situation. Families must demonstrate a financial need for this assistance.
5. HOMES a prevention program where a nurse and a social worker provide in home services to families experiencing challenges with children, deployment, grief issues, etc.

## Single Member Services

Family Support Center provides a complete range of services to single members. See Family Centers.

<b>Name:</b> Langley AFB Chapel Activities for Single Adults
<b>Address:</b> 181 Dodd Blvd.
<b>Phone:</b> (757) 764-7847
<b>Comments:</b> Sponsors bowling get togethers, annual picnics, dinners for residents, offers leadership conferences, educational workshops and more.

<b>Name:</b> The Single Gourmet Club
<b>Phone:</b> (757) 623-0687
<b>Comments:</b> The group meets weekly traveling to different restaurants. Call to pre-register or for additional information.

## Support Groups

Women & Children in Crisis (757) 245-6026  
 Adults Molested as Children (757) 244-0594  
 Battered Adults & Children (757) 723-7774  
 Anger Control 24 hr line (757) 838-1960  
 Family Advocacy-Yorktown (757) 887-4301  
 Family Advocacy-Langley (757) 764-2427  
 Family Advocacy-Ft Monroe (757) 727-3993  
 Family Advocacy-Ft Eustis (757) 878-0903  
 Alcoholics Anonymous (757) 877-0600  
 Adoptees and Natural Parents (757) 874-9091  
 Alzheimer's Support Group (800) 755-1129  
 Bereavement: Compassionate Friends (757) 898-8272  
 National AIDS Hotline (800) 342-2437  
 Peninsula AIDS Foundation (757) 591-0971  
 Children's AIDS Network (757) 247-3958  
 HIV Naval Hospital (757) 398-5179  
 SHARE-Loss of Infant (757) 886-6700  
 Guild for Infant Survival (757) 868-6234  
 Grief Support Group (757) 727-7364  
 Widows Support Group (757) 875-0060  
 Loss of Active Duty Spouse (757) 499-2356/427-1182  
 Breast Cancer Support Group (800) 736-8272  
 Cancer Educ Support Group (757) 766-0444  
 Laryngectomy (757) 766-0444  
 Ostomy Support Group (757) 766-0444  
 Peninsula Cancer Support Grp (757) 594-3099  
 Road to Recovery (757) 766-0444  
 Reach to Recovery (757) 766-0444  
 Riverside Pediatric Therapy (757) 594-2737  
 Learning Disability of Virginia (757) 596-8717  
 Take Off Pounds Sensibly (800) 932-8677  
 Overeaters Anonymous (Teen) (757) 827-1001  
 Overeaters Anonymous (757) 599-3300  
 Anorexia & Bulimia Assoc (757) 827-1024  
 Emotions Anonymous (757) 827-1001  
 Family Support Group (757) 826-2797  
 Agoraphobics Support Group (757) 886-7601/ 886-6200  
 Depression Support Group (757) 827-1001 (bipolar)/722-6734  
 Healthy Family Program (757) 727-1882  
 Parents Anonymous-Teens (757) 865-7227  
 Parents & Children Coping (800) 788-0097

New Parents Support Team (757) 398-5861 (Naval Hospital)

## Morale, Welfare, and Recreation

<b>Name:</b> Aero Club
<b>Address:</b> 308 Emmonds St.
<b>Phone:</b> (757) 764-7486
<b>Comments:</b> Hours M-Sa 8am-5pm Club flying occurs seven days a week  Student pilots may earn private, commercial, instrument, flight instructor and multi-engine ratings. Membership is open to active duty and retired military, DOD civilians, and NAF employees and their family members.

<b>Name:</b> Animal Care Clinic
<b>Address:</b> 37 Magnolia St.
<b>Phone:</b> (757) 764-5678
<b>Comments:</b> Hours M-F 8:00am-4:00pm Sa,Su & Holidays Closed  Authorized pet services include immunizations, wormings, heartworm checks, health certificate exams, and treatment of diseases which may be transmittable to humans. Clinics are held Tuesdays, Wednesdays and Fridays by appointment. . Children ages 12 and under are not permitted in the facility while clinics are being held. Services are limited to pets of owners who are authorized base hospital privileges. Additionally, clinic offers a full line of over-the-counter pet products.

<b>Name:</b> Auto Skills Center
<b>Address:</b> 35 Ash St.
<b>City:</b> Hampton
<b>Phone:</b> (757) 764-4607
<b>Comments:</b> Hours T-F 8:00am-8:00pm Sa 8:00am-5:00pm Su 10:00am - 5:00pm M & holidays closed  Car wash bays open 24 hrs a day, 7 days a week. Automatic wash is opened 8am to 8pm. This shop is equipped for do it yourself maintenance. Available for use: maintenance stalls, welding stall, 4 lube racks, 2 paint booths, and a sanding booth. Qualified mechanics are on duty to assist and advise.

<b>Name:</b> Bayside Enlisted Club
<b>Address:</b> 350 Clarke Ave.
<b>Phone:</b> (757) 766-1220 (cashier's cage/information)
<b>Comments:</b> Membership is open to grades E-1 to E-9 on active duty at Langley. Retired personnel and civilian government employees up to the grade of GS-06 may join as associate members.

<b>Name:</b> Bowling Center
<b>Address:</b> 75 Nealy Ave.
<b>Phone:</b> (757) 764-2433
<b>Comments:</b> Hours M-Th 9:00am-11:00pm F 9:00am-2:00am Sa 9:00am-2:00am Su Noon-11:00pm  Twenty-four lanes open for league, open bowling, and tournament play. Facility includes game room, snack bar, and pro shop.

<b>Name:</b> Community Activities Center
<b>Address:</b> 62 Walnut St.
<b>City:</b> Hampton, VA
<b>Phone:</b> (757) 764-7175
<b>Comments:</b> Hours Center M-Sa 9:30am-9:00pm Su 10:00am-6:00pm Holidays 12:00pm-6:00pm  Tickets & Tours M-Sa 9:30am-7:00pm Su & Holidays 12:00pm-4:00pm  Ladies Fitness Salon M-F 9:00am-2:00pm & 3:00pm-8:00pm Sa 10:00am-2:00pm Su & Holidays closed  The Center features a ladies fitness salon, modular soundproof booths for practicing music, game room, TICKETMASTER operation along with Tickets and Tours, leisure travel center and conference center.

<b>Name:</b> Eaglewood Golf Course
<b>Address:</b> 630 Weyland Rd., Bldg. 1316
<b>Phone:</b> (757) 764-4547
<b>Comments:</b> Golf complex includes two 18 hole courses, pro shop, locker rooms, driving range, two putting greens, equipment rental, snack bar, television lounge, party room and outdoor patio barbecue area.

<b>Name:</b> Fitness and Sports Center
<b>Address:</b> 216 Dodd Blvd.
<b>Phone:</b> (757) 764-5791
<b>Comments:</b> Hours M-F 5:00am-11:00pm Sa-Su 8:00am-7:00pm Holidays 8:00am-4:00pm  Offers state-of-the-art workout equipment, indoor heated pool, six racquetball courts, squash court, basketball courts, badminton playing areas, an aerobics/martial arts area and a Nautilus/free weight room. Additionally, a three-court racquetball complex is located on 72 Elm Street. The athletics staff administers the intramural sports program. New: Nutrition Juice Bar.

<b>Name:</b> Food Service Eagle Room
<b>Address:</b> 49 Spruce St.
<b>Phone:</b> (757) 764-5144
<b>Comments:</b> Eagle Keeper 190E Flightline Rd. Telephone (757) 764-3433  Langley's award-winning food service team offers excellent meals and atmosphere in outstanding dining facilities for all active duty enlisted military personnel. The Eagle Room Dining Hall provides five meals Monday through Friday and three meals on weekends and holidays. Delicious main entrees, healthy heart foods, and luscious pastries, just to name a few, are prepared daily. The award-winning Eagle Keeper, located on the flightline, also prepares food daily offering a fast food and in-flight meal facility.

<b>Name:</b> Honor Guard
<b>Address:</b> 52 Willow St., Ste. 101
<b>Phone:</b> (757) 764-7181
<b>Comments:</b> If you are a highly motivated individual looking for a challenge with a highly visible organization both in the military and local communities, the Langley Honor Guard is looking for you!

<b>Name:</b> Libraries
<b>Address:</b> Bethel Manor 1792 1st St.
<b>Phone:</b> (757) 865-0030
<b>Comments:</b> Hours Tu-Th     2:00pm-7:00pm F        2:00pm-6:00pm Sa       12:00pm-5:00pm Su, M    closed  Langley Interim Library 62 Walnut St. (757)764-2906 Hours M-Th 10:00am-8:00pm F-Su 10:00am-6:00pm Holidays Closed  Extensive collections in two libraries. Materials include academic collection, 400 periodicals, college catalogs, Newsbank reference and national telephone directories, videos, CD ROM plus local and national newspapers. On-line capability for library loans. Catalog may be computer accessed. Automated catalog plus magazine LAN dial and computer lab. New Library opening soon!

<b>Name:</b> Marina
<b>Address:</b> 202 Thornell Ave.
<b>Phone:</b> (757) 764-7220
<b>Comments:</b> Hours (24 May-30 Sep) M-F 7:30am-6:30pm Sa, Su 7:30am-4:30pm Holidays Open  Open to boat owners and non-boat owners. The Marina sponsors and promotes a year-round program which includes junior and adult sailing classes, sanctioned sailing regattas, racing series and monthly social events.  The Marina also sponsors junior sailors as participants in othr local regattas, cruising rendezvous and Coast Guard Auxiliary boat inspections. The marina has 72 wet-slips and 63 dry slips for privately owned boats. Marina houses the "Harbor Q" snack bar and has a variety of marine equipment, supplies, fuel and propane for sale. Small sailboats and power boats are available for rent.

<b>Name:</b> Mortuary Affairs
<b>Address:</b> 52 Willow St.
<b>Phone:</b> (757) 764-3400
<b>Comments:</b> Responsible for all activities including search & rescue, identification, arrangements and transportation for deceased personnel under the jurisdiction of Langley Air Force Base.

<b>Name:</b> Officers' Club
<b>Address:</b> 118 Hammond Ave.
<b>Phone:</b> (757) 766-1361
<b>Comments:</b> Membership is open to officers stationed on Langley. Retired personnel and civilian government employees from the grade of GS-07 and above may join as associate members. Entertainment is provided through the week. Every Sunday a superb brunch is served.

<b>Name:</b> Outdoor Recreation-Adventure Program
<b>Address:</b> 73 Cherry St.
<b>Phone:</b> (757) 764-7170/6510
<b>Comments:</b> Hours M     7:30am-4:00pm T, TH 9:00am-5:00pm F     8:00am-5:30pm W, Sa, Su, and Holidays   Closed  Provides a year-round schedule of activities including hiking, backpacking, canoeing, white-water rafting, skiing, camping, bicycling, wilderness education, hang gliding and scuba diving, swim lessons for all ages, aquacise, swim club, swim team, one indoor pool, four outdoor swimming pools and many more outdoor activities. Outdoor Recreation also has two parks to offer for your outdoor pleasures. Eagle Park, located on Langley AFB, is a great place to spend time with family members and picnic. Bethel Park which is located on a manmade reservoir across from Bethel Manor housing, offers fishing, paddle boating, canoeing, and picnicking is open M-F 11am-7pm and Sa, Su 6am-7pm. Outdoor Recreation is the place to call for all your outdoor supplies and needs.

<b>Name:</b> Racquetball/Ergometry
<b>Phone:</b> (757) 764-2121 or (757) 764-0140

<b>Name:</b> Skills Development Center
<b>Address:</b> 60 Walnut St.
<b>Phone:</b> (757) 764-4647
<b>Comments:</b> Hours Tu, W 9am-8:30pm Th, F, Sa 9am-4:30pm Su, M & Holidays closed  Beginner and advanced lessons in a variety of crafts are taught. Tools and supplies are available for purchase. Computerized engraving, express printing services and picture framing are offered.

<b>Name:</b> Wood Crafts Shop
<b>Address:</b> 35 Ash Ave.
<b>Phone:</b> (757) 764-3978
<b>Comments:</b> Hours W-F 4pm-8:30pm Sa, Su 11am-4:30pm M, Tu & Closed Holidays  Attendants are available to provide technical advice and assistance to patrons. Wood supplies may be purchased at the center. Children under the age of 14 are not permitted to enter the wood shop. Youth ages 14 to 16 must be accompanied by an adult, and children ages 16 and above who have had prior instruction in woodworking may use the facility with the approval of the attendant on duty.

## Chapel Services and Programs

<b>Name:</b> Langley Chapel
<b>Address:</b> 181 Dodd Blvd.
<b>City:</b> Hampton, VA
<b>Phone:</b> (757) 764-7847
<b>FAX:</b> 764-4682

<b>Name:</b> Bayview Chapel
<b>Address:</b> 400 Clarke Ave
<b>City:</b> Hampton, VA
<b>Phone:</b> (757) 764-2419

<b>Name:</b> Bethel Manor Chapel and Annex
<b>Address:</b> 1793 First St
<b>City:</b> York County, VA
<b>Phone:</b> (757) 865-1858
<b>FAX:</b> 865-8910

<b>Name:</b> Langley Chapel Annex
<b>Address:</b> 180 Dodd Blvd
<b>City:</b> Hampton, VA
<b>Phone:</b> (757) 764-3251
<b>FAX:</b> (757) 865-8910

## Drug and Alcohol

DRUG AND ALCOHOL (Social Actions)

Location

45 Pine St. Telephone (757) 764-6840

Hours

M-F 7:30am-4:30pm or as required

## Legal Assistance

POC Staff Judge Advocate

Location 33 Sweeney Blvd.

Telephone (Legal Assistance) (757) 764-3277

Hours M-F 7:30am-4:30pm

Legal assistance is offered Tuesday through Thursday by appointment. Walk-ins for active duty Air Force and their dependents are Tuesday and Thursday 7:30-8:30am. During these times, matters such as contract and lease reviews, separation/divorce, and consumer issues may be discussed with an attorney. Wills are accomplished by appointment only. If you need a will, pick up a will pamphlet and work sheet from our office or the Right Start Information Fair. Have the completed worksheet with you when you come in for legal assistance. Notary service and Powers of Attorney are provided on a walk-in basis Monday through Friday 8:00am-9:00am, 11:00am-12:30pm and 3:00pm-4:00pm.

## Child And Teen Services

### Child and Teen Services Overview

CHILD SERVICES

Program Offered Y/N

Spaces Available Full Day Y 144

Part Day - Preschool N

Part Day - School Age Y

Hourly Care Y (limited)

Special Needs Care Y (coordinated with hospital pediatrician)

Care Type Y/N Infant Y Toddler Y Pre-School Y School-Age Y

Rates determined by individual program chosen & family income. Waiting list varies according to age. For more information call: Child Development Center (Main base) DSN 574-3585 Youth Center (Main Base) DSN 574-2300

**CHILD SAFETY SEATS** Virginia does have a child safety seat statute. Children under four years old must be strapped into a child safety seat while riding on public roads in Virginia.

## New Parent Program

Many new programs are offered at LAFB for new parents. Please check with the Family Support Center upon arrival for the most current times and places of these meetings and programs.

<b>Name:</b> New Parent Support Program
<b>Address:</b> Aerospace Medicine Bldg.
<b>Phone:</b> (757) 764-2427 (class registration)
<b>Comments:</b> A one hour class covering pregnancy and parenthood is offered monthly. Areas covered are: Viewing the "Miracle of Life" video A discussion of physical and emotional challenges of pregnancy and parenthood. Information on the Stork Support Program along with base and local community resources available to help new parents and their baby grow together.

<b>Name:</b> Teen Support Group
<b>Address:</b> Langley Base Chapel Annex
<b>City:</b> Hampton, VA
<b>Phone:</b> (757) 764-8997
<b>Comments:</b> The Stock Support program's "Teen Parenting Support Group" is designed to provide educational, networking and child development activities to enhance parenting and personal skills. A group for the parents of teen mothers will run concurrently with the teen group. There will be an open discussion to include topics such as changing and confusing parental roles and anger management.

<b>Name:</b> New Born Care Class
<b>Address:</b> Health and Wellness Center
<b>City:</b> Hampton, VA
<b>Phone:</b> (757) 764-2427
<b>Comments:</b> This is a 3 session class, which for 2 hours covering: - Handling, diapering, bathing, and dressing your baby - Playing with and keeping your baby calm, safe and sound - Meet with professionals and ask questions regarding your role as a new parent

<b>Name:</b> Mother/Baby Playgroup
<b>Address:</b> Aerospace Medicine Building
<b>City:</b> Hampton, VA
<b>Phone:</b> (757) 764-2427
<b>Comments:</b> A safe, relaxed, casual atmosphere where you can: - Learn fun, simple ways to sing with and exercise your baby - Meet and talk to other mothers with infants - Meet with professionals and ask questions regarding your infant - Learn about other resources available for new parents  Mothers with babies from: - Birth to 7 months, meet the 1st Wed of every month - Seven months to 1 1/2 years, meet the 2nd Wed of every month - Birth to 12 months, meet the 3rd Wed of every month

<b>Name:</b> Budgeting For The Baby Class
<b>Address:</b> Aerospace Medicine Building
<b>City:</b> Hampton, VA
<b>Phone:</b> (757) 764-2427
<b>Comments:</b> Statistics show that it costs between \$6,000 and \$13,000 to raise a child during the first year of life. Let us show you how to maximize the use of dollars and make wise expenditures for your baby. Class meets monthly

<b>Name:</b> Langley AFB Layette Program
<b>POC:</b> Family Services Loan Locker
<b>Address:</b> 376 Clarke Ave, Ste. 110
<b>City:</b> Hampton, VA
<b>Phone:</b> (757) 764-0654
<b>Comments:</b> Attention First Time Parents!  Air Force active duty E4 and below (or their spouses) assigned to Langley AFb are eligible for a free Layette Bag. The bags are chock-full of baby goodies provided by our sponsors at no expense to eligible parents.

<b>Name:</b> Bundles for Babies
<b>City:</b> Langley AFB, VA 23556
<b>Phone:</b> 757-764-3990
<b>Comments:</b> Call for more information.

### Child Care Programs - on Installation

<b>Name:</b> Child Development Center
<b>POC:</b> 1SVS/SVYC
<b>City:</b> Hampton, VA
<b>Phone:</b> (757) 764-3585/5650
<b>Comments:</b> Hours M-F 6:30am-6:00pm Sa, Su & Holidays Closed  LAFB has a beautiful new facility, located behind the Areospace Medicine Building. They offer weekly care for children ages 6 weeks through 5 years.  AIR FORCE AID SOCIETY PAID CHILD CARE FOR VOLUNTEERS Are you a volunteer on Langley Air Force Base seeking child care? Call the Family Child Care Office, 764-2360 or 4580. Quality Child Care is a phone call away!

### Child Care Programs - Community

There are many child care programs available in the Hampton Roads Community. Partial listings are available at the Family Support Center or through your sponsor.

<b>Name:</b> Family Child Care Program
<b>Address:</b> 762 Durand Road, Building 1346
<b>City:</b> Hampton
<b>Phone:</b> (757) 764-2360
<b>Comments:</b> Range of Rates Average \$65 weekly  Family Child Care providers offer care starting at two weeks of age. Hours and days of care are established by the providers and parents. The following information provides a profile of child care options available off-base. For a list of specific providers contact the Family Child Care office at 764-2360 or the Installation Child Development Center listed above. Welcome to the Langley AFB Family Child Care Program. Finding good quality child care is indeed a great challenge. Your first choice, a child development center, provides care and programs for children ages six weeks through 5 years of age; but there is an alternative, the Family Child Care Program! This alternative offers care for infants and children through age 12. It also provides a home environment with small group settings and developmental learning activities. The Family Child Care Program is an extension of the Child Development Program on Langley AFB. The Family Child Care staff will be happy to answer your questions and assist you in finding quality child care. Please contact the office by calling 764-2360.

### Things To Do - Clubs and Social

See Youth Center. All schools in the area provide many clubs and social activities.



## Things To Do - Recreation and Sports

<b>Name:</b> Bethel Manor Youth Center
<b>Address:</b> 1421 Big Bethel Rd.
<b>City:</b> York County, VA
<b>Phone:</b> (757) 865-1061
<b>Comments:</b> Hours M-Sa 1:00pm-9:00pm  Offers comprehensive program of recreational activities for children ages 6 through 18. Activities include classes for instruction in gymnastics ballet, jazzercise, Kung Fu, voice piano lessons, arts and crafts, and cheerleading. A youth sports program includes football, basketball, baseball, soccer, girls' softball and a summer camp program.

<b>Name:</b> Youth Center
<b>Address:</b> 66 Walnut Ave.
<b>City:</b> Hampton, VA
<b>Phone:</b> (757) 764-2300
<b>Comments:</b> Hours M-F 6:30am - 6:00pm  Gymnastics ballet, karate, piano lessons and a summer camp program.

## Schools

See Education Section: Public and Dodds Schools

## School Age Care

See Youth Center and Recreation Opportunities under Local Community.

## Religious Programs

See Chapel Services

## Special Events

See Recreation Opportunities under Local Community

## Sponsorship and Support

<b>Name:</b> Hampton Office on Youth
<b>Phone:</b> (757) 727-6491

<b>Name:</b> Hampton Public Library (hrs)
<b>Phone:</b> (757) 727-1154/1157

<b>Name:</b> Planned Parenthood
<b>Phone:</b> (757) 826-2079

<b>Name:</b> United Way Info & Referral
<b>Address:</b> 739 Thimble Shoals Blvd., Ste. 400,

<b>Name:</b> Newport News Community Services
<b>Comments:</b> Telephone (757) 873-9328 First Call (757) 594-4636  SERVICES Community human service information and referral to the general public.  ELIGIBILITY Does not apply

## Youth Employment

Also see Temp Employment Section under Employment.

<b>Name:</b> Baby-sitting Training
<b>Address:</b> American Red Cross - Langley AFB
<b>City:</b> 127 Dodd Blvd.
<b>Phone:</b> (757) 764-2652
<b>Comments:</b> Baby-sitting Training

<b>Name:</b> Rent-A-Teen - Youth Services Commission
<b>Address:</b> 22 Lincoln St.
<b>City:</b> Hampton
<b>Phone:</b> (757) 727-6491
<b>Comments:</b> Hours: M-F 8:00am-4:30pm  SERVICES Referral service for youth seeking summer and weekend odd job employment such as yard work, washing cars, household chores, pet care, running errands, etc.  AGES 14 to 17  ELIGIBILITY To participate in the program, the youth must live in Hampton.

<b>Name:</b> Youth Employment Programs - Developmental Programs
<b>Address:</b> 22 Lincoln St., 5th Floor
<b>City:</b> Hampton
<b>Phone:</b> (757) 727-6300
<b>Comments:</b> Hours M-F 8:00am-4:30pm
<b>SERVICES</b> Establishes programs that prepare youth and unskilled adults for successful employment and offers effective training to economically disadvantaged individuals and others facing barriers to employment. The Entry Employment Experience Program provides opportunities for instruction and subsequent work experience for youth who lack proper training. The Summer Youth Employment Training Program provides employment for youth 14 to 21 years old for a period of approximately 8 weeks during the summer.
<b>ELIGIBILITY</b> Based on family income and/or youth status.

## Youth Centers

Main Base (757)764-2300  
Bethel Manor (757)764-1061 (DSN -574)

There is a youth center on the main base as well as one at Bethel Manor. They offer Before and After school care with pick up and drop off locations at several surrounding schools in the area.

Youth Activities offers a wide variety of programs for children ages 6-18. Sports include Basketball, Indoor Soccer, Spring & Fall Soccer, Little League Baseball, Coach Pitch Baseball, Softball, Flag Football, Contact Football and Cheerleading. Instructional classes are available throughout the year, and include gymnastics, piano, arts & crafts, Kung Fu, and Karate. The School Age Program offers quality child care for 6-12 year olds during the school year, during Christmas and Spring breaks, and throughout the summer. The Bethel Manor Youth Center offers many social, recreational, and educational programs for families and youth. Children are welcome to come in to play basketball, billiards, foosball, or just hang out with their friends. A monthly calendar of events is available at both Youth Centers.

## For Teens Only

See Youth Centers.

## Survival Tips For First Termers

### Survival Tips for First Termers Overview

Refer to your Sponsorship Welcome Package. This package has been carefully compiled by the Family Support Center Relocation Office to answer the questions people typically ask when coming to Langley AFB.

**DEPENDENT TRAVEL VOUCHER** If dependents plan to travel after your arrival, you must complete another travel voucher upon their arrival. A copy of your travel voucher must accompany the claim.

**PERSONAL FINANCIAL MANAGEMENT PROGRAM** The Personal Financial Management Program (PFMP) offers information, education, and personal financial counseling to help individuals maintain financial stability and reach their financial goals. Use your PFMP manager for planning and budgeting.

**TEMPORARY LODGING EXPENSE (TLE)** Is not authorized for first term airmen.

## Before You Move

### PERMANENT CHANGE OF STATION TO DO LIST

Contact the Transportation Management Office for a household goods appointment.

Notify your insurance agent of your move date and give a forwarding address.

Notify the following and provide a change of address: creditors, utilities, telephone, church, friends, all magazines and newspapers, and landlord.

Go through the entire house, apartment, dorm, etc and itemize needed items and those that can be discarded or stored.

Transportation costs in excess of your weight allowance are paid by you. TMO will have your authorized weight allowance information.

Inventory your household goods. Take pictures of major items in each room. Record serial numbers.

Appraisals of art and antiques may be required without receipts to file a claim.

If you are moving with a family and pets, you will need to make arrangements for moving the pets. Pets are not allowed in military temporary lodging facilities.

Arrange to sell or give away any plants or perishable items.

Make a reservation at the Temporary Lodging Facility if you are moving with a family. Arrange child care on moving days if you have young children, if you are an E-5 or below, ask the Family Support Center about the "Child Care for PCS" program. The program is also available at your gaining base.

List all account numbers and put with your important papers.

Set aside money in case of an emergency.

Set aside certified copies of all important documents.

### **After You Arrive**

Contact the Langley Housing Office for a briefing on making housing arrangements whether planning to move into the dorms, base housing, or off base. Contact the Transportation Management Office for a household goods appointment when you have a move in date for delivery of your household goods. Inventory your household goods. Check for any damage and make documentation.

Notify the following and provide your new address: creditors, utilities, friends, church, all magazines and newspapers.

### **Reporting Procedures**

Upon arrival, SIGN IN at the Military Personnel Flight reception Center in building 15 to STOP YOUR LEAVE enroute. Bring: Personnel package, 8 copies of orders, plane tickets, and receipts. Refer to Installation: Must Know

<b>Name:</b> Langley Reception Center
<b>Address:</b> 45 Nealy Ave., Ste 106
<b>Phone:</b> (757) 764-5576/5589
<b>Comments:</b> Hours            M-F 7:30am-4:30pm  If you arrive at Langley during normal duty hours, you should report to the Newcomer s Reception Center. If you arrive during non-duty hours, report to the 24 hour arrival point, Base Lodging Office, 66 Nealy Ave., (757) 764-INNS. The next duty day, report to the Reception Center. Please be sure to bring copies of your orders and all hand-carried records you received from your previous base. Your records will be reviewed and you will complete your formal inprocessing and be scheduled for your Right Start appointments. From the Reception Center you will be directed to your orderly room. The following items are required for finance processing. If you took a travel advance (this includes dislocation allowance, travel pay and per diem for authorized travel days) please either have receipts or pay records. Airline tickets purchased through SATO or commercially require a receipt. Government issued tickets are also required plus 5 copies of PCS orders. Receipts are required for expenses incurred over \$25.00 (i.e. taxi, lodging, tolls, travelers checks). While enroute please annotate locations, dates of departure and arrival times. A log will make filing your travel voucher much easier.

### **Travel Planning**

If you are traveling via air travel, be aware that many airports have military lounges so you can rest during layovers. Ask the airline agent who meets your plane for the location. You will be arriving at the Norfolk International Airport. The YMCA operates an Armed Services Lounge and Information Center which is located on the 2nd level of the Main Passenger Terminal.

Please let your sponsor know about your travel plans so they can meet you upon arrival.

### **Vehicle Ownership**

See Regulations

### **Housing and Billeting**

If you are single and will be assigned to a dormitory, contact your sponsor, orderly room, or first sergeant for your room assignment when you arrive. Do not

sign into lodging or you could be paying the lodging fees out of pocket. If you have a dependent, you are authorized base housing on Langley. Contact the Housing Management Office to complete the housing paperwork. A housing assistant will brief you on the present waiting time.

Refer to Housing Section.

## Money Matters

**ADVANCE PAY** You may request advance pay within 60 days from your sign-in date at your new duty station. A completed DD form 2560 and two copies of your PCS orders are required. The standard allowance is one month base pay less deductions with a repayment period of 12 months. The maximum allowance is three times that amount with possible extended repayment from 13 to 24 months. **DO NOT GET ADVANCE PAY UNTIL YOU HAVE A WORKABLE BUDGET ON PAPER.**

**TEMPORARY LODGING EXPENSE (TLE)** Is not authorized for your last duty station.

Refer to Relocation Services: Financial Preparedness

<b>Name:</b> First Duty Station First Termers Airman's Course
<b>City:</b> Hampton, VA
<b>Phone:</b> (757) 764-3166
<b>Comments:</b> A monthly course for first duty station topics include: <ul style="list-style-type: none"> <li>- Credit / Checking / Budgeting</li> <li>- Crestar bank</li> <li>- 1 FW Staff Judge Advocate</li> <li>- Langley Federal Credit Union</li> <li>- Setting a New Budget</li> <li>- Principles of Investing</li> <li>- Family Support Center Services</li> <li>- Home Buying / Apartment Shopping</li> <li>- How to Purchase an Auto</li> <li>- Community Services</li> <li>- Special Services for First Termers</li> </ul>

## At A Glance

### Facility/Services Summary

<b>--Officer and Enlisted Population--</b>			
Active Duty Officer	0	Active Duty Warrant Officer	0
Guard Reserve Officer	0	Guard Reserve Warrant Officer	0
Retired (Officer and Enlisted)	0	Foreign Service Officers	0
Active Duty Enlisted	0	Guard Reserve Enlisted	0
Foreign Service Enlisted	0		
<b>--Civilians--</b>			
Civil Service	0	Wage Grade	0
Non-Appropriated Funds	0	Family Members -on and off Installation-	0
<b>--Family Services--</b>			
Family Centers	0	Teen Centers	0
Child Day Care	0	Family Child Care Certified Homes	0
Total Child Capacity	0	Total Child Capacity	0
Average Waiting List Time -Months-	0		
<b>--Other Services--</b>			
Commissary	1	Exchanges	2
Shoppettes	2	Gas Stations	2
Movie Theaters	1	Banks and Credit Unions	2
McDonalds/Burger King	1	Other i.e. Exchange concessionaires	13

## Housing Summary

<i>--Officer Housing--</i>			
Senior Officer Waiting	0	Senior Officer 3 Bed Room	54
Senior Officer 4 Bed Room	12	Senior Officer Other	0
Company Grade Officer Waiting	3	Company Grade Officer 2 Bed Room	12
Company Grade Officer 3 Bed Room	156	Company Grade Officer 4 Bed Room	46
Company Grade Officer Other	0	BOQ	78
<i>--Enlisted Housing--</i>			
Senior Enlisted Waiting	3	Senior Enlisted 3 Bed Room	325
Senior Enlisted 4 Bed Room	163	Senior Enlisted Other	6
Enlisted Waiting	36	Enlisted 2 Bed Room	153
Enlisted 3 Bed Room	410	Enlisted Other	4
BEQ	172	Transient Lodging Facilities	100

## Education Summary

<i>Name</i>	<i>Numbers</i>
Elementary School	1
Jr High/Middle School	0
High School	0

## Local Community Summary

<i>Type of Housing</i>	<i>Avg.</i>	<i>Low</i>	<i>High</i>
Apartment Rent	466	555	772
House Rent	500	500	1500
House Price - Single Family	116	116	200
Townhouse/Condominium Price	75	75	125

## Medical and Dental Summary

<b>--Medical Facilities--</b>					
Medical Treatment Facilities	Y	Number of Beds	40	Medical Clinic	10
Alcohol	Y	Allergy	Y	Audiology	Y
Cardiology	Y	Coronary care	Y	Dermatology	Y
Dietary	Y	Emergency room	Y	Endocrinology	Y
Family Practice	Y	General surgery	Y	Gynecology	Y
HIV Unit	Y	Hematology	N	Immunization	Y
Infect Disease	N	Intensive Care	Y	Laboratory	Y
Mental Health	Y	Neonatal Intensive Care Unit	N	Nuclear Medicine	N
Nephrology	N	Neurology	N	Neurosurgery	N
Obstetrics	Y	Oncology	N	Ophthalmology	Y
Optometry	Y	Orthopedics	Y	Otolaryngology	N
Pathology	Y	Pediatrics	Y	Physical Therapy	Y
Podiatry	Y	Primary Care	Y	Radiology	Y
Rheumatology	Y	Urology	Y		
<b>--Dental Facilities--</b>					
Dental Clinics	3	Adolescent	Y	Endodontics	Y
General Dentistry	Y	Oral Surgery	Y	Orthodontics	Y
Pedodontist	N	Periodontics	Y		

## Relocation and Support Services Summary

<b>--Military Clubs--</b>			
Officers Club	1	Non-Commissioned Officers Club	0
Enlisted Club	1		
<b>--Recreation--</b>			
Arts and Crafts	1	Automobile Hobby Centers	1
Bowling Centers	1	Recreational Centers	2
Libraries	2	Music and Theater Locations	1
<b>--Physical Fitness/Sports--</b>			
9 Hole Golf Courses	0	18 Hole Golf Courses	2
Gyms/Physical Fitness Centers	2	Jogging Paths	2
Tennis Clubs/Courts	4	Tennis Courts - Lighted	4
Swimming Pools - Public	5		
<b>--Nature/Outdoor Activities--</b>			
Outdoor Recreation Centers	1	Campgrounds	1
Fishing Areas	1	Horse Stables	1

## **APPENDIX**

### **Disclaimer**

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